# **GLUTEN** FREE

# BRUNCH served all day

# **Lounge Breakfast**

Back bacon, hash browns, baked beans, slow-roasted tomato, sautéed mushrooms, fried egg and a toasted gluten free roll

### **Vegetarian Breakfast**

7.95

Courgette & sweetcorn fritter, hash browns, baked beans, slow-roasted tomato, sautéed mushrooms, spinach, wood-roasted pepper, fried egg and a toasted gluten free roll

### **Lounge Eggs**

6.95

Two poached eggs served with hollandaise sauce on a toasted gluten free roll and your choice of back bacon or sautéed mushrooms or spinach or smoked salmon (add 1.00)

### **Avocado Brunch**

7.95

with lime, chilli, coriander and tomato topped with a poached egg, served on a toasted gluten free roll

### **Smoked Haddock & Potato Cake**

with streaky bacon, a poached egg and chive hollandaise sauce

## **Courgette & Sweetcorn Fritters**

6.95

7.25

with herb-marinated feta, chilli jam, tomato tapenade and wild rocket

# **Chorizo Hash**

6.25

Chorizo, fried potatoes and mushrooms in a spiced tomato sauce topped with a fried egg

### **Bacon Butty**

Your choice of smoked streaky or back bacon on a gluten free roll (add fried egg 60p)

# Extras...

Fried **or** Poached Egg 60p • Spinach 80p • Avocado 1.50 Back or Streaky Bacon 1.00 • Hash Browns 80p Sautéed Mushrooms 1.25 • Gluten Free Roll 1.25 Maple Syrup 1.00 • Courgette & Sweetcorn Fritter 1.50

#### **SOUP OF THE DAY**

(please ask for today's options)

with a gluten free roll and butter 4.50

# SIDES

**Fries** 2.25 (with cheese add 55p) **Sweet Potato Fries** 3.50 **House Slaw** 2.50 **Little Lounge Salad** 2.95

If you require information on allergens within our dishes, please ask a member of staff.

# PLEASE SPECIFY GLUTEN FREE WHEN YOU ORDER

(as some dishes on this menu are variations of items on the main menu)

# BURGERS

(served in a gluten free bun)

Upgrade to sweet potato fries 1.00

### **Lounge Burger**

6oz hamburger, iceberg lettuce, tomato, red onion, gherkin and burger sauce, with house slaw and fries

# Harissa-Spiced Chicken

10.50

9.95

Chicken breast with red pepper mayo, pimento soft cheese and iceberg lettuce, with house slaw and fries

### **Lamb Burger**

11.50

with harissa hummus, roasted aubergine, pomegranate and tzatziki, with house slaw and fries

### **Thai-Spiced Quinoa Burger**

9.95

with edamame beans, pak choi, wood-roasted peppers and coconut sauce, with house slaw and fries

# Burger Toppings...

Streaky Bacon 1.00 • Cheddar 80p • Fried Egg 60p • Hummus 80p • Jalapeños 80p Feta 2.50 • Hash Browns 80p • Sautéed Mushrooms 1.25 • Guacamole 80p • Blue Cheese 1.00 Chorizo 1.00 • Avocado 1.50 • Courgette & Sweetcorn Fritter 1.50

# **MAINS**

#### Tin Pan Louie's Beef Chilli

8.95

Slow-cooked American-style chunky beef chilli, served with basmati rice, sour cream and mature cheddar (add jalapeños 80p)

### Goan Vegetable Curry

8.50

Butternut squash, peppers, aubergine, red onions and sugar snap peas in a Goan curry sauce, served with basmati rice (add chicken 2.50)

### **Steak Frites**

14.95

8oz 28 day-aged Black Angus sirloin steak with garlic butter, wild rocket & parmesan salad and fries

#### Miso Salad

9.75

King prawns, edamame beans, black quinoa, cucumber, sugar snap peas, spring onion, wild rocket, coriander, Thai basil and ginger miso dressing

## Grilled Halloumi & Falafel Salad

8.95

with butternut squash, wood-roasted peppers, black quinoa, mixed leaves and balsamic & honey dressing

### **Big Lounge Salad**

7.95

Avocado, spinach, wild rocket, cherry tomatoes, sugar snap peas and tenderstem broccoli with parmesan, tossed in your choice of dressing: French vinaigrette **or** balsamic & honey

# Even better with...

Streaky Bacon 1.50 • Goat's Cheese 2.50 • Halloumi 2.50 • Avocado 1.50 Moroccan-Spiced Chicken 2.50 • Chorizo 2.50 • Blue Cheese 2.50 • Falafel 1.50 King Prawns 3.00 • Feta 2.50

# **TAPAS**

# 4.25 each or 3 for 10.95 (served with gluten free bread)

- Patatas bravas with roasted garlic mayo
- Hummus with extra virgin olive oil and smoked paprika
- Halloumi, courgettes and peppers pan-fried in rose harissa
- Chorizo with garlic, red onion and red wine
- Falafels with harissa hummus
- Smoked paprika pulled chicken and chorizo with fried potatoes

### PUDDING

Warm Chocolate Brownie (n)

4.95



### PLEASE SPECIFY VEGAN

(as some dishes on this menu are variations of items on the main menu)

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served all day

Vegan Breakfast 6.95 Falafels, hash browns, baked beans, slow-roasted tomato, sautéed mushrooms, spinach, wood-roasted pepper and toast

Granola (n) with almond milk, banana and fresh raspberries

**Avocado Brunch** 5.95 with lime, chilli, coriander and tomato

1.95

Two slices of white or brown with vegan spread and your choice of jam, marmalade or Marmite

served on toasted ciabatta

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# **TAPAS**

served with ciabatta 3.75 each or 3 for 9.95

- Patatas bravas
- Hummus with extra virgin olive oil and smoked paprika
- Falafels with harissa hummus

# SIDES

Ciabatta (with olive oil and balsamic add 50p)	1.25
Fries	2.25
Sweet Potato Fries	3.50
House Slaw	2.50
Little Lounge Salad	2.95

**SOUP OF THE DAY** 

Please ask for today's options

with warm ciabatta 4.50

### MAINS

Lounge Flatbread (n)

Warm flatbread with falafels, pickled red cabbage, tomatoes, cucumber, Roquito peppers, crushed smoked almonds, pomegranate and hummus (add fries 1.50)

Goan Vegetable Curry

8.95

Butternut squash, peppers, aubergine, red onions and sugar snap peas in a Goan curry sauce, served with basmati rice and flatbread

**Thai-Spiced Quinoa Burger** 

8.95

with edamame beans, pak choi, wood-roasted peppers and coconut sauce in a sourdough bun, with house slaw and fries

Burger Toppings...

Hummus 80p • Sautéed Mushroom 1.25 • Guacamole 80p • Hash Browns 80p Jalapeños 80p • Avocado 1.50

# SALADS

Miso Salad

Edamame beans, black quinoa, cucumber, sugar snap peas, spring onion, wild rocket, coriander, Thai basil and ginger miso dressing

**Big Lounge Salad** 

7.95

7.95

Avocado, spinach, wild rocket, cherry tomatoes, sugar snap peas and tenderstem broccoli with croutons, tossed in French vinaigrette dressing

Even better with...

Falafel 1.50 • Avocado 1.50

CAKES

**Dark Chocolate and Ginger Torte** 2.75 **Fruity Flapjack** 1.85

www.thelounges.co.uk

**@theLOUNGERS** 

#lovelounging

PLEASE PLACE YOUR ORDER AT THE BAR

IF YOU REQUIRE INFORMATION ON ALLERGENS WITHIN OUR DISHES

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