Southampton

GEOG2027 Geographies of Wellbeing

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What's this about?

Wellbeing is a hot topic nowadays. For some it's simply about being happy, for others it's a far more complex idea. This module looks at the big themes that help us understand wellbeing – things like equality, need, resilience and the balance between individual responsibility and government regulation.

Drawing on staff research, you'll learn about the challenge of regulating health-related behaviour for the collective benefit, how environments can promote or stifle wellbeing and how government policy can have unintended consequences for individual wellbeing. You'll find out how wellbeing gets affected by welfare reform, how wellbeing relates to caring, and how governments have attempted to make their cities and citizens more healthy.

What will we do?

This module is core for BA Geographers and optional for students on other degrees. The module draws on research in social, health and cultural geography and serves as a foundation for third year options on health, social justice and care as well as independent research projects.

Assessment

Assessment is by a research essay and an exam. Sessions are a mix of lectures, reading based seminars, debates and workshops. Employability: the module is relevant to careers in social or public policy, the charity sector, or planning.





"Wellbeing can't be measured by money or traded in markets. It's about the beauty of our surroundings, the quality of our culture and, above all, the strength of our relationships. Improving our society's sense of wellbeing is, I believe, the central political challenge of our times."

David Cameron, Prime Minister UK

"Anyone who is indifferent to the well-being of other people and to the causes of their future happiness, can only be laying the ground for their own misfortune" Dalai Lama