Programme Specification

(Adult and Mental Health) (2019-20)

This specification provides a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve and demonstrate if s/he takes full advantage of the learning opportunities that are provided.

Awarding Institution	University of Southampton
Teaching Institution	University of Southampton
Mode of Study	Full-time
Duration in years	4
Accreditation details	Nursing & Midwifery Council
Final award	Master of Nursing (Honours) (MNurs)
Name of award	(Adult and Mental Health)
Interim Exit awards	Certificate of Higher Education (CertHE)
	Diploma of Higher Education (DipHE)
	Bachelor of Science (Ordinary)
FHEQ level of final award	Level 7
UCAS code	
Programme code	8379
QAA Subject Benchmark or other external reference	Standards of Proficiency for Registered Nurses 2018
Programme Lead	Yvonne Middlewick

Programme Overview

Brief outline of the programme

Our Integrated Masters of Nursing dual field programme will support you in developing the knowledge, skills and attributes that you will need to play a role in leading the provision of evidence-led and compassionate nursing care. You will gain specialist knowledge and skills in relation to mental health and adult nursing needs, and on graduation you will have eligibility to register with the Nursing and Midwifery Council (NMC) as a Registered Nurse (Adult) and Registered Nurse (Mental Health).

The programme reflects the strengths of Southampton University as a global, modern and research intensive institution. As a Southampton nursing graduate you will understand health needs within a global context and be responsive and inclusive towards marginalised groups, and understand the challenges and opportunities offered by a globalised nursing workforce. You will gain the skills and expertise to embrace technology and innovate in order to support the health of people through digital technologies. Our position as a leading research intensive University provides an environment which will support you in developing the research awareness and well-developed skills in critical analysis that underpin evidence based practice. By choosing to study nursing at the University of Southampton you will be studying within an inter-disciplinary community of practitioners who will

foster pride in the role of the nurse.

Southampton nurse graduates are encouraged to adopt a biopsychosocial approach to promoting and maintaining health and well-being, and to respond with compassion to the unique needs of all people. You will develop deep knowledge of how to meet person-centred care needs, and high-level skills in decision making and managing complexity across a broad range of healthcare environments. The programme will also support you in developing the knowledge, skills and personal attributes that are necessary to lead and empower teams, and prepare you for roles in which you will lead the development of nursing care, healthcare services and the nursing profession.

The programme is studied full-time over four years and comprises a minimum of 6133 hours as specified by the Nursing and Midwifery Council (NMC) 2018. You will undertake theory based modules and modules in which you are required to undertake a clinical placement.

On successful completion of the programme you will have eligibility to register with the Nursing and Midwifery Council as a Registered Nurse (Adult) and Registered Nurse (Mental Health). Applications to join the NMC register must be made within 5 years of completing your programme.

Your contact hours will vary depending on your module/option choices. Full information about contact hours is provided in individual module profiles.

Learning and teaching

Our Integrated Masters of Nursing programme is student-centred and is designed to encourage active learning that should develop your knowledge, understanding and skills of inquiry. In your practice placements your learning will be supported by experienced and knowledgeable assessors in practice. Whilst in practice you will be additional, but complementary to workforce requirements and so have the opportunity to meet your learning needs and develop competence. In the University setting you will have innovative, research-led learning opportunities, delivered by inspiring educators to enable you to achieve modular and programme outcomes and understand the relevance of your learning experiences to your future role.

Inter-professional and profession specific learning opportunities are scheduled throughout the programme and include large and small group teaching, seminars, simulated practice and independent learning. Field specific learning appropriate for your programme is taught by experienced educationalists and experts within your field from your first year. Technology enhanced learning is embedded within the curriculum and used to support face-to-face and independent learning. The programme will support you to become an independent, life-long learner as a graduate Registered Nurse.

You will receive the support of a Personal Academic Tutor who offers one-to-one support and advice throughout your time at the University, and will support you in your studies. You will also be a member of a smaller learning group of students who you will meet with at identified points in the programme.

Assessment

The learning outcomes of the modules are assessed using a variety of fair and reliable assessment strategies designed to allow you to demonstrate your knowledge, understanding, competency and professional values. Forms of assessment include essays, examinations, individual and group presentations, and assessment of your capability in practice by practice assessors. Assessment of practice and theory are balanced and there is no compensation between theory and practice learning as each component must be passed.

Timely and constructive feedback throughout your programme should enable you to develop your confidence and ability to reflect, and support you to identify learning needs, areas for improvement and available educational support.

Special Features of the programme

During your programme you will undertake 3,066 hours of practice learning in order to ensure that you gain the experience and skills you will need in order to work as a registered nurse in your chosen fields. Some of this experience will be in simulated environment, but the majority will be undertaken in placements over the course of your programme. Your placements will be organised by the University and will be undertaken within a variety of hospital and community settings in local NHS Trusts and other healthcare providers.

In your first year you will gain foundational skills in providing person centred care to meet the fundamental physical and mental health needs of people of all ages. In the second year and third years you will develop a wider knowledge and specialist skills in managing and co-ordinating the care of people in your chosen fields. At the end of the third year you will have the opportunity to undertake a professional development module in which you can tailor your learning to your own healthcare interests and aspirations. This will include the opportunity for you to arrange an experience of healthcare in another country. The final year of study is designed to prepare you for the nurses' leadership role within the workforce, to develop your skills in research and deepen your knowledge of dual field nursing.

The programme is full-time and students must be available for study / practice placement during the weeks indicated on the published programme calendar.

Please note: As a research-led University, we undertake a continuous review of our programmes to ensure quality enhancement and to manage our resources. As a result, this programme may be revised during a student's period of registration; however, any revision will be balanced against the requirement that the student should receive the educational service expected. Please read our Disclaimer to see why, when and how changes may be made to a student's programme.

Programmes and major changes to programmes are approved through the University's programme validation process which is described in the University's Quality handbook.

Educational Aims of the Programme

The aim of the programme is to enable you to develop into a competent practitioner who meets the requirement for entry into the NMC Register in your chosen fields of practice and a higher education degree awarded by the University of Southampton. The programme aims to provide you with the knowledge and skills to provide excellent, evidence-led, compassionate nursing care and the specialised knowledge you need to develop future nursing practice and health care through confident proactive leadership, practice development aided by technology and a global perspective and research.

Programme Learning Outcomes

Knowledge and Understanding

On successful completion of this programme you will have detailed knowledge and deep understanding of:

A1. Human development from conception to death

A2. The relationship between social and psychological factors on health, illness and nursing practice

A3. Applied human anatomy and physiology and pathophysiology associated with key body systems

A4. The evidence base and rationale for the treatment approaches and nursing care that may be needed in commonly encountered mental, physical, behavioural and cognitive health conditions

A5. Pharmacodynamics, pharmacokinetics and the role of the nurse in the safe and effective medicines management

A6. Global and public health priorities, and the role of the nurse in reducing health inequalities, promoting health and preventing disease

A7. Application of the ethical and legal principles which underpin collaborative and person-centred health care practice

A8. The nature, role and influence of health and social care policy in achieving excellence in care and driving

change

A9. The means by which people may be influenced through positive relationships, team and individual behaviours and organisational cultures

A10. The means by which risk can be understood, identified and managed at individual, team and organisational levels in order to improve the quality and safety of care

Teaching and Learning Methods

To assist you in developing your knowledge and understanding of nursing a wide range of teaching and learning methods are employed. These include lectures, seminars (which may be tutor or student led), on-line work packages and applied knowledge to skills and simulation sessions and learning in a practice environment. You will be encouraged from an early stage to supplement and consolidate your knowledge and understanding by independent reading and will receive guidance and resources for this independent study.

Assessment Methods

Assessment of your knowledge and understanding is undertaken throughout the programme and through a variety of assessment methods. These include written assignments, examinations, individual and group presentations and assessment in practice. Formative assessments will help you to prepare for summative (formal) assessment. You will also receive feedback on formally assessed work.

Subject Specific Intellectual and Research Skills

On successful completion of this programme you will be able to:

B1. Adopt a critical perspective and a systematic approach to reviewing, developing, and maintaining the safety and quality of health care services

B2. Critically evaluate and synthesise evidence from multiple sources, including professional colleagues and those receiving care, to reach sound judgements and solve problems to maintain and improve safety and quality of care.

B3. Utilise knowledge of research methods, ethics and governance to critically appraise and synthesise research findings in order to promote best nursing practice

B4. Demonstrate political engagement and the understanding of organisational structures and health economics necessary for the nurse to contribute to organisational change.

Teaching and Learning Methods

Subject specific intellectual and research skills are embedded within the curriculum and enable you to embrace an inquiring and critical approach to nursing knowledge and practice. Specific modules with a research and evidence based focus will develop these skills to a deeper level. Emphasis is placed on student engagement with discussion and debate about evidence based practice along with independent reading, literature searching and evidence appraisal.

Assessment Methods

Assessment of your subject specific intellectual skills is undertaken throughout the programme and in

similar ways to the assessment of your knowledge and understanding. The use of evidence to support your nursing practice is important from the outset of the programme, and successful completion of your research project will demonstrate achievement of these skills. You will receive feedback on formally assessed work.

Transferable and Generic Skills

On successful completion of this programme you will be able to:

C1. Demonstrate a well developed ability for independent study, making appropriate use of reflection and feedback to evaluate your own capabilities, appraise alternatives and plan and implement actions

C2. Communicate clearly, appropriately and effectively to a range of audiences using appropriate verbal, non-verbal, written, numerical and visual literacy skills

C3. Demonstrate digital literacy and competence, and insight into how a range of technology may be used to effectively support learning and practice

C4. Work effectively independently and in teams

C5. Utilise structured and comprehensive strategies in order to pursue knowledge and retrieve data.

C6. Identify and use appropriate methods of investigation to undertake research and advanced scholarship in nursing.

Teaching and Learning Methods

Generic skills are embedded throughout the programme and developing your communication skills, fundamental to nursing, begins with the first module of study. There will be times when you work in multi-professional teams both in University and in practice, and developing the skills of reflective practice will underpin your own self-awareness and contribution to team working. On-line learning and the Developing Professional Practice module at the end of the second year allows you the opportunity to plan and appraise your own learning and development.

Assessment Methods

Assessment of transferable and generic skills is achieved through a range of module assessments including; computer assisted examinations, written assignments, group and individual presentations and assessment of practice.

Disciplinary Specific Learning Outcomes

On successful completion of this programme you will be able to:

E1. Act as an accountable professional and role model as a registered nurse and uphold the NMC Code.

E2. Support people, families, communities and populations in promoting health and preventing ill health

E3. Use information from the holistic assessment of people's needs in order to identify the priorities and requirements for person-centred plan of care

E4. Provide and delegate care that is person-centred and compassionate, and work in partnership to evaluate the effectiveness of this care

E5. Demonstrate leadership in the management and delivery of nursing care, and through collaborative working as an active and equal partner in the interdisciplinary team

E6. Contribute to the continuous monitoring and quality improvement in order to enhance safety, health outcomes and people's experience of care

E7. Coordinate and manage the complex nursing and integrated care needs of people at any stage of their lives, across a range of organisations and settings

E8. Demonstrate excellent communication and relationship management skills, together with proficiency in nursing procedures to a level appropriate for your intended field of practice

E9. Gain and synthesise knowledge and skills from two fields of practice in order to articulate the role of the dual field nurse

Teaching and Learning Methods

A range of teaching and learning methods will be provided to enable you to meet the discipline specific programme outcomes as you progress through each part of the programme.

A range of practice placements will give you the opportunity to develop your ability to apply knowledge and understanding in the delivery of proficient, safe and effective care to a diverse range of service users within your field of practice. During practice placements you will be expected to follow the shift pattern allocated to you to ensure that you have appropriate support in practice and the opportunity to experience 24 hour care. You will be provided with opportunities to become competent and capable in the delivery of some practice skills required in all fields of nursing but in particular the skills required in your chosen fields of nursing.

Assessment Methods

Each theory and practice module is assessed to enable you to demonstrate that you have met the module and programme learning outcomes. The details of individual modules can be found on the module profile. The practice assessment document (PAD) guides you in the assessment of practice and demonstrates your achievement of discipline specific outcomes.

Programme Structure

Information about pre and co-requisites is included in individual module profiles. All modules are core modules (they must be taken and must be passed at 40% or higher)

Interim Exit Awards:
-Certificate of Higher Education Health Studies
-Diploma of Higher Education Health Studies
-Ordinary Degree
Appendix 2 lists the programme learning outcomes that are achieved in each of these exit awards

The final award, MN Adult and Mental Health Nursing gives eligibility to register with the Nursing and Midwifery Council as a Registered Nurse on successful completion of all parts. The exit awards of Cert HE, Diploma HE and Ordinary degree do NOT provide eligibility to apply to the NMC for registration purposes.

Pre-registrations nursing programmes are subject to a variation in the regulations for Progression, Determination and Classification of Results: Undergraduate and Integrated Masters Programmes and there is no opportunity to internally repeat any part of the programme. External repeats may not be taken on practice placements.

For the purpose of calculating and classifying the final award, the level 6 credit undertaken in the final year of study will contribute to the average mark for Part 3 of the programme.

You will normally be required to complete your programme within 6 years of commencing study (inclusive of any periods

of suspension).

The programme structure table is below:

Part I

All modules are core modules (they must be taken and must be passed at 40% or higher)

Part I Core

Code	Module Title	ECTS	Type
HSGM1001	An Introduction to Professional Practice (BSc)	7.5	Core
NPCG1029	Applied Health Science for Nursing Practice	7.5	Core
NPCG1025	Foundations of Health Sciences for Nursing Practice	7.5	Core
NPCG1023	Fundamental Aspects of Care	7.5	Core
NPCG1028	Global and Public Health	7.5	Core
NPCG1026	Person Centred Nursing Care	7.5	Core
NPCG1024	Practice Placement 1 for BSc and MN	7.5	Core
NPCG1027	Practice Placement 2 for BSc and MN	7.5	Core

Part II

All modules are core modules (they must be taken and must be passed at 40% or higher)

Part II Core

Code	Module Title	ECTS	Type
NPAD2027	Clinical Assessment and Planning Care for Adults	7.5	Core
NPCG2037	Co-ordinating Long-Term Care in Partnership (Dual Field)	7.5	Core
NPMH2030	Engagement and Assessment in Mental Health Recovery	7.5	Core
NPCG2038	Managing Acute Changes in Health Status (Dual Field)	7.5	Core

NPCG2039	Practice Placement 3 for BSc and MN	7.5	Core
NPCG2040	Practice Placement 4 for BSc and MN	7.5	Core
NPCG2041	Practice Placement 5 for BSc and MN	15	Core

Part III

All modules are core modules (they must be taken and must be passed at 40% or higher)

Part III Core

Code	Module Title	ECTS	Type
NPCG3AAA	Consolidating Practice Placement for BSC and MN field 2	15	Core
NPCG3PPP	Consolidating Practice Placement for MN field 1	15	Core
NPAD3LLL	Palliative and End of Life Care	7.5	Core
HSGM3XYZ	Research Methods	7.5	Core

Part IV

All modules are core modules (they must be taken and must be passed at 40% or higher)

Part IV Core

Code	Module Title	ECTS	Type
NPMH6ABC	Advancing Recovery Focused Mental Health Nursing (for MN)	7.5	Core
NPCG6VVV	Developing Professional Practice	7.5	Core
HSGM6BBB	Influencing Innovation and Change (Level 7)	7.5	Core
NPCG6XXX	Preparation for RN Dual Field (Level 7)	15	Core
	Preparation for RN Practice Placement for MN (Field 1)	7.5	Core

	Preparation for RN Practice Placement for MN (Field 2)	7.5	Core
HLTH6ABC	Research Project for MSc and MN	22.5	Core

Progression Requirements

The programme will follow the University's regulations for ***Progression, Determination and Classification of Results: Undergraduate and Integrated Masters Programmes*** as set out in the General Academic Regulations in the University Calendar:
http://www.calendar.soton.ac.uk/sectionIV/sectIV-index.html

Support for student learning

There are facilities and services to support your learning some of which are accessible to students across the University and some of which will be geared more particularly to students in your particular Faculty or discipline area.

The University provides:

- library resources, including e-books, on-line journals and databases, which are comprehensive and up-to-date; together with assistance from Library staff to enable you to make the best use of these resources
- high speed access to online electronic learning resources on the Internet from dedicated PC Workstations onsite and from your own devices; laptops, smartphones and tablet PCs via the Eduroam wireless network. There is a wide range of application software available from the Student Public Workstations.
- computer accounts which will connect you to a number of learning technologies for example, the Blackboard virtual learning environment (which facilitates online learning and access to specific learning resources)
- standard ICT tools such as Email, secure filestore and calendars.
- access to key information through the MySouthampton Student Mobile Portal which delivers timetables, Module information, Locations, Tutor details, Library account, bus timetables etc. while you are on the move.
- IT support through a comprehensive website, telephone and online ticketed support and a dedicated helpdesk in the Hartley Library.
- Enabling Services offering support services and resources via a triage model to access crisis management, mental health support and counselling. Support includes daily Drop In at Highfield campus at 13.00 – 15.00 (Monday, Wednesday and Friday out of term-time) or via on-line chat on weekdays from 14.00 – 16.00. Arrangements can also be made for meetings via Skype.
- assessment and support (including specialist IT support) facilities if you have a disability, long term health problem or Specific Learning Difficulty (e.g. dyslexia).
- the Student Services Centre (SSC) to assist you with a range of general enquiries including financial matters, accommodation, exams, graduation, student visas, ID cards
- Career and Employability services, advising on job search, applications, interviews, paid work, volunteering and internship opportunities and getting the most out of your extra-curricular activities alongside your degree programme when writing your CV
- Other support that includes health services (GPs), chaplaincy (for all faiths) and 'out of hours' support for students in Halls and in the local community, (18.00-08.00)
- A Centre for Language Study, providing assistance in the development of English language and study skills for non-native speakers.

The Students' Union provides

- an academic student representation system, consisting of Course Representatives, Academic Presidents, Faculty Officers and the Vice-President Education; SUSU provides training and support for all these representatives, whose role is to represent students' views to the University.
- opportunities for extracurricular activities and volunteering
- an Advice Centre offering free and confidential advice including support if you need to make an academic appeal
- Support for student peer-to-peer groups, such as Nightline.

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The programme includes a variety of practice placements. The University will organise your practice placements and support your learning in practice in association with your practice assessor.

Methods for evaluating the quality of teaching and learning

You will have the opportunity to have your say on the quality of the programme in the following ways:

- Completing student evaluation questionnaires for each module of the programme
- Acting as a student representative on various committees, e.g. Staff Student Liaison Committees, Programmes Committee OR providing comments to your student representative to feedback on your behalf

The ways in which the quality of your programme is checked, both inside and outside the University, are:
- Regular module and programme reports which are monitored by the Faculty
- Contribution to the programme design by service users and carers
- Programme validation, normally every five years
- External examiners, who produce an annual report
- NMC accreditation and quality assurance processes
- A national Research Excellence Framework (our research activity contributes directly to the quality of your learning experience)
- A National Teaching Excellence and Student Outcomes Framework review by the Higher Education Funding Council for England

Further details on the University's quality assurance processes are given in the *Quality Handbook.*

Career Opportunities

Nursing Students from the University of Southampton are highly respected and gain employment both locally and across the UK in a variety of healthcare settings and in the public and private sector. Your nursing degree is a passport to a wide range of short and longer term career opportunities in both the UK and overseas, often with opportunity to specialise in a particular area of nursing or apply your nursing knowledge and degree more widely.

The range of your practice placements during your programme will enable you to experience a breadth of nursing practice, and you will be actively supported to identify where you may wish to work for your first post as a Registered Nurse.

We have a dedicated School Lead for Employability who is supported by the University's Careers and Employability Service. In addition to timetabled careers activities in your curriculum, you will be invited from your first year onwards to attend the School's annual Health Sciences Careers Fair. Here you will meet a diverse range of potential employers and gain invaluable early careers advice about your options. The current nursing recruitment market indicates significant choice for students looking for their first post and 99% of our students gain employment on graduation.

External Examiner(s) for the programme

Name: Mr Anthony Barr - University of Dundee

Name: Mrs Karen Green - University of Wolverhampton

Name: Dean Snipe - University of Swansea

Students must not contact External Examiner(s) directly, and external examiners have been advised to refer any such communications back to the University. Students should raise any general queries about the assessment and examination process for the programme with their Course Representative, for consideration through Staff: Student Liaison Committee in the first instance, and Student representatives on Staff: Student Liaison Committees will have the opportunity to consider external examiners' reports as part of the University's quality assurance process.

External examiners do not have a direct role in determining results for individual students, and students wishing to discuss their own performance in assessment should contact their Personal Academic Tutor in the first instance.

Please note: This specification provides a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve and demonstrate if s/he takes full advantage of the learning opportunities that are provided. More detailed information can be found in the programme handbook.

Appendix 1:

Students are responsible for meeting the cost of essential textbooks, and of producing such essays, assignments, laboratory reports and dissertations as are required to fulfil the academic requirements for each programme of study. In addition to this, students registered for this programme also have to pay for:

Additional Costs

Main Item	Sub-section	PROGRAMME SPECIFIC COSTS
Stationery	N/A	You will be expected to provide your own day-to-day stationary items, e.g. pens, pencils, notebooks, etc).
Textbooks	N/A	Where a module specifies core texts these should generally be available on the reserve list in the library. However due to demand, students may prefer to buy their own copies. These can be purchased from any source. Some modules suggest reading texts as optional background reading. The library may hold copies of such texts, or alternatively you may wish to purchase your own copies. Although not essential reading, you may benefit from the additional reading materials for the module.
IT	N/A	Computers are provided on the campus but many student choose to use their own laptops/tablets to support their work.
Clothing	Clothing for clinical practice	A uniform for clinical practice will be supplied but you will need to buy suitable footwear.
Printing and Photocopying Costs	Printing/photocopying	Some pages of the Assessment of Practice document will need to be printed/photocopied. In the majority of cases, coursework such as essays; projects; dissertations is likely to be submitted on line. However, there are some items where it is not possible to submit on line and students will be asked to provide a printed copy. A list of the University printing costs can be found here: http://www.southampton.ac.uk/isolutions/services/copying_for_students_and_visitors/faq.php#594

Main Item	Sub-section	PROGRAMME SPECIFIC COSTS
Placements (including Study Abroad Programmes)	Travel costs	From August 2017, new students in England who pursue a career in Nursing, Midwifery and most Allied Health Professional (AHP) pre-registration courses will have access to the standard student support package of tuition fee loans and support for living costs, instead of receiving an NHS bursary. Students who are on an eligible programme may be entitled to claim travel and accommodation expenses incurred over and above daily travel costs to the University. The costs must be related to essential practice placements.
	Immunisation/vaccination costs	Students will receive the immunisations which prepare them for practice, as recommended by Occupational Health. Students may opt to pay for others (e.g. meningitis).
	Disclosure and Barring Certificates or Clearance	Students will be required to provide evidence of DBS clearance.
	Translation documents	Students will be required to provide evidence of DBS clearance.
Parking Costs	N/A	Students may opt to pay for parking whilst on campus, and there may be opportunity to buy parking space whilst on placement

In some cases you'll be able to choose modules (which may have different costs associated with that module) which will change the overall cost of a programme to you. Details of such costs will be listed in the Module Profile. Please also ensure you read the section on additional costs in the University's Fees, Charges and Expenses Regulations in the University Calendar available at www.calendar.soton.ac.uk.

Appendix 2:

Programme learning outcomes achieved in exit Awards

	Exit Awards		
	Cert HE Health Studies	**Dip HE Health Studies**	**Ordinary Degree Health Studies**
Exit awards from MN Nursing Programme	Learning outcomes achieved from MN programme. A1, A2, A5, A6,A7, A8, A9, C1,	Learning outcomes achieved from MN programme A1, A2, A3, A4, A5, A6,A7, A8, A9, A10, B1, B2, C1,	Learning outcomes achieved from MN programme A1, A2, A3, A4, A5, A6,A7, A8, A9, A10, B1, B2, B4, C1, C2, C3, C4,