

Careers and Employability Service

What Can I Do With My Degree?

Psychology

Introduction

This resource is designed for you to discover what you can do with your degree. It contains information on:

- [Skills gained through your degree](#) - useful in career decision-making and when applying for graduate jobs
- [Overview of the main career areas with your degree](#) - to help you understand what other students with your degree have gone on to do
- [Links to selected relevant professional bodies and associations](#) - to help you understand the sector and also provide advice and information
- [Finding psychology opportunities](#) - including finding jobs and internships, volunteering opportunities, specialist recruitment agencies.
- [Further study](#) - professional qualifications and programmes aligned to your first degree

Skills gained through your degree:

In a competitive graduate labour market, it is important that you are able to demonstrate the key skills that you have developed through your degree programme.

Reflecting upon the skills you have gained and your skill strengths can also be helpful in career decision making. The following resources can help you to understand the skills gained from your degree.

[Prospects](#)

[Understanding your skills](#)

[Psychology Student Employability Guide](#)

[Your course learning outcomes](#) - Your course modules contain aims and learning outcomes. These are useful in assisting you to recognise and reflect upon the skills developed during your studies.

Overview of the main career areas with your degree

Approximately 20% of psychology graduates nationally pursue a professional psychology career pathway.

Psychology graduates are also equipped for numerous roles in a wide variety of career sectors. Some popular roles include: market research, human resources, teaching, retail management, among many more.

The resources below will enable you to explore these in more detail.

[Prospects](#)

[TargetJobs](#)

[National Careers Service](#)

[What to do with a degree in Psychology](#)

[What Do Graduates Do?](#)

[British Psychological Society](#)

Links to selected professional bodies and associations

[British Psychological Society](#) – links to the various divisions of Psychology

[Health & Care Professions Council](#)

[Chartered Institute of Personnel and Development](#)

[Chartered Institute of Marketing](#)

[Market Research Society](#)

Finding psychology opportunities

Postgraduate courses leading to entry to the various psychology professions expect applicants to have relevant work experience. This may be voluntary or paid work experience.

[Psychology career opportunities](#) – produced by the University of Southampton Psychology department. Contains advice and sources of relevant work experience for all the main branches of Psychology

[Voluntary Research Assistant Scheme](#) - allows students interested in careers in psychology to work with experienced psychology researchers on their ongoing projects

[Thinking of a career in therapy?](#) - Understanding the difference between counsellor, psychotherapist or psychologist can be confusing. This helpful article helps you clarify what is the right option for you.

[Jobs in Psychology](#) - the jobs website from the British Psychological Society (BPS)

[Improving Access to Psychological Therapies](#) - IAPT services provide evidence based treatments for people with anxiety and depression

Clinical Psychology

[Psychlick](#) - resources for prospective Clinical Psychologists

[Clinpsy](#) – advice forum for prospective Clinical Psychologists

[Psychminded](#) - news and vacancy site for anyone working in psychology, psychiatry and mental health

Educational Psychology

[Association of Educational Psychologists](#) - this professional association site includes a careers section

Forensic Psychology

[HM Prison Service](#) - includes a careers section and advertises vacancies for forensic psychologists and assistant psychologist positions

Health Psychology

[Job profile](#) - includes a section for finding opportunities

Neuropsychology

[Clinical Neuropsychologist](#) - the assessment and rehabilitation of people with brain injury or other neurological disease

[Sources of work experience](#) - examples of relevant work experience

Occupational Psychology

[So you want to be an Occupational Psychologist?](#) - advice blog from an Occupational Psychologist

Psychotherapy

[UK Council for Psychotherapy](#) - UK's leading professional body for the education, training and accreditation of psychotherapists and psychotherapeutic counsellors.

Sport and Exercise Psychology

[British Association of Sport and Exercise Science](#) - includes a job vacancies section and careers information booklet

Further study

Postgraduate study and training is essential to become a chartered psychologist and to register as a practitioner psychologist with the Health & Care Professionals Council (HCPC).

Psychology graduates who want to do something different may choose to do a postgraduate qualification in their chosen career area, for example advertising, marketing, teaching or human resources.

[Prospects](#) - Search postgraduate courses, advice and funding information

[Target Postgrad](#) - advice and information on postgraduate study

[Careers Service](#) - includes information on Law, Teaching and Medicine

[British Psychological Society](#) - accredited courses and training programmes search

[Clinical Psychology doctoral training](#) - Clearing house for postgraduate courses in Clinical Psychology

[Educational psychology doctoral training](#) - How to access the Educational Psychology Funded Training scheme

[Psychological wellbeing practitioner \(PWP\) training courses](#) - British Psychological Society and Improving Access to Psychological Therapies (IAPT) accredited courses