

Pre-Course Information Open Windsurfing

What to Expect

Open Windsurfing is a 3-hour open session (must pre-book) for anyone looking to get some time out on the water in a safe and supervised environment without the hassle of towing your windsurf kit to the coast (own board use is also welcome). Open to university students/staff and members of the public.

Pre-Requisites

RYA Windsurfing level 1 Minimum age 12.

Timings

Saturday morning sessions timings vary depending on tides. Please see your booking confirmation.

What to Bring

- Your booking confirmation
- · Wetsuit or warm clothes you can get wet in
- Towel
- Comfortable shoes that you are happy to get wet (must be closed toe) old trainers or wetsuit boots are ideal
- Water bottle
- Sun Cream/Sun Glases
- Hat
- Gloves
- · Level 1 or higher certificate and logbook

What we Provide

- · Windsurf board and sail
- Buoyancy Aids
- Safety Cover

Pre-Course Admin

• Medical Consent Form – Must be completed before you attend.

Where to find us

Our fleet of dinghies are kept at Southampton Sailing Club where all our dinghy sailing courses are run from. We encourage, where possible, that participants travel by public transport or cycle.

Local buses run to Foundry Court, Vosper Road which is around a 10-minute walk from the club. There is limited parking available. However, be prepared that you may have to pay for alternative parking.



