

You are cordially invited to a one-day course:

"Language as Medicine"

Tuesday 26 November 2013 10am - 5pm (Lunch and Refreshments Provided)

Observatory, Building 85 (Life Sciences) University of Southampton, Highfield Campus

This fascinating course aims to examine the way in which language affects our interactions with those whom we are trying to help. Although originally devised for health care professionals, it will be of great interest to those involved in medical education and communication skills. We will learn new ways of talking to our students generally about the importance of language in student-patient communication, and particularly when they are empowering patients to think positively about their own health. Phil Parker will be demonstrating what a profound effect language can have on our thoughts and physiology **including a practical demonstration of hypnotic anaesthesia!** Not to be missed! It promises to be a very thought-provoking, interesting day.

As this is a course arranged from outside the University there will be no locum/travel attendance fee payable to attendees.

If you wish to attend please contact: stephanie.hughes@doctors.org.uk or call Stephanie on 07718392977

To learn more about the course content please see below:

Language as Medicine - can words harm or heal?

Phil Parker introduces a new practical course for healthcare professionals in using everyday communication to assist their client's health state.

Brilliant, just brilliant Dr Rajesh Munglani MB BS DCH DA FRCA FFPMRCA Consultant in Pain Management

It works, it really works- I strictly avoided one of my usual welcoming phrases. Thank you for helping me- I cannot wait to learn more...

Dr Rachel Hahn, GP

It has given me the confidence to reformat my sessions with patients and has identified the negative ways I have approached patients in the past.

Clinical Nurse Specialist



You will learn how to:

- 1. Uncover some of the pitfalls of commonly used language
- 2. Use language as a therapeutic tool
- 3. Ensure that every communication between you and your client assists and promotes better health and function

The benefits of this approach are:

- 1. Low tech client centred approach which is easily adopted
- 2. Takes no additional time or cost to use
- 3. Enhances the therapeutic intervention and relationship

It is a very practical way of learning how to change/improve practice to positively impact patients for longterm success.

Christine Kim, Acupuncturist

This will undoubtedly change the way I liaise with patients and will benefit patients immensely.

Clinical Nurse Specialist

Phil Parker

DO Dip E Hyp Psy NLP MBIH Certified Master Practitioner of NLP

Phil Parker is an internationally renowned lecturer, therapist and innovator in the field of personal development. Phil first trained as an osteopath and has been lecturing in NLP, Self-hypnosis and Hypnosis, Life Coaching and Osteopathy, at both Undergraduate and Postgraduate levels, since the late 1980s. He is also the Principal of the Phil Parker Training Institute where he designs programmes, researches and trains students in the Lightning Process, Clinical Hypnotherapy, NLP and Life Coaching. He also runs a number of specialist short courses for individuals, teaching and lecturing faculties, businesses and medical professionals. Phil has had four books published and is currently working on his PhD, evaluating a new approach to drug addiction through a RCT.