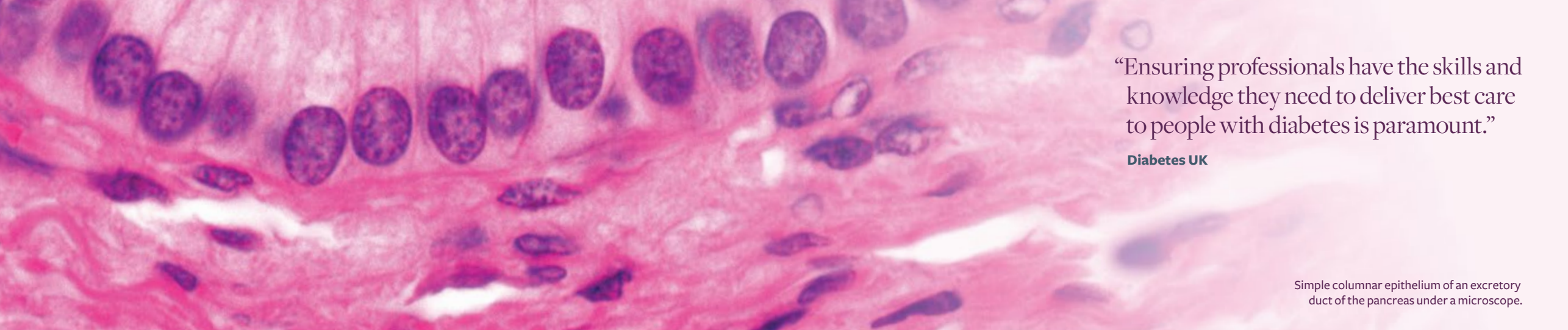


Challenging the disease,
focusing on care.
MSc Diabetes
Best Practice





“Ensuring professionals have the skills and knowledge they need to deliver best care to people with diabetes is paramount.”

Diabetes UK

Simple columnar epithelium of an excretory duct of the pancreas under a microscope.

The UK faces a significant increase in the number of people affected by diabetes with over 700 new cases diagnosed each day and, by 2025, Diabetes UK estimates five million people will be living with the condition.

The global prevalence of diabetes is equally worrying, with the World Health Organization (WHO) predicting the condition to be the seventh leading cause of death by 2030, with the majority occurring in low and middle-income countries.

Why study MSc Diabetes Best Practice?

Healthcare research consistently concludes there is a recognised need for specialist diabetes care both in the UK and internationally.

Our modules are taught by leading experts in their fields from across the University and designed to equip workforces and individuals with the skills and knowledge to meet future diabetes healthcare demands.

Our Masters programme is also aligned to the recommendations of WHO, Diabetes UK, the International Diabetes Federation, the Royal College of Paediatric and Child Health and the Royal College of General Practitioners.

Who should study?

Our programme is suitable for clinical and non-clinical healthcare professionals including GPs, hospital-based doctors, specialist and practice nurses, dietitians, podiatrists, paramedics, pharmacists, scientists and psychologists; who wish to develop skills in the diagnosis, treatment, psychology and management of diabetes.

What does our MSc provide?

You will be enabled to support adults and young people more effectively and, through the knowledge and support you gain, able to develop and improve your healthcare provision by passing on expertise to colleagues, patients and their families.

We provide broad and comprehensive training in the skills required to understand and manage people with diabetes, helping them achieve optimal self-management and psychological well-being.

The course content can be tailored to best meet individual career aspirations and organisational needs and provides an opportunity to gain important skills for meeting current best practice guidelines.

Our core modules include:

- The Foundations of Diabetes
- Clinical Research Skills
- Dissertation

We also offer a wide choice of optional modules including:

- Diabetes in the Young
- Psychosocial Aspects of Diabetes Through the Ages
- Assessment of Nutritional Status
- Modern Management of Diabetes, Nutrition and Pharmacology

- Management of Diabetes in Primary and Secondary Care (adult module)
- Work-based Learning in Diabetes

Additionally students are able to take an optional module from around the University including:

- Leadership in the NHS
- Prescribing Skills
- Developing Public Health Practice
- Demographic Change
- Aging and Globalisation
- Public Health, Law and Ethics

Flexible learning

Our part-time or full-time modular Masters programme provides the flexibility for study to be undertaken alongside other commitments. Typically modules are offered in blocks of three to five days to cater for students travelling from outside the area and the UK.

We also offer stand-alone modules, two Postgraduate Certificates (Diabetes Best Practice and Principles of Diabetes) and a Postgraduate Diploma Best Practice.

Learning is delivered through a variety of teaching methods including seminars, tutorials, discussions,

problem-solving activities and our unique online educational and multimedia learning resources.

How to apply

Applications should be made online via our website. Places are limited.

Bursaries may be available.

For more information, including details on entry requirements and fees, please visit our website.

Start date

October

Programme Leader

Dr Nicola Englyst

Contact us

Tel: +44 (0) 23 8120 6925
Email: diabetes@southampton.ac.uk
www.southampton.ac.uk/diabetes

“The one thing that has made this all possible is the flexibility of the course. Modules can be taken to suit lifestyles and the condensed time spent in the classroom allows an easy blend of personal life and being a student!”

Deborah Griffin
MSc student

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