

SW-SAPC 2026: DRAFT Conference Programme Overview

‘Inclusion, innovation, and connection: Shaping academic primary care together’

Thursday 5th March 2026

11.00- 13.00	Registration (Entrance foyer) Poster set up (Mayflower 3)			
12.00-13.00	Lunch (Restaurant)			
13.00-13.15	Welcome and introduction (Mayflower 2) Prof. Helen Atherton and Prof. Tracey Sach, Heads of PCRC Department – conference open and welcome Prof. Diana Eccles, Dean of Medicine – welcoming remarks			
13.15-13.55	PLENARY session 1: Dr Manni Sidhu (Mayflower 2) Chair: Helen Atherton			
14.00-15.00	Parallel session 1			
	1.1: Infections	1.2: Older adults, aging and MLTCs	1.3: Skin	Workshop 1
	Chairs:	Chairs:	Chairs:	Chair:
14:00-14:15	Paul Little — 12-month follow-up of a randomised open-label trial of nasal sprays and a behavioural intervention for respiratory tract infections (RTIs) in primary care	Hannah Wheat — How can a primary care-based dementia support worker model generate change? High volume qualitative findings from the Dementia Personalised Care Team (D-PACT) realist evaluation	Joanna Slodkowska-Barabasz — Exploring young people’s experiences of using the Acne Care Online intervention: qualitative process evaluation nested within a RCT	Hannah Bowers, Sarah Denford, Cynthia Ochieng & Sarah Bennett Co-developing primary care interventions: Inclusive methods for research and public involvement
14:15-14:30	Marcia Takahashi — An economic evaluation of the immune defence trial: Are nasal sprays and lifestyle advice cost-effective means of reducing the impact of Respiratory tract infections for individuals at high risk?	Rosie Essery — Parallel randomised controlled trials of a digital intervention to protect cognitive health in adults aged 60-85 with, and without, impairment	Mary Steele — Optimising the Acne Care Online intervention: community engagement with young people with ethnically diverse skin tones	
14:30-14:45	Sascha Miller — A systematic review of behavioural interventions for prevention of recurrent urinary tract infections	Hilda Hounkpatin — Remission in multiple long-term conditions and associations with sociodemographic characteristics and mortality: an observational cohort study	Sara McCloskey — Is the EQ-5D-5L a valid and responsive generic preference-based measure of health-related quality of life for women with persistent acne?	
14:45-14:50	Harry Ahmed — Research Priorities for Community Acquired Pneumonia in the	Tassella Isaac (presented by Aman Jat) — Understanding the Rate and Timing of Accumulating Multiple Long-Term	Devika Sunil — A comparison of emollient prescribing formularies/guidelines in England and	

	UK: A James Lind Alliance Priority Setting Partnership	Conditions: A Nationwide Linked Primary Care Cohort Study in England	Wales, 2024-2025: a cross-sectional study	
14:50-14:55	Jose Ordonezmen — Epidemiology of RSV, influenza, and COVID-19 among adults in a POCT cohort: A Primary Care Observational Study in England across 2023â€“25 (ObservatARI)	Kinda Ibrahim — Outcomes of medicine optimisation and deprescribing intervention for older people with dementia or mild cognitive impairment: a systematic review		
14:55-15:00	Leigh Sanyaolu — Identifying Research Priorities for Recurrent and Chronic UTIs: A James Lind Alliance Priority Setting Partnership	Dorian Poulton - Improving Equality in Multiple Long Term Conditions Research: Findings of an Equity Impact Assessment		
15.00-15.25	Refreshments (Mayflower Lobby and 1 st floor coffee area) and posters (Mayflower 3)			
15:30-16:10	Prize winning abstract presentations (Mayflower 2) Chair: Naz Islam 15:30: Presentation 1: Pradeep Virdee - External validation of the Full BLOOD count TRends for colorectal cAnCer deteCtion (BLOODTRACC) risk prediction models in English primary care 15:50: Presentation 2: Aman Jat - Inequity in Premature Mortality: A Retrospective-Cohort Study of 4.3 Million Adults Under 60 With Multimorbidity			
16.15-17.15	Parallel session 2			
	2.1: Health Inequalities, Inclusion and Vulnerable populations	2.2: AI and Digital Health 1	2.3: Diagnosis and Long-term Conditions	2.4: Public Health and Prevention
	Chairs:	Chairs:	Chairs:	Chairs:
16:15-16:30	Sascha Miller — Working together with Autistic Adults to Widen Research Participation in Primary Care.	Claire Reidy — Exploring Equitable Access to Digital Health Applications in Primary Care: Insights from Diverse Community Groups	Kristin Veighey — Understanding risk stratification of patients with chronic kidney disease (CKD) risk in primary care: a qualitative study	Elizabeth Morris — A randomised controlled trial of a low-carbohydrate digitally-supported weight loss programme for people with type 2 diabetes
16:30-16:45	Jane Vennik — Carer support for people with learning disabilities attending annual health checks in UK primary care: a qualitative interview study	Rachel Greer — Remote Vital Sign Monitoring in Acutely Unwell Hospital at Home Patients: a Feasibility Study	Tassella Isaac (presented by Aman Jat) — Association Between the Number of Long-Term Conditions and Social Care Needs: A Population-Based Primary Care Study in England	Grace Lewis — Patient and clinician experiences of a FeNO-guided asthma management intervention in primary care

16:45-16:50	Mary Steele — Optimising a digital intervention to support parents and carers of children with ADHD and sleep problems	Yousef Yousef — Navigating NHS Digital Technology Assessment Criteria: A Practical Framework for Commercial Digital Health Developers	Pradeep S. Virdee — Blood test trends for cancer detection in patients presenting with non-specific symptoms in primary care: a diagnostic accuracy, longitudinal cohort study	Rosina Cross — Improving support for physical activity promotion in general practice: Insights from healthcare professionals and patients to inform the GP Physical Activity Toolkit
16:50-16:55	Sian Holt — MINDS: Understanding Mental Health Experiences in Autistic/ADHD/AuDHD Adults in Primary Care	Lysanne Michels — Digital Fatigue and Computerised Health Technologies: A Rapid Review	Dawn Swancutt — Developing support for patients with severe obesity in primary care: Feasibility of delivering an adapted specialist behaviour change programme – the PROGROUP study.	Maclyn Augustine — Prevalence and predictors of antibiotic use for asthma exacerbations in primary care: a secondary analysis of data from the DEFINE-RCT.
16:55-17:00	Eunice Aroyewun — Engaging young asylum seekers in primary care research: The joy of being heard	Hilda Hounkpatin — Tackling bias due to missing data in primary care electronic health records: a systematic scoping review	Sarah Clark — “It’s taken years to be believed: Understanding diagnostic delays at the intersection of Autism and Ehlers-Danlos syndrome in UK primary care”	Ellen Van Leeuwen — The psychotropic 10days: a National Awareness Campaign Promoting Rational Use of Antidepressants and Benzodiazepines in Belgium
17:00-17:05	Sarah Denford — Understanding Vaccination Uptake Amongst People from Gypsy, Roma and Traveller Communities: A qualitative Interview Study	Armina Paule — Clinical decision making when using patient facing online triage tools: qualitative survey and focus groups.	Hannah Bowers — Exploring perspectives of long-term anti-depressant use and discontinuation in the context of socioeconomic deprivation	Isla Davis — Perspectives and preferences on the content and delivery of preconception care in primary care among people of reproductive age and primary care professionals: a mixed methods systematic review
17:05-17:10	Temitope Okunola — Document Analysis of Grey Literature on Health Systems’ Readiness to Address Intimate Partner Violence and Non-Partner Sexual Violence During Pregnancy in Ekiti State, Nigeria	Cameron Kumar Pinn — From AI to Action: AI Digital Interventions to Promote Exercise In Multimorbid Populations	Sarah Price — Who are we missing? Underdiagnosis of Coeliac Disease in the UK: A Mixed-Methods Systematic Review	Parveen Kaur Dhesi — Resident Priorities and the Social Determinants of Health: Co-producing Research Themes for the Tower Hamlets Health Determinants Research Collaboration (HDRC)
17:10-17:15	Shuvasree Maitra — How has cultural, historical, and gender principle been defined, implemented and evaluated within a trauma-informed approach in adult healthcare: a scoping review	Lucy Smith — A Novel Framework for Operationalising Patient and Public Involvement: Lessons from Designing an AI-Informed Exercise Prescription Grant (lightning) PPIE		
17:15-18.00	Free time/optional activity			
18.30-19.15	Drinks reception in the Atrium bar			
19:30-21:00	Conference Dinner followed by DJ and dancing (Mayflower 1 and 2)			

Friday 6th March 2026

8:45-9:00	Coffee (Mayflower Lobby and first floor coffee area) and Registration (entrance foyer)
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9:00-9:05	Welcome and intro to day 2 – Prof. Nick Francis (Mayflower 2)			
9:05 - 9:45	PLENARY session 2: Dr Jess Watson (Mayflower 2) 'Inclusive Digital Health? Making Blood Test Results Accessible for All' Chair:			
9.50-10.50	Parallel session 3			
	3.1: Societal and organisational perspectives of primary care	3.2: Communication in primary care	3.3: AI and Digital Health 2	Workshop 2
	Chairs:	Chairs:	Chairs:	Chair:
09:50-10:05	Olivia Geddes — An exploration of institutional, organisational and professional factors that influence the implementation of decarbonisation actions in general practice: a longitudinal qualitative study	Rachel Brettell — Closing the 'Feedback Gap' in Out-of-Hours Primary Care: Insights from a Qualitative Study of Urgent Primary Care Providers	Lucy Smith — Artificial-Intelligence informed exercise prescriptions in primary care: Perspectives from people with long-term conditions, their carers, and healthcare professionals.	Sarah Clark Working with Neurodivergent Patients with Chronic Illness in Primary Care settings: Inclusive, Integrative and Person-Centred Strategies for Primary Care
10:05-10:20	Nada Khan — Retaining the experienced GP in practice: Workload, resources and retention, a qualitative study	Katie Read — Patient views of empathic and optimistic communication for painful and heavy menstrual bleeding in primary care: A qualitative interview study using vignettes.	Zhanna Oganeseva — HERON: HHealth Technology for Chronic Respiratory Disease - Exploring and Mapping Unmet Needs	
10:20-10:35	Lucy Potter — Interventions to improve Inclusion Health in General Practice: a realist review	Rachel Winder — Feasibility testing of a communication tool intervention aimed at improving cancer diagnosis pathways in general practice for patients with anxiety and/or depression	10:20: Noah Marshall — Harnessing Generative AI Agents for Mental Health: A Systematic Review of the Acceptability and Effectiveness of Interventions	
			10:25: Peter Edwards — Bristol Atomised Consultation Checklist (BACC): development and application to benchmark AI scribe note accuracy compared with GP notes	
			10:30: Jenny Anderson — Evaluation of AI-Generated Patient-Friendly Consultation Summaries in Primary Care	

10:35-10:40	Megan Bancroft and Esey Abreham — When Money Shapes Medicine: The Ethical and Educational Impact of the QOF in UK Primary Care	Katie Read — Primary care practitioners' views on empathy and optimism in primary care consultations about painful and heavy menstrual bleeding: A qualitative interview study.	Claire Reidy — Implementation of a novel digital intervention for hypertension self-monitoring and management in primary care in England (SHIP study): A qualitative evaluation using the NASSS framework	
10:40-10:45	Rosina Cross — Evaluating the Active Practice Charter: associations between accreditation, quality outcomes and equity in English general practice	Felicity Bishop — Adapting the "EmpathicO" communication e-learning package for use in medical education.	Marta Wanat and Zhanna Oganeseva - Decoding breath: Clinician and patient perspectives on AI-powered Smartphone Audio Applications for Airways Disease	
10:45-10:50	Lucy Frost — What are GPs views on their role in home visiting in providing effective, equitable, sustainable and efficient in-hours primary care?			
10:50-11:20	Refreshments (Mayflower Lobby and 1 st floor coffee area) and posters (Mayflower 3)			
11.25 -12.40	Parallel session 4			
	4.1: Evaluating and optimising primary care delivery	4.2: Health Inequalities, Inclusion and Vulnerable populations	4.3: Chronic Conditions & Integrated Care Pathways	4.4: Prescribing and Medications Management
	Chairs:	Chairs:	Chairs:	Chairs:
11:25-11:40	Lydia Iladiva — Experiences of Implementing the Structured Chronic Disease Management Programme for COPD in Irish General Practice	Nathaniel Aspray — The Role of Community Health Workers In Migrant Health Screening In High Income Settings: A Systematic Review	Rachel Davies — "If I had known she was going to die in hospital I would have kept her at home": Results from an ethnographic study of hospital admission decision-making in the final year of life	Kinda Ibrahim — The importance of a relationship-centred approach to deprescribing for people with dementia or mild cognitive impairment in primary care: a qualitative study
11:40-11:55	Asma Chaabouni (presented by Gary Abel) — Can Mortality Indicate Prognosis in Primary	Frances Rose — Point of care testing for people experiencing homelessness: survey of	Shraddha Sriraman — A web-based analysis of patient information tackling Heart Failure	Eloise Radcliffe — Implementing a complex multidisciplinary medication

	Care? An External Validation Study	perspectives from primary healthcare workers	and participation in Physical Activity- part of the HAPPY study (Fri only)	review and deprescribing intervention in primary care for older people living with frailty and polypharmacy (MODIFY): a feasibility study.
11:55-12:10	Laura Armitage — Harnessing routinely collected hospital data to improve undiagnosed hypertension detection through coordinated clinical pathways with primary care	Katie Arundell — Embracing Pride to assess perceptions of primary care cancer research involvement among the LGBTQ+ community: a public engagement project to improve inclusivity in health and care research	Alison Rowsell — Couples' experiences of living with low back pain: qualitative interviews with people with persistent low back pain and their partners	Nour Odeh — Views and Experiences of healthcare professionals on prescribing antibiotics in primary care for acute respiratory symptoms in people with asthma: a qualitative interview study
12:10-12:25	12:10: Daniela Strelchuk — Recording of post-traumatic stress disorder (PTSD) diagnoses and symptoms in UK primary care	Merlin Willcox — Community perspectives on maternal and perinatal death reporting and review in three African countries	Sian Holt — Exploring Lived Experiences and Views on Antidepressant Treatment in Chronic Pain: A Qualitative Study (ELEVATE)	Tomazo Kallis — How do patients prescribed polypharmacy experience clinical uncertainty about their care? A semi-structured interview study.
	12:15: Geil Han Astorga — Strategies for navigating clinical trial participant recruitment in primary care: a scoping review			
	12:20: Vanessa Perrott — Cross-Cultural Trust in Clinical Supervision of IMGs: Measurable or Meaningful?			
12:25-12:30	Clare Clement — Evaluating and Optimising CRP Point of Care Testing for Lower Respiratory Tract Infections (LTRIs) in Wales: The SPARROW study	Mary Mbuo — Stakeholder engagement for improving data quality in Maternal and Perinatal Death Surveillance and Response (MPDSR) in Ghana, Ethiopia and Uganda: A Political Economy Analysis	Chris Horler — Safety-netting advice for people with musculoskeletal conditions: A scoping review	Maclyn Augustine — The BLIS study: a feasibility study assessing compliance, acceptability and colonisation with different dosing regimens of the probiotic supplement Streptococcus salivarius K12 (Bactoblis®) in adults
12:30-12:35	Adam Mann — Improving the Quality and Documentation of	Immaculate Ajok Okello — Navigating life with Type 2 Diabetes: A qualitative	Emilia Holland — Prevalence and associations of patient-centred burden concepts in people with	Bernardo Meza-Torres — Monitoring adherence to national prescribing

	the 6–8 Week Maternal Postnatal Check in Primary Care: A Two-Cycle Audit Against NICE Guideline NG194	interview study on self-management insights from Black African/Caribbean people in the UK.	long-term conditions; a cross-sectional analysis in a large linked routine dataset	guidelines using real-time primary care data for cardiometabolic diseases through audit-based-education
12:35-12:40	Stuart Spicer - Evaluating the patient journey through integrated mental health services using routinely collected data: the utility of the DIALOG patient-reported outcome and experience measure.	Richard Byng — Realist multiple case study evaluation of Enhanced Reconnect care for prison leavers with complex needs	Andrew Turner — Real-World Use of Topical Treatments in Paediatric Eczema – the STRIPE study.	Ellen Van Leeuwen — General Practitioner and Pharmacist Support for Antidepressant Discontinuation (GPS-AD trial): protocol for a cluster randomised pragmatic trial in primary care
12.45-13.00	Prize giving and close: Helen Atherton (Mayflower 2) Introduction to SW-SAPC 2027: Laura Gill and Richard Byng, University of Plymouth (Mayflower 2)			
13.00	Packed lunch (Mayflower Lobby) and departure			