Programme Specification

MSc Nursing (Mental Health) (2020-21)

This specification provides a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve and demonstrate if s/he takes full advantage of the learning opportunities that are provided.

Awarding Institution	University of Southampton
Teaching Institution	University of Southampton
Mode of Study	Full-time
Duration in years	2
Accreditation details	
Final award	Master of Science (MSc)
Name of award	Nursing (Mental Health)
Interim Exit awards	Postgraduate Certificate
	Postgraduate Diploma
FHEQ level of final award	Level 7
UCAS code	
Programme code	8375
QAA Subject Benchmark or other external reference	Standards of Proficiency for Registered Nurses 2018
Programme Lead	Eloise Monger

Programme Overview

Brief outline of the programme

Our MSc Nursing programme will support you in developing the knowledge, skills and attributes that you will need to play a role in leading the provision of evidence-led and compassionate nursing care to mental health service users. You will gain specialist knowledge and skills in relation to the nursing needs of people living with mental health needs, and on graduation you will have eligibility to register with the Nursing and Midwifery Council (NMC) as a Registered Nurse (Mental Health).

The programme reflects the strengths of Southampton University as a global, modern and research intensive institution. As a Southampton nursing graduate you will understand health needs within a global context and be responsive and inclusive towards marginalised groups, as well as understanding the challenges and opportunities offered by a globalised nursing workforce. You will gain the skills and expertise to embrace technology and innovate in order to support the health of people through digital technologies. Our position as a leading research intensive University provides an environment which will support you in developing the research awareness and well-developed skills in critical analysis that underpin evidence based practice. By choosing to study nursing at the University of Southampton you will be studying within an inter-disciplinary community of practitioners who will foster pride in the role of the nurse.

Southampton nurse graduates are trained and encouraged to adopt a biopsychosocial approach to promoting and maintaining health and well-being, and to respond with compassion to the unique needs of all people. You will develop deep knowledge of how to meet person centred care needs, and high-level skills in decision making and managing complexity across a broad range of healthcare environments. The programme will also support you in developing the knowledge, skills and personal attributes that are necessary to lead and empower teams, and prepare you for roles in which you will lead the development of nursing care, healthcare services and the nursing profession.

The Nursing and Midwifery Council (NMC) 2018 specify that a pre-registration programme comprise of a minimum of 4600 hours. The programme is studied full-time over two years after successful completion of a Recognition of Prior Learning (RPL) claim in which you must demonstrate 325 hours of relevant prior theoretical learning and 675 hours of prior practice learning experience.

You will undertake a range of modules comprising both theoretical and practice components in order to achieve the outcomes of the programme.

On successful completion of the programme you will have eligibility to register with the Nursing and Midwifery Council as a Registered Nurse. Applications to join the NMC register must be made within 5 years of completing your programme.

Your contact hours will vary depending on the module. Full information about contact hours is provided in individual module profiles.

Learning and teaching

Our MSc in Nursing programme is student-centred and is designed to encourage you as a graduate to build upon your existing skills of enquiry and active learning. In the University setting you will have innovative, research-led learning opportunities, delivered by inspiring educators to enable you to achieve modular and programme outcomes and understand the relevance of your learning experiences to your future role. In your practice placements your learning will be supported by experienced and knowledgeable assessors in practice. Whilst working in practice you will be additional, but complementary to workforce requirements and so have the opportunity to meet your learning needs and develop competence.

Inter-professional and profession specific learning opportunities are scheduled throughout the programme and include large and small group teaching, seminars, simulated practice and independent learning. Field specific learning appropriate for your programme is taught by experienced educationalists and experts within your field from your first year. Technology enhanced learning is embedded within the curriculum and used to support face-to-face and independent learning. The programme will support you to become an independent, life-long learner as a graduate Registered Nurse.

You will receive the support of a Personal Academic Tutor who offers one-to-one support and advice throughout your time at the University, and will support you in your studies. You will also be a member of a smaller learning group of students who you will meet with at identified points in the programme. You will also have the support of supervisors with appropriate research and practice experience in order to complete your independent research project.

A range of teaching and learning methods will be provided to enable you to meet the programme learning outcomes and the learning outcomes for each module. Further details are shown in the module outlines.

A variety of practice placements should give you the opportunity to develop your ability to apply knowledge and understanding in the delivery of proficient, safe and effective care to a diverse range of service users within your field of practice. You will be expected to follow the shift pattern allocated to you by each of your practice placements to ensure that you have appropriate support in practice and the opportunity to experience 24 hour care. You will be provided with opportunities to become competent and capable in the delivery of practice skills required in all fields of nursing and the particular skills required in your chosen field of nursing.

Assessment

The learning outcomes of the modules are assessed using a variety of fair and reliable assessment strategies designed to allow you to demonstrate your knowledge, understanding, competency and professional values. Forms of assessment include essays, examinations and presentations, and assessment of your capability in practice by practice assessors. Assessment of practice and theory are balanced and there is no compensation

between theory and practice learning as each component must be passed.

Timely and constructive feedback throughout your programme should enable you to develop your confidence and ability to reflect, and support you to identify learning needs, areas for improvement and available educational support.

Each module is assessed to enable you to demonstrate that you have met the module and programme learning outcomes. Assessment methods are varied and include written work, examinations, presentations and assessment in practice.

Please note: As a research-led University, we undertake a continuous review of our programmes to ensure quality enhancement and to manage our resources. As a result, this programme may be revised during a student's period of registration; however, any revision will be balanced against the requirement that the student should receive the educational service expected. Please read our Disclaimer to see why, when and how changes may be made to a student's programme.

Programmes and major changes to programmes are approved through the University's programme validation process which is described in the University's Quality handbook.

Special Features of the programme

During your programme your will undertake 16325hours of practice learning in order to ensure that you gain the experience and skills you will need in order to work as a registered nurse. Some of this experience will be in simulated environment, but the majority will be undertaken in placements over the course of your programme. Your placements will be organised by the University and will be undertaken within a variety of hospital and community settings in local NHS Trusts and other healthcare providers.

In your first year you will gain foundational skills in providing person centred care to meet the fundamental physical and mental health needs of people of all ages. In the second year you will develop further specialist skills in managing and co-ordinating the care of people experiencing challenges to their mental health and prepare for your leadership role as a registered nurse within the workforce. You will also be supported in undertaking an independent research project across the two years of the programme.

The programme is full-time, and students must be available for study / practice placement during the weeks indicated on the published programme calendar.

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Educational Aims of the Programme

The aim of the programme is to enable you to develop into a competent practitioner who meets the requirement for entry into the NMC Register in your chosen field of practice and a higher education degree awarded by the University of Southampton. The programme will also provide you with the knowledge and skills to provide excellent, evidence-led, compassionate nursing care and the specialised knowledge you need to develop future nursing practice and health care through confident proactive leadership, practice development aided by technology and a global perspective and research.

Programme Learning Outcomes

Knowledge and Understanding

On successful completion of this programme you will have knowledge and understanding of:

A1. Human development from conception to death

A2. The relationship between social and psychological factors on health, illness and nursing practice

A3. Applied human anatomy and physiology and pathophysiology associated with key body systems

A4. The evidence base and rationale for the treatment approaches and nursing care that may be needed in commonly encountered mental, physical, behavioural and cognitive health conditions

A5. Pharmacodynamics, pharmacokinetics and the role of the nurse in the safe and effective medicines management

A6. Global and public health priorities, and the role of the nurse in reducing health inequalities, promoting health and preventing disease

A7. Application of the ethical and legal principles which underpin collaborative and person-centred health care practice

A8. The nature, role and influence of health and social care policy in achieving excellence in care and driving change

A9. The means by which people may be influenced through positive relationships, team and individual behaviours and organisational cultures

A10. The means by which risk can be understood, identified and managed at individual, team and organisational levels in order to improve the quality and safety of care

Subject Specific Intellectual and Research Skills

On successful completion of this programme you will be able to:

B1. Adopt a critical perspective and a systematic approach to reviewing, developing, and maintaining the safety and quality of health care services

B2. Critically evaluate and synthesise evidence from multiple sources, including professional colleagues and those receiving care, to reach sound judgements and solve problems to maintain and improve safety and quality of care.

B3. Utilise knowledge of research methods, ethics and governance to critically appraise and synthesise research findings in order to promote best nursing practice

B4. Demonstrate political engagement and the understanding of organisational structures and health economics necessary for the nurse to contribute to organisational change

Transferable and Generic Skills

On successful completion of this programme you will be able to:

C1. Demonstrate a well-developed ability for independent study, making appropriate use of reflection and feedback to evaluate your own capabilities, appraise alternatives and plan and implement actions

C2. Communicate clearly, appropriately and effectively to a range of audiences using appropriate verbal, non-verbal, written, numerical and visual literacy skills

C3. Demonstrate digital literacy and competence, and insight into how a range of technology may be used to effectively support learning and practice

C4. Work effectively independently and in teams

C5. Utilise structured and comprehensive strategies in order to pursue knowledge and retrieve data

C6. Identify and use appropriate methods of investigation to undertake research and advanced scholarship in nursing

Disciplinary Specific Learning Outcomes

On successful completion of this programme you will be able to:

E1. Act as an accountable professional and role model as a registered nurse and uphold the NMC Code.

E2. Support people, families, communities and populations in promoting health and preventing ill health

E3. Use information from the holistic assessment of people's needs in order to identify the priorities and requirements for person-centred plan of care.

E4. Provide and delegate care that is person-centred and compassionate, and work in partnership to evaluate the effectiveness of this care.

E5. Demonstrate leadership in the management and delivery of nursing care, and through collaborative working as an active and equal partner in the interdisciplinary team

E6. Contribute to the continuous monitoring and quality improvement in order to enhance safety, health outcomes and people's experience of care

E7. Coordinate and manage the complex nursing and integrated care needs of people at any stage of their lives, across a range of organisations and settings

E8. Demonstrate excellent communication and relationship management skills, together with proficiency in nursing procedures to a level appropriate for your intended field of practice

Programme Structure

All modules in the programme are core and must be passed. Pre-registrations nursing programmes are subject to a variation in the regulations for Progression, Determination and Classification of Results: Standalone Masters Programmes and there is no opportunity to internally repeat any part of the programme. External repeats may not be taken on practice placements.

Practice placement modules are Pass/Fail.

You will normally be required to complete your programme within 5 years of commencing study (inclusive of any periods of suspension).

Neither the PG Cert in Health Studies nor the PG Dip in Health studies provide eligibility to apply to the NMC for registration purposes.

The programme structure table is below.

Part I

Code	Module Title	ECTS	Type
HLTH6244	Recognition of Prior Learning	N/A	Core
HSGM6000	An Introduction to Professional Practice (Level 7)	7.5	Core
HSGM6001	Critical Inquiry - Research Protocol	7.5	Core
NPCG3136	Fundamental Aspects of Care for GEN	10	Core
NPCG6000	Global and Public Health	7.5	Core

NPCG6001	Person Centred Nursing Care	7.5	Core
NPCG1032	Part 1 Practice Placement 2 for GEN	10	Core

Part II

Code	Module Title	ECTS	Type
NPCG2042	Part 2 Practice Placement 1 for GEN	15	Core
NPMH6001	Managing Acute Changes in Health Status (MH field GEN)	10	Core
HLTH6238	Research Project for MSc and MN 2023-24	22.5	Core
NPMH6000	Co-ordinating Long Term Care in Partnership (MH Field GEN)	10	Core
NPCG2047	Part 2 Practice Placement 2 For MSc	5	Core
HSGM6002	Influencing Innovation and Change (Level 7)	7.5	Core
NPCG3A11	Part 3 Placement 1 Consolidating Practice Placement for MSc	5	Core
NPCG3139	Part 3 Placement 2 Preparation for Registered Nurse Practice Placement for BSc	15	Core

Progression Requirements

The programme follows the University's regulations for ***Progression, Determination and Classification of Results: Postgraduate Master's Programmes*** Any exemptions or variations to the University regulations, approved by AQSC are located in ***section VI of the University Calendar***.

Support for Student Learning

There are facilities and services to support your learning some of which are accessible to students across the University and some of which will be geared more particularly to students in your particular Faculty or discipline area.

The University provides:

- library resources, including e-books, on-line journals and databases, which are comprehensive and up to date; together with assistance from Library staff to enable you to make the best use of these resources
- high speed access to online electronic learning resources on the Internet from dedicated PC Workstations onsite and from your own devices; laptops, smartphones and tablet PCs via the Eduroam wireless network. There is a wide range of application software available from the Student Public Workstations.
- computer accounts which will connect you to a number of learning technologies for example, the Blackboard virtual learning environment (which facilitates online learning and access to specific learning resources)
- standard ICT tools such as Email, secure filestore and calendars.
- access to key information through the MySouthampton Student Mobile Portal which delivers timetables, Module information, Locations, Tutor details, Library account, bus timetables etc. while you are on the move.
- IT support through a comprehensive website, telephone and online ticketed support and a dedicated helpdesk in the Hartley Library.
- Enabling Services offering support services and resources via a triage model to access crisis management, mental health support and counselling. Support includes daily Drop In at Highfield campus at 13.00 – 15.00 (Monday, Wednesday and Friday out of term-time) or via on-line chat on weekdays from 14.00 – 16.00. Arrangements can also be made for meetings via Skype.
- assessment and support (including specialist IT support) facilities if you have a disability, long term health problem or Specific Learning Difficulty (e.g. dyslexia).
- the Student Services Centre (SSC) to assist you with a range of general enquiries including financial matters, accommodation, exams, graduation, student visas, ID cards

- Career and Employability services, advising on job search, applications, interviews, paid work, volunteering and internship opportunities and getting the most out of your extra-curricular activities alongside your degree programme when writing your CV
- Other support that includes health services (GPs), chaplaincy (for all faiths) and 'out of hours' support for students in Halls and in the local community, (18.00-08.00)
- A Centre for Language Study, providing assistance in the development of English language and study skills for non-native speakers.

The Students' Union provides:

- an academic student representation system, consisting of Course Representatives, Academic Presidents, Faculty Officers and the Vice-President Education; SUSU provides training and support for all these representatives, whose role is to represent students' views to the University.
- opportunities for extracurricular activities and volunteering
- an Advice Centre offering free and confidential advice including support if you need to make an academic appeal
- Support for student peer-to-peer groups, such as Nightline.

The programme includes a variety of practice placements. The University will organise your practice placements and support your learning in practice in association with your practice assessor.

Methods for evaluating the quality of teaching and learning

You will have the opportunity to have your say on the quality of the programme in the following ways:

- Completing student evaluation questionnaires for each module of the programme.
- Acting as a student representative on various committees, e.g. Staff/Student Liaison Committees, School Programmes Committee OR providing comments to your student representative to feedback on your behalf.
- Serving as a student representative on Faculty Scrutiny Groups for programme validation.
- Taking part in programme validation meetings by joining a panel of students to meet with the Faculty Scrutiny Group.

Further details on the University's quality assurance processes are given in the *Quality Handbook.*

Career Opportunities

Nursing Students from the University of Southampton are highly respected and gain employment both locally and across the UK in a variety of healthcare settings and in the public and private sector. Your nursing degree is a passport to a wide range of short and longer term career opportunities in both the UK and overseas, often with opportunity to specialise in a particular area of nursing or apply your nursing knowledge and degree more widely.

The range of your practice placements during your programme will enable you to experience a breadth of nursing practice, and you will be actively supported to identify where you may wish to work for your first post as a Registered Nurse.

We have a dedicated School Lead for Employability who is supported by the University's Careers and Employability Service. In addition to timetabled careers activities in your curriculum, you will be invited from your first year onwards to attend the School's annual Health Sciences Careers Fair. Here you will meet a diverse range of potential employers and gain invaluable early careers advice about your options. The current nursing recruitment market indicates significant choice for students looking for their first post and 99% of our students gain employment on graduation.

External Examiner(s) for the programme

NAME: Mr Mathew Alexander Nute, Cardiff University

Students must not contact External Examiner(s) directly, and external examiners have been advised to refer any such communications back to the University. Students should raise any general queries about the assessment and examination process for the programme with their Course Representative, for consideration through Staff: Student Liaison Committee in the first instance, and Student representatives on Staff: Student Liaison Committees will have the opportunity to consider external examiners' reports as part of the University's quality assurance process.

External examiners do not have a direct role in determining results for individual students, and students wishing to discuss their own performance in assessment should contact their Personal Academic Tutor in the first instance.

Please note: This specification provides a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve and demonstrate if they take full advantage of the learning opportunities that are provided. More detailed information can be found in the programme handbook.

Appendix 1:

Students are responsible for meeting the cost of essential textbooks, and of producing such essays, assignments, laboratory reports and dissertations as are required to fulfil the academic requirements for each programme of study. In addition to this, students registered for this programme also have to pay for:

Additional Costs

Main Item	Sub-section	PROGRAMME SPECIFIC COSTS
Stationery	N/A	You will be expected to provide your own day-to-day stationary items, e.g. pens, pencils, notebooks, etc).
Textbooks	N/A	Where a module specifies core texts these should generally be available on the reserve list in the library. However due to demand, students may prefer to buy their own copies. These can be purchased from any source. Some modules suggest reading texts as optional background reading. The library may hold copies of such texts, or alternatively you may wish to purchase your own copies. Although not essential reading, you may benefit from the additional reading materials for the module.
IT	N/A	Computers are provided on the campus but many students choose to use their own laptops/tablets to support their work.
Clothing	Clothing for clinical practice	A uniform for clinical practice will be supplied but you will need to buy suitable footwear.
Printing and Photocopying Costs	Printing/photocopying	Some pages of the Assessment of Practice document will need to be printed/photocopied. In the majority of cases, coursework such as essays; projects; dissertations is likely to be submitted online. However, there are some items where it is not possible to submit online, and students will be asked to provide a printed copy. A list of the University printing costs can be found here: http://www.southampton.ac.uk/isolutions/services/copying_for_students_and_visitors/faq.php#594

Main Item	Sub-section	PROGRAMME SPECIFIC COSTS
Placements (including Study Abroad Programmes)	Travel costs	Students who are on an eligible programme may be entitled to claim travel and accommodation expenses incurred over and above daily travel costs to the University. The costs must be related to essential practice placements.
	Immunisation/vaccination costs	Students will receive the immunisations which prepare them for practice, as recommended by Occupational Health. Students may opt to pay for others (e.g. meningitis).
	Disclosure and Barring Certificates or Clearance	Students will be required to provide evidence of DBS clearance.
	Translation documents	Students will be required to provide evidence of DBS clearance.
Parking Costs	N/A	Students may opt to pay for parking whilst on campus, and there may be opportunity to buy parking space whilst on placement

Please also ensure you read the section on additional costs in the University's Fees, Charges and Expenses Regulations in the University Calendar available at www.calendar.soton.ac.uk.