

DRAFT PROTOCOL FOR REMOTE FOLLOW UP OF CA PROSTATE PATIENTS ON ACTIVE SURVEILLANCE

N.B. NOT FOR IMPLEMENTATION. This draft is for example purposes only

ELIGIBILITY

- Patient has been on active surveillance for at least 12 months.
- Patient should have undergone template biopsy ,repeat MRI and MDT discussion prior to remote follow up being considered if diagnosed on TRUS.
- If diagnosed on primary template, should have had a repeat MRI at 12mths and case re-discussed at MDT meeting
- Stable PSA
- Patient should be able to self- manage and agreeable to remote follow up

REMOTE FOLLOW UP

PSA

- Years 1 & 2 after diagnosis = 3monthly
- Year 3 onwards = 6 monthly

DRE

- Annual DRE in consultant clinic for first 5 years then every 2 years.

RECALL TO CLINIC FOLLOW UP

- PSA velocity 1ng/ml per year
- Change in DRE/MRI findings.
- LUTS/symptoms
- Pt request.