

The Virtual PSA Tracking Clinic

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Virtual clinics



- Men get PSA test done and complete Health MOT in first 2 weeks of the month.
- Virtual clinics run in 2nd half of the month.
- Use PSA tracker and recall criteria
- Check PSA
- Check Health MOT (Holistic Needs Assessment)

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PSA Tracker

Page size:

Name

Birth
DateHospital
NumberNHS
NumberPSA
DueReminder
SentAction
Status

Deceased

[REDACTED]	[REDACTED]	[REDACTED]	[REDACTED]				View
[REDACTED]	[REDACTED]	[REDACTED]	[REDACTED]				View
[REDACTED]	[REDACTED]	[REDACTED]	[REDACTED]				View
[REDACTED]	[REDACTED]	[REDACTED]	[REDACTED]				View
[REDACTED]	[REDACTED]	[REDACTED]	[REDACTED]	01/02/2015			View
[REDACTED]	[REDACTED]	[REDACTED]	[REDACTED]	01/02/2015			View
[REDACTED]	[REDACTED]	[REDACTED]	[REDACTED]	01/02/2015			View
[REDACTED]	[REDACTED]	[REDACTED]	[REDACTED]	01/02/2015			View
[REDACTED]	[REDACTED]	[REDACTED]	[REDACTED]	01/02/2015			View
[REDACTED]	[REDACTED]	[REDACTED]	[REDACTED]	01/02/2015			View
[REDACTED]	[REDACTED]	[REDACTED]	[REDACTED]	01/02/2015			View

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Counts

Patients enrolled: 142

PSA OK letters sent: 83

PSA history

[▶ Chart](#)
[▶ HNA](#)

Add test

Test Date:

Year ▾

Month ▾



PSA Score:

☐ Undetectable

Treatment:

Brachytherapy – high dose

[▶ Add](#)
[▶ Clear](#)

Test Date

PSA Score

Treatment

10/09/2014

5

Active surveillance ▾

22/07/2013

Undetectable

Active surveillance ▾

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1

Actions & letters

☐ No action

☐ Telephone call to patient

☐ Recall to clinic

☐ Suspend patient

☐ Print reminder letter

☐ Print PSA OK letter

☐ Print PSA slightly raised letter

☐ Print recall to clinic letter

[▶ Save Changes & Actions Then Generate Letter](#)
[▶ Close Without Saving](#)

Case study 1



Background:

67 year old man

Radical prostatectomy in June 2013

G3+4 pT2c

Anxiety and depression due to recent divorce

In tracker clinic on 11 Feb 2015

PSA <0.1

Health MOT flags – Financial difficulties

Would you recall this man to clinic?



a) Yes

b) Undecided

c) No

Case study 2



Background:

Radical prostatectomy in April 2014

G3+3 pT3c

In tracker clinic on 11 Feb 2015

PSA <0.1

Health MOT flags - Frequency issues, dysuria, high temp
2/7

Would you recall this man to clinic?



a) Yes

b) Undecided

c) No

Case study 3



Background:

70 year old man

Radical prostatectomy in March 2013

G4+4 pT2b

In tracker clinic on 11 Feb 2015

PSA 0.2

Health MOT flags: None

Would you recall this man to clinic?



a) Yes

b) Undecided

c) No

Case study 4



Background:

71 year old man

EBRT on May 2014 – July 2014

G4+3 T2

In tracker clinic on 11 Feb 2015

PSA 1.5

Health MOT flags: Constipation. Recently stopped smoking.

Would you recall this man to clinic?



a) Yes

b) Undecided

c) No

Case study 5



Background:

62 year old man

Completed EBRT in Sept 2014.

G4+3 T2

In tracker clinic on 11 Feb 2015

PSA 2.1

Health MOT flags: Erectile dysfunction

Would you recall this man to clinic?



a) Yes

b) Undecided

c) No

Case study 6



Background:

65 year old man

Receiving Androgen Deprivation Therapy

Sept 2012 PSA 88 G8

July 2013 PSA <0.1

Jan 2014 PSA 1.3

July 2014 PSA 4.8

In tracker clinic on 11 Feb 2015

PSA 10.8

Health MOT flags: Hot flushes, night sweats

Would you recall this man to clinic?



a) Yes

b) Undecided

c) No

Case study 7



Background:

78 year old man

Receiving androgen deprivation therapy (from Oct 2012)

Keen gardener

In clinic on 11 Feb 2015

PSA 3.0

Bone Pain

Would you recall this man to clinic?



a) Yes

b) Undecided

c) No

Case study 8



Background:

58 year old man

Receiving androgen deprivation therapy (from March 2013)

His wife has recently passed away.

In tracker clinic on 11 Feb 2015

PSA 3.9

Health MOT Flags – Anxiety and Depression

Would you recall this man to clinic?



a) Yes

b) Undecided

c) No

Case study 9



Background:

67 year old man

Brachytherapy (completed Jan 2013)

G 3 + 4

Travels a lot overseas

In tracker clinic on 11 Feb 2015

PSA 2.8

Health MOT Flags – None

Man currently in Gran Canaria

Would you recall this man to clinic?



a) Yes

b) Undecided

c) No