

DEMO: MANAGING CONFLICT

5 mins max

- 1) Choose one member of the group to play the role of facilitator (<name>), participant 1, participant 2, and participant 3.
- 2) The group role plays the following:

FACILITATOR: "What other changes did you make to your diets following diagnosis?"

PARTICIPANT 1: "I started eating a lot more fruit and veg. It gave me a dodgy tummy at first and my nurse told me to cut down – I was having 12 portions a day. Different kinds of fibre so I'm told."

PARTICIPANT 2: "My doctor told me to eat lots of pomegranate. It's supposed to prevent the cancer coming back. I drink a bottle of the juice a day, and have the seeds on salads lots."

PARTICIPANT 3: "I asked my nurse about that. She thinks it's just a con – people playing on your fears to make a bit of money".

[FREESTYLE]

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