



“My main motivation for applying for the mentoring program was to get a sense of direction on where I was going with my life after I left University. I was kind of a crossroads on going into a career in health economics or pursuing a career in enterprise. I remember filling out the form suggesting that I wasn't sure between these two options and I just wanted some guidance really on what my best course of action to do would be.”



“The main way I felt like I benefited from the program is increased confidence. I remember the first call I had with my mentor and telling him that I was interested in a couple of things and he said “oh I know a guy that does this, founded his own company in this space, I could get you in contact with him”. I remember that whole prospect seemed a little bit daunting to me at first, chatting on skype with a CEO of a company, but they were really nice and I got used to it. I slowly built a network with other people that had started their own company and I just felt a lot more comfortable chatting to people in a professional setting.”



“The thing I enjoyed most about participating in the program was building a professional relationship with my mentor. It was nice to just feel like somebody wanted to invest their time and efforts into me and that's what I really got out of this programme.”



“Yes absolutely, I would definitely recommend this program to a friend. I feel like I have a lot of friends who would have benefited immensely from participating in this program because I think a lot of people that I know have got to the end of uni and are still unsure as to what they want to do. If you do know what it is you want to do you can start to build a network in that area, and I think that is hugely beneficial. So I think anyone can benefit from participating in the mentoring scheme.”

Mark won the Employability Excellence Award for Personal Development following his participation in the Career Mentoring Programme.

