

UHS living with COVID-19 guidance

August 2022



As we continue to live with COVID-19 and other viruses in general circulation, it is important that we all continue to take measures to keep ourselves, our colleagues, patients and visitors safe. As a result, we still have some activities that remain restricted. This document sets out what they are, what our current position on each activity is, a review date and any further relevant infection control measures. We all must continue to adopt good infection control practice at all times to keep our hospital community safe. These include: wearing of face masks in our hospital buildings, hand hygiene, enhanced ventilation by opening doors and windows, maintaining distance from others wherever possible, avoid overcrowding in rooms and spaces and regular cleaning of surfaces/shared equipment. Guidance updates are dependent on the publication of new national guidance and hospital and community prevalence

<p>Activity</p> <p>What the activity is and why it is important to our hospital's staff and patients.</p>	<p>Current position and review date</p> <p>What the guidance is now as of August 2022 and if applicable, when it will be reviewed next</p>	<p>Infection Prevention</p> <p>Measures we can take to reduce the spread of COVID-19 and other viruses and keep each other safe during the activity</p>
<div data-bbox="365 549 566 751" data-label="Image"> </div> <p>Visiting on site</p> <p>Restricted visiting policies have adversely impacted on patients, families and ward/clinical staff.</p>	<p>All inpatients can have two visitors at the bedside, for one hour, once per day (between 2pm and 8pm).</p> <p>Patients attending outpatients and the emergency dept can be accompanied by one person.</p> <p>Up to 3 visitors for compassionate visitation (refer to visiting policy for full detail, including carers visitation)</p>	<p>Visitor requirements:</p> <ul style="list-style-type: none"> • Mask wearing. • Hand hygiene. • Maintain physical distancing from other patients and staff. • No COVID symptoms or other respiratory symptoms; no recent history (last 10 days) of contact with symptomatic or positive household case, or a positive test for COVID-19. <p>(refer to visiting policy for full detail)</p>
<div data-bbox="365 842 566 1078" data-label="Image"> </div> <p>Volunteers on site</p> <p>Volunteers make a real difference to the experience of our patients, staff and visitors - providing services that enhance the care and support of patients; supporting staff and visitors; and our charities.</p>	<p>Ongoing phased re-introduction of volunteer/volunteering activities will be undertaken as agreed by the infection prevention and control team and voluntary services management.</p> <p>No access to Covid high risk areas for example, positive or contact bays.</p>	<p>Hand hygiene. Mask wearing. Routine lateral flow testing. No COVID symptoms or other respiratory symptoms; no recent history (last 10 days) of contact with symptomatic or positive household case, or a positive test for COVID-19. Follow UHS approved staff risk assessment matrix.</p>
<div data-bbox="365 1230 566 1469" data-label="Image"> </div> <p>Home working</p> <p>The Trust will be supporting agile working (combination of at home and onsite).</p>	<p>Agile working project being undertaken within the Trust and information will be communicated at a future date regarding staff returning to work onsite.</p>	<p>Hand hygiene. Mask wearing. Good natural or mechanical ventilation – Enhance ventilation in areas by opening doors and windows. Maintaining distance from others wherever possible. Avoid overcrowding in rooms and spaces. Regular cleaning of surfaces/shared equipment. Routine lateral flow testing. No COVID symptoms or other respiratory symptoms; no recent history (last 10 days) of contact with symptomatic or positive household case, or a positive test for COVID-19.</p>



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<div data-bbox="362 459 573 687" data-label="Image"> <p>Face to face meetings</p> </div> <p>Face to face meetings are important for building relationships among our staff and patients. Training/education takes priority for rooms bookings. Face to face interviews can be undertaken virtually.</p>	<p>Only for essential review of skills that require face to face contact.</p> <p>DATE OF NEXT REVIEW: w/c 5 September 2022</p>	<p>Mask wearing. Good natural or mechanical ventilation. Cleaning of surfaces/shared equipment. Essential need to do face to face- requires physical interaction. Hand hygiene. Lateral flow test on day of interview.</p> <p>No COVID symptoms or other respiratory symptoms; no recent history (last 10 days) of contact with symptomatic or positive household case, or a positive test for COVID-19</p>
<div data-bbox="353 831 562 1102" data-label="Image"> <p>Company Reps on site</p> </div> <p>The presence of company reps onsite are considered beneficial if they are deemed critical for a procedure or if they are supporting the trust/services in training or assurance activities.</p>	<p>Company representatives are permitted on site in the following situations:</p> <p>If the representative is deemed to be a critical requirement for a procedure. If the representative is delivering training, product implementation or auditing. No other activities permitted and should be undertaken virtually. The representative must only be on site for the purpose of their visit and not visit other areas.</p> <p>Attendance on site must be pre-arranged.</p> <p>DATE OF NEXT REVIEW: w/c 5 September 2022</p>	<p>Mask wearing. Hand hygiene. Maintaining distance from others wherever possible. Lateral flow testing on day of visit.</p> <p>No COVID symptoms or other respiratory symptoms; no recent history (last 10 days) of contact with symptomatic or positive household case, or a positive test for COVID-19.</p>
<div data-bbox="360 1238 557 1461" data-label="Image"> <p>On site exercise</p> </div> <p>Exercise is an important method of improving the mental and physical wellbeing of our staff.</p>	<p>EFFECTIVE: w/c 8 August 2022</p> <p>No staff exercise classes running. Continue online or at external/outside venues.</p> <p>EFFECTIVE: w/c 26 September 2022</p> <p>Staff exercise classes permitted onsite.</p>	<p>Hand hygiene. Good natural or mechanical ventilation – Enhance ventilation in areas by opening doors and windows. Maintaining distance from others wherever possible. Avoid overcrowding in rooms and spaces. Regular cleaning of surfaces/shared equipment. Routine lateral flow testing.</p> <p>No COVID symptoms or other respiratory symptoms; no recent history (last 10 days) of contact with symptomatic or positive household case, or a positive test for COVID-19.</p>



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<div data-bbox="360 587 577 847" data-label="Image"> <p>On site conferences</p> </div> <p>On site conferences will support personal, professional and service development and networking.</p>	<p>EFFECTIVE: w/c 5 September 2022</p> <p>Face to face conferences will be permitted onsite. When planning conferences, organisers must plan for both a physical and virtual option in the event of needing to cancel the face-to-face option at short notice. Room/space is not required for other essential activity/purpose.</p>	<p>Mask wearing. Hand hygiene. Good natural or mechanical ventilation – Enhance ventilation in areas by opening doors and windows. Maintaining distance from others wherever possible. Avoid overcrowding in rooms and spaces. Regular cleaning of surfaces/shared equipment. Routine lateral flow testing. No COVID symptoms or other respiratory symptoms. No recent history (last 10 days) of contact with symptomatic or positive household case, or a positive test for COVID-19.</p>
<div data-bbox="360 975 577 1219" data-label="Image"> <p>Filming on site</p> </div> <p>Filming/photography on site is recognised as required to support some Trust activity. Where it isn't possible to use alternatives such as Teams for interviews or locations off site/outdoors, consideration will be given to allowing filming on site that is aligned to Trust priorities and are also both agreed by the comms team and assessed by the IPT.</p>	<p>Limited onsite filming permitted on a case by case basis as agreed directly with both the IPC and communications team.</p> <p>DATE OF NEXT REVIEW: w/c 1 September 2022.</p>	<p>Consideration must be taken regarding the impact of bringing additional personnel on site in terms of available space etc. The numbers must be kept to a minimum and must only be on site for the purpose of their visit and not visit other areas. Attendance on site must be pre-arranged with the communications team and chaperoning must be in place. Time on site must be kept to a minimum. Access routes in and out to include least contact with clinical / patient facing areas as possible. Mask wearing. Hand hygiene. Lateral flow testing on day of visit. No COVID symptoms or other respiratory symptoms; no recent history (last 10 days) of contact with symptomatic or positive household case, or a positive test for COVID-19</p>