A blue outline of a lungs

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Description automatically generated**Are you interested in COPD and respiratory health?**

**We’re looking for a public contributor to help us research a new smartphone app for patients.**

**What are we doing?**

Chronic Obstructive Pulmonary Disease (COPD) is a common lung condition caused by smoking and other harmful substances in the air. COPD cannot be cured, but it can be managed with the right medication, but it is important for doctors to regularly review patients’ symptoms and prescribe the most appropriate medication to improve patients’ quality of life. The mySmartCOPD study is investigating a new COPD medication management system smartphone app, to see how it can help doctors prescribe the best available medication for patients and how this can improve the lives of people with COPD.

**How could you help?**

We’re looking for 2 public contributors with personal experience of COPD or other respiratory conditions, or a family member/carer of someone with the condition, to join the mySmartCOPD Trial Management Group or Trial Steering Committee.

**What do these roles involve?**

**Trial Management Group (TMG):**

* Attending TMG meetings approximately by video call or in person.
* Reviewing patient facing documentation.
* Providing insight into patients lived experience of the disease to help recruitment and retention of participants.

**Trial Steering Committee (TSC):**

* Attending TSC meetings approximately every 6 months by video call or in person.
* Helping the TSC to assess the progress of the trial in line with the trial protocol and highlighting any concerns for patient wellbeing, safety or quality of life.
* Providing insight into patients lived experience of the disease to help recruitment and retention of participants.

**How will we support you?**

You will be provided with an outline of the trial and offered an introductory meeting with the trial manager. The trial team will support you throughout your role. You will be reimbursed for your time in line with NIHR guidelines and the SCTU PPI Payment Policy.

**If you are interested in these roles or have any questions, please email Wendy O’Brien, Senior Trial Manager –** [**mysmartcopd@soton.ac.uk**](mailto:mysmartcopd@soton.ac.uk)