



# **Teachers & Advisers Conference 2025**

## **Occupational Therapy & Physiotherapy**

# ALLIED HEALTH PROFESSIONS (AHPs)

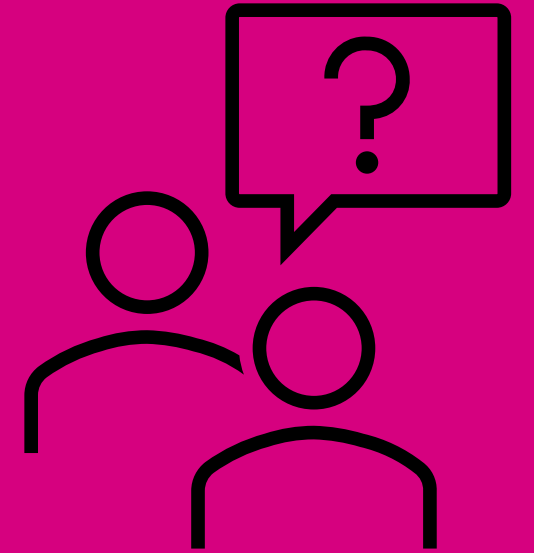


- + AHPs are the third largest clinical workforce in health and care settings.
- + They are degree level educated and are professionally autonomous practitioners.
- + There are currently 14 registerable titles for AHPs.
- + AHPs provide system-wide care to assess, treat, diagnose, and discharge patients across social care, housing, education, and independent and voluntary sectors.
- + Through adopting a holistic approach to healthcare, AHPs can help manage patients' care throughout the life course from birth to palliative care.
- + Their focus is on prevention and improvement of health and wellbeing to maximise the potential for individuals to live full and active lives within their family circles, social networks, education, training, and the workplace.

**Find out more  
here...**



**What image do you have in your head  
when you think of a Physiotherapist?**





# Physiotherapy

## What we do

- + Function, movement, wellbeing and quality of life
- + Whole-person approach
- + Physical activity, movement, exercise and manual therapy
- + Education and behaviour change
- + Prevention and rehabilitation







# Physiotherapy

## Desirable skills and values

- + Good critical thinker and problem solver
- + Effective listener and communicator
- + Empathetic and able to motivate people
- + Inclusive and respectful of individual differences
- + Happy to get hands-on with patient's
- + Have good organisation and prioritisation skills
- + Work well in a team



***“Occupational Therapy, supporting people to develop the skills they need, to live the life they want”***





What does 'occupation'  
mean?

Occupation refers to the  
everyday activities we do to  
look after ourselves and that  
give a sense of purpose to our  
lives.








## What do occupational therapists do?

We try to look at the world through the eyes of other people, focus on the areas of life they find difficult or challenging, then help them find a way to overcome those challenges.

**It's all about problem-solving, creativity and working with an individual to:**

-  Understand what they want to achieve
-  Get to grips with the issues they face
-  Work with them to find out what kind of support they need

# THANK YOU FOR LISTENING!

Any questions?

**Our programmes & information about application:**

- ✓ [www.soton.ac.uk/healthsciences](http://www.soton.ac.uk/healthsciences)
- ✓ [AdmissionsUG.ELS@soton.ac.uk](mailto:AdmissionsUG.ELS@soton.ac.uk)
- ✓ Tel: 023 8059 5500



## WHAT'S NEXT?

- + 3pm - 3.15pm (67/1037): Audiology (15 minutes)
- + Enjoy your sessions!