Programme Specification

Public Health (2021-22)

This specification provides a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve and demonstrate if s/he takes full advantage of the learning opportunities that are provided.

| Awarding Institution | University of Southampton |
| Teaching Institution | University of Southampton |
| Mode of Study       | Full-time                 |
| Duration in years   | 1                         |
| Accreditation details | Association for Nutrition
                        | International Union for Health Promotion and Education |

| Final award       | Master of Science (MSc) |
| Name of Award     | Public Health
                  | General
                  | Global Health
                  | Intelligence
                  | Management
                  | Nutrition |

| Interim Exit awards | Postgraduate Certificate in Higher Education
                        | Postgraduate Diploma in Higher Education |

| FHEQ level of final award | Level 7 |
| UCAS code                | 5242(FT) 5243(Nutrition FT) 6161(Intelligence FT) 6162(Global Health FT) 6163(Management FT) 5381(PT) 5382(Nutrition PT) 6164(Global Health PT) 6165(Intelligence PT) 6166(Management PT) |

| QAA Subject Benchmark or other external reference | Master’s Degree Characteristics 2016 |
| Programme Lead | Penelope Nestel |

Programme Overview

Brief outline of the programme

This programme is delivered by three Faculties: Medicine; Environmental and Life Sciences; and Social Sciences to combine expertise in public health, demography, global health, health geography, and management. It is the key taught programme under the University Population Health Strategic Research Group that is led by the Faculties of Medicine and Social Sciences. This cross Faculty Masters programme provides you with both a broad public health learning experience and supports the development of specialist expertise. It supports a ‘generic’ route for anyone working in public health enabling them to gain a sound foundation in the subject. Alongside this will be opportunities for you to gain specialist knowledge and skills within particular public health fields specifically nutrition, intelligence that includes health geography, global health and management. The programme also aims to support the careers of aspiring public health researchers and programme staff will actively encourage application for a PhD.

Both the programme and pathways focus on improving the health and wellbeing of populations, which includes preventing health problems before they occur and reducing health inequalities. Public health professionals apply core competences from epidemiology and social sciences to develop, implement and evaluate evidence-based
programmes to improve health and wellbeing. They are also concerned with equity, quality, effectiveness, cost effectiveness and accessibility of health care and will become involved in policy and strategy development, particularly where this impacts on community health and wellbeing.

Your contact hours will vary depending on your module/option choices. Full information about contact hours is provided in individual module profiles.

**Learning and teaching**

You will have the opportunity to debate contemporary public health issues with leading experts in the field of public health. Furthermore, you will have access to international researchers in life course epidemiology; geographical aspects of health; health inequalities; health management; maternal and child health; and nutrition that will provide you with insight into a wide range of public health disciplines both in the UK and internationally. Learning opportunities will illustrate that public health is a complex process that requires a multidisciplinary approach taking account of the social, political and economic factors that influence health.

You will be taught using adult learning methods throughout and an emphasis is placed on interactive learning, including seminars, group work, practical demonstrations and discussions surrounding interpretation of data and public health scenarios to reinforce learning. These methods are designed to enable you to integrate theory and practice, to foster a spirit of enquiry, promote collaborative learning and meet a range of learner needs and styles. You will also learn with and from other students with different backgrounds, sharing diverse experiences from a range of health systems around the world. The course will facilitate you to value, recognise and build on your current experience, enabling you to develop transferable knowledge, understanding and the skills to deliver evidence-based public health interventions at individual, community and population levels.

The MSc Public Health is informed by the public health standards of the Faculty of Public Health*, the UK Public Health Register and the International Union for Health Promotion and Education. The MSc Public Health (Nutrition) is informed by the public health nutrition proficiencies of the Association for Nutrition. These standards and proficiencies encompass the competencies, knowledge, understanding and attitudes required to meet the purpose of public health.

*The programme maps against the following key areas: surveillance and assessment of the population’s health and wellbeing; assessing the evidence of effectiveness of health and healthcare interventions, programmes and services; policy and strategy development and implementation; strategic leadership and collaborative working for health; and health improvement. Option modules also map against key areas of public health intelligence and academic public health.

**Assessment**

The type of assessment varies across modules depending on specific learning outcomes and key skills. Your knowledge and understanding will be assessed through a combination of formative and summative assessments according to the assessment guidelines within the module profile. The assessment methods are designed to help you integrate theory and practice, maximise your skills of critical thinking and analysis, and develop your understanding of public health. Your study is assessed by assignments, oral presentations, interdisciplinary group work and translational assessments, which allow you to translate your learning into practice. The dissertation has five options; empirical research, audit, service evaluation, needs assessment or systematic review. The assessment methods enable you to demonstrate achievement of the programme learning outcomes as you progress through each module on your pathway.

**Special Features of the programme**

The programme will be delivered by faculties at the forefront of their respective academic disciplines and professions who have domestic and/or international experience in public health. In addition, the dissertation module allows you to develop and undertake a research project with experts in the field.

The programme has also been designed to support you to prepare to apply to join a professional register, either as public health specialists or advanced practitioners or as associate registered (public health) nutritionists, or to demonstrate advancing or continuing professional development. The curriculum design emphasises experiential learning to develop core public health competences, and values are developed and reinforced throughout. Through the professional development strand, you will be required to produce three reflective accounts to evidence development in the core public health competencies. These will be assessed and must be passed to obtain your exit award. You will be supported to gain insight into your abilities and how to evidence your skills, and inspired to be committed to being a life-long learner to continuously develop your professional practice.

**Please note:** As a research-led University, we undertake a continuous review of our programmes to ensure quality enhancement and to manage our resources. As a result, this programme may be revised during a
student’s period of registration; however, any revision will be balanced against the requirement that the student should receive the educational service expected. Please read our Disclaimer to see why, when and how changes may be made to a student’s programme.

Programmes and major changes to programmes are approved through the University's programme validation process which is described in the University's Quality handbook.

**Educational Aims of the Programme**

The aims of the programme are to develop your intellectual and practical skills in the core areas of public health that meet the needs of employers so as to maximise your opportunities for employment be it as a practitioner or researcher. These are to:

a) Provide opportunities for you to develop mastery in public health through advancing your analytical skills, public health knowledge and communication skills.

b) Provide you with the opportunity to specialise in a pathway, namely global health, intelligence, nutrition or management.

c) Prepare you to lead teams and individuals, build healthy alliances, develop capacity and capability and work in partnership with other practitioners and agencies to improve health and wellbeing.

d) Enable you to promote the health of populations by influencing lifestyle through health promotion directed towards populations, communities and individuals.

e) Enable you to prevent ill-health through risk assessment and the promotion and implementation of evidence-based interventions.

f) Enable you to use or evaluate research utilising sound methodological principles that are appropriate to public health.

g) Provide you with public health tools, skills and understanding of concepts and terms that will support effective public health practice.

**Programme Learning Outcomes**

**Knowledge and Understanding**

On successful completion of this programme you will have knowledge and understanding of:

A1. The epidemiological principles and methods that underpin identification of the burden and determinants of ill health.

A2. The nature of inequalities in health and wellbeing.

A3. The evidence that underpins effective and cost effective public health (pathway) interventions and services and how to use quantitative and qualitative research methods to develop the evidence base.

A4. The assessment of health and wellbeing; including approaches to identifying and measuring risk and the communication of risk.

A5. The process of developing policy and strategy; understanding the impact of contemporary policies and strategies on population health and wellbeing. This includes designing baseline assessment and Theory of Change and Logical framework tools for evaluating public health indicators and relevant policies and programmes.

A6. The organisation and development of services or programmes and their evaluation.

A7. The principles and methods of partnership and collaborative working to improve health and wellbeing.

A8. Frameworks and theories for managing change at individual, community, population and organisational levels of working.

A9. Understand how to manage knowledge gaps and uncertainty in the evidence-base.

A10. (For Global Health only) Scientifically evaluate and explain global health issues and challenges from a multidisciplinary perspective.

A11. (For Global Health only) Appraise the impact of different health systems on global health issues.

A12. (For Intelligence only) Demonstrate understanding of the practical implications of managing and analysing health data.
A13. (For Intelligence only) Retrieve, format, input, integrate and organise data from multiple sources in a Geographical Information Systems (GIS).

A14. (For Intelligence only) Conduct spatial data analyses understanding pattern in point and area-based health data; measuring and modelling need and assessing facility location and accessibility.

A15. (For Nutrition only) Develop and demonstrate a systematic understanding and a critical awareness of current food and nutrition-related public health problems relevant at the community, regional, national and international levels.

A16. (For Nutrition only) Demonstrate a comprehensive understanding of qualitative and quantitative research methodologies or methods of enquiry that are appropriate for creating and interpreting data and information, translating findings into action and developing new ideas in public health nutrition.

A17. (For Management only) Demonstrate understanding of the origin and applications of systems thinking.

A18. (For Management only) Structure decisions and explicitly account for uncertainty in the decision environment and behavioural aspects of risk.

A19. (For Management only) Explain the concepts behind health economic analysis and decision making.

Teaching and Learning Methods

To help you develop your knowledge and understanding of public health you will be exposed to a variety of methods of teaching and learning.

- The understanding of the underpinning principles of public health is acquired through lectures, group work, peer teaching, problem-solving approaches and coursework.
- Skills in applying appropriate public health principles are learned through a combination of small group work and practical sessions where you can actively apply processes.
- Knowledge of interventions and how to develop them is acquired through a combination of lectures and practical workshops.
- Innovative and relevant materials to aid self-directed learning on the application of acquired knowledge are also provided through materials. Additional support is provided by direct access to tutors as required (either by e-mail or personal communication).
- Understanding research methods and applying them to the discipline of public health is taught through interactive group work, integration with research during lectures, by planning a research project and through personal supervision and performing a dissertation project.

Assessment Methods

Your knowledge and understanding will be tested through a combination of formative and summative assessments. The variety of assessment methods employed all emphasize the requirement for you to demonstrate your skills through the production of coherent written and oral responses either to problems or set tasks. In common with all students in the Faculty you will during your studies produce several written assignments, carry out practical work, undertake multiple choice question examinations, give oral presentations and write up a dissertation, which will employ each of the listed skills.

Subject Specific Intellectual and Research Skills

On successful completion of this programme you will be able to:

B1. Critically analyse and interpret a range of data and evidence for effective public health practice.
B2. Apply your skills in qualitative and quantitative public health research.
B3. Critically appraise and apply appropriate qualitative and quantitative methods for measuring, analysing and interpreting health and wellbeing needs and outcomes.
B4. Apply programme management skills to address complex public health issues.
B5. Critically analyse the role of the community in the development of public health interventions and programmes.
B7. Reflect critically on the ethical and legal issues related to public health research and practice, including the importance of data confidentiality, disclosure, ethical dilemmas and data sharing protocols.
B9. Commit to and act within a code of professional ethics and values required for safe, effective externally
verifiable, evidence-based, professional practice.

B10. *(For Global Health only)* Explain the complex interaction of a range of individual, household and community level risk factors and determinants of disease burden and premature mortality at the global level.

B11. *(For Global Health only)* Synthesise and critically evaluate information from global health databases and relevant data sources.

B12. *(For Global Health only)* Demonstrate the practical applications of the evidence base in different contexts.

B13. *(For Intelligence only)* Retrieve, format, input, integrate and organise data from multiple sources in a GIS.

B14. *(For Intelligence only)* Conduct spatial data analyses understanding pattern in point and area-based health data; measuring and modelling need and assessing facility location and accessibility.

B15. *(For Nutrition only)* Solve public health nutrition problems systematically, informed by concepts and practices germane to the field of public health nutrition, applying an evidence-based approach.

B16. *(For Nutrition only)* Appraise the impact of policies and programmes aimed at nutrition-related health, make sound judgements in the absence of complete data and communicate findings/ conclusions clearly to specialist and non-specialist audiences, both orally and in writing.

B17. *(For Management only)* Demonstrate how soft systems methodology can be applied in Public Health settings.

B18. *(For Management only)* Analyse decision problems and apply appropriate decision making models to select Public Health strategies where there is uncertainty.

B19. *(For Management only)* Critically evaluate the role of information in improving managerial decisions.

### Teaching and Learning Methods

To help you develop your intellectual and research skills you will be exposed to a variety of methods of teaching and learning. Seminars, tutorials, discussions and problem-solving approaches will be used in addition to formal lectures. Each module involves discussion of key issues; practice in applying concepts, both orally and in writing, including analysis and interpretation of material and feedback on work produced. You will receive initial guidance on how to identify, locate and use material available in libraries and elsewhere (e.g., on the web). Comprehensive resources are provided for each topic at the outset and guidelines are provided for the production of written assignments.

### Assessment Methods

Your intellectual and research skills will be tested through a combination of formative and summative assessments. The variety of assessment methods employed all emphasize the requirement for you to demonstrate your skills through the production of coherent written and oral responses either to problems or set tasks. In common with all students in the Faculty you will during your studies produce several written assignments, carry out practical work, undertake multiple choice question examinations, give oral presentations and write up a dissertation, which will employ each of the listed skills.

### Transferable and Generic Skills

On successful completion of this programme you will be able to:

C1. Demonstrate critical thinking.

C2. Compose and communicate effectively using a range of communication methods and showing sensitivity to the specific needs of the potential audience.

C3. Compile relevant information using information technology.

C4. Demonstrate the ability to use collaboration, negotiation and influencing skills in effective and ethical ways.

C5. Construct effective relationships with others including peers, experts and lay audiences.

C6. Demonstrate an appreciation of the impact of culture, ethics and beliefs on the process and outcomes of work to improve health and wellbeing.

C7. Reflect and be self-aware, recognising your own strengths, limitations and personal and professional learning and development needs.

C8. Formulate and conduct research projects.
Teaching and Learning Methods

To help you develop your general skills you will be exposed to a range of teaching and learning methods that enhance both written and oral presentation skills, and that give you the opportunity to develop your transferable skills.

Assessment Methods

Your generic skills will be assessed throughout the programme through methods such as oral presentations, assignments, reflections and the dissertation write up.

Disciplinary Specific Learning Outcomes

On successful completion of this programme you will be able to:

E1.  *(For General, Global Health, Intelligence, Management, Nutrition only)* To demonstrate the competencies required to become an Registered member of the International Union of Health Promotion and Education, and able to undertake and evidence CPD.

E2.  *(For Nutrition only)* To demonstrate the competencies required to become an Associate registered member of the Association for Nutrition, and able to undertake and evidence CPD.

Programme Structure

The programme structure table is below:

Information about pre and co-requisites is included in individual module profiles.

Where optional modules have been specified, the following is an indicative list of available optional modules, which are subject to change each academic year. Please note in some instances modules have limited spaces available.

General Pathway

Part I
The induction week will provide you with a broad understanding of public health, its disciplines and history. Topical public health issues will be presented by keynote speakers. The three core public health modules in 'Epidemiology', 'Introduction to Statistics and SPSS' and 'Qualitative Methods for Public Health' will enable you to develop the knowledge and skills to evaluate and interpret public health research. Core modules 'Enabling Change for Health Improvement' and 'Development and Implementation of Policies and strategies' will support the advancement of knowledge and skills in a range of areas including; leadership, programme planning and working with individuals and communities, behaviour change, and evaluation. Additionally, through the professional development strand, the programme includes explicit learning about professionalism to meet standards common to Faculty of Public Health’s Good Public Health Practice, the UK Public Health Register’s Code of Conduct, the International Union for Health Promotion and Education and the Standards of Ethics, Conduct and Performance of the Association for Nutrition.

The programme is modular and may be taken on a full-time basis normally over 12 months or on a part-time basis up to a maximum of 60 months, leading to 90 ECTS (European Credit Transfer System) (180 CATS credits) at HE7 level. Further information can be found under the General Academic Regulations: [https://www.southampton.ac.uk/calendar/sectioniv/index.page](https://www.southampton.ac.uk/calendar/sectioniv/index.page).

This length of time for the part time course will allow you to study alongside your other commitments. The programme is arranged as 5 core taught module contributing to 40 ECTS, with 20 ECTS available for pathway specific core and option modules and the 30 ECTS dissertation project. Normally you will attend the University for the teaching that is delivered in 2 or 4 hour sessions over 10 weeks in semesters 1 and 2. The dissertation project requires 600 hours, with a deadline submission by mid September for full time students the following April for part time students.
All modules once selected are core. Each 10 ECTS module represents 200 hours for your learning and endeavour, with teaching where appropriate (including seminars, class presentations and class practical sessions).

This course varies from the standard University semester and term dates published in the Calendar. Term dates for this programme are published in the student handbook on Blackboard.

The structure of programmes are as per the University General Regulations found in Section IV of the University Calendar and the programme specifications. Information about pre and co-requisites is included in individual module profiles.

A range of course study materials for all of our modules are available to you via our virtual learning environment, Blackboard (www.blackboard.soton.ac.uk). This will allow you to continue your investigation in your own home and/or work environments when producing your course work. We pride ourselves on having helpful and approachable teaching and support staff and encourage you to contact us whenever support or guidance is needed.

This award is classified (pass, merit, distinction).

The following is an indicative list of available optional modules, which are subject to change each academic year. Please note in some instances modules have limited spaces available.

### Part I Core

<table>
<thead>
<tr>
<th>Code</th>
<th>Module Title</th>
<th>ECTS</th>
<th>Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>MEDI6069</td>
<td>Development and Implementation of Public Health Policies and Strategies 2021-22</td>
<td>10</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6071</td>
<td>Dissertation by Research/Professional Project 2021-22</td>
<td>30</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6072</td>
<td>Enabling Change for Health Improvement 2021-22</td>
<td>10</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6073</td>
<td>Epidemiology: Concepts, Analysis and Application 2021-22</td>
<td>10</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6228</td>
<td>Introduction to Statistics and SPSS 2021-22</td>
<td>5</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6229</td>
<td>Qualitative Methods for Public Health 2021-22</td>
<td>5</td>
<td>Core</td>
</tr>
</tbody>
</table>

### Part I Optional

Part I Optional General Option Modules
Must take up to 40 credits from the following.

Option modules are subject to timetabling availability.

<table>
<thead>
<tr>
<th>Code</th>
<th>Module Title</th>
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</tr>
</thead>
<tbody>
<tr>
<td>MEDI6066</td>
<td>Advanced Statistical Methods in Epidemiology 2021-22</td>
<td>5</td>
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</tr>
<tr>
<td>MEDI6068</td>
<td>Communicable Disease Control 2021-22</td>
<td>5</td>
<td>Optional</td>
</tr>
<tr>
<td>GEOG6061</td>
<td>Core Skills in GIS 2021-22</td>
<td>7.5</td>
<td>Optional</td>
</tr>
<tr>
<td>GLHE6001</td>
<td>Critical Issues in Global Health: Concepts and Case Studies 2021-22</td>
<td>5</td>
<td>Optional</td>
</tr>
<tr>
<td>MEDI6074</td>
<td>Food Systems 2021-22</td>
<td>5</td>
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<tr>
<td>MEDI6233</td>
<td>Health Economics for Public Health 2021-22</td>
<td>5</td>
<td>Optional</td>
</tr>
<tr>
<td>MEDI6075</td>
<td>Health Services Organisation and Evaluation 2021-22</td>
<td>5</td>
<td>Optional</td>
</tr>
</tbody>
</table>
The programme structure table is below:

Information about pre and co-requisites is included in individual module profiles.

Where optional modules have been specified, the following is an indicative list of available optional modules, which are subject to change each academic year. Please note in some instances modules have limited spaces available.

Global Health Pathway

Part I
The induction week will provide you with a broad understanding of public health, its disciplines and history. Topical public health issues will be presented by keynote speakers. The three core public health modules in ‘Epidemiology’, ‘Introduction to Statistics and SPSS’ and ‘Qualitative Methods for Public Health’ will enable you to develop the knowledge and skills to evaluate and interpret public health research. Core modules ‘Enabling Change for Health Improvement’ and ‘Development and Implementation of Policies and strategies’ will support the advancement of knowledge and skills in a range of areas including; leadership, programme planning and working with individuals and communities, behaviour change, and evaluation. Additionally, through the professional development strand, the programme includes explicit learning about professionalism to meet standards common to Faculty of Public Health’s Good Public Health Practice, the UK Public Health Register’s Code of Conduct, the International Union for Health Promotion and Education and the Standards of Ethics, Conduct and Performance of the Association for Nutrition.

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This length of time for the part time course will allow you to study alongside your other commitments. The programme is arranged as 5 core taught module contributing to 40 ECTS, with 20 ECTS available for pathway specific core and option modules and the 30 ECTS dissertation project. Normally you will attend the University for the teaching that is delivered in 2 or 4 hour sessions over 10 weeks in semesters 1 and 2. The dissertation project requires 600 hours, with a deadline submission by mid September for full time students the following April for part time students.

All modules once selected are core. Each 10 ECTS module represents 200 hours for your learning and endeavour, with teaching where appropriate (including seminars, class presentations and class practical sessions).

This course varies from the standard University semester and term dates published in the Calendar. Term dates for this programme are published in the student handbook on Blackboard.

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This award is classified (pass, merit, distinction).

The following is an indicative list of available optional modules, which are subject to change each academic year. Please note in some instances modules have limited spaces available.

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<tr>
<td>GLHE6001</td>
<td>Critical Issues in Global Health: Concepts and Case Studies 2021-22</td>
<td>5</td>
<td>Core</td>
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<td>MEDI6069</td>
<td>Development and Implementation of Public Health Policies and Strategies 2021-22</td>
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<td>MEDI6228</td>
<td>Introduction to Statistics and SPSS 2021-22</td>
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<tr>
<td>GLHE6002</td>
<td>Methods and Analysis of Global Health Trends and Differentials 2021-22</td>
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<tr>
<td>MEDI6229</td>
<td>Qualitative Methods for Public Health 2021-22</td>
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</table>

Part I Optional

Part I Optional Global Health Option Modules
Over the course of the programme, you may only select 1 module from the following modules.

Option modules are subject to timetabling availability.

<table>
<thead>
<tr>
<th>Code</th>
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<tr>
<td>MEDI6068</td>
<td>Communicable Disease Control 2021-22</td>
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<tr>
<td>DEMO6023</td>
<td>Population, Poverty &amp; Policy 2021-22</td>
<td>5</td>
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Intelligence Pathway

Part I
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</tr>
<tr>
<td>MEDI6073</td>
<td>Epidemiology: Concepts, Analysis and Application 2021-22</td>
<td>10</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6228</td>
<td>Introduction to Statistics and SPSS 2021-22</td>
<td>5</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6229</td>
<td>Qualitative Methods for Public Health 2021-22</td>
<td>5</td>
<td>Core</td>
</tr>
</tbody>
</table>

### Part I Optional

#### Part I Optional Intelligence Option Modules

Over the course of your programme, you may only select 1 module from the following.

Option modules are subject to timetabling availability.

<table>
<thead>
<tr>
<th>Code</th>
<th>Module Title</th>
<th>ECTS</th>
<th>Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>GEOG6094</td>
<td>GIS for Analysis of Health 2021-22</td>
<td>7.5</td>
<td>Optional</td>
</tr>
<tr>
<td>GEOG6096</td>
<td>GIS for Healthcare Management 2021-22</td>
<td>7.5</td>
<td>Optional</td>
</tr>
</tbody>
</table>
Part I Optional Intelligence Option Modules 2
Over the course of your programme, you may only select 1 module from the following.

Option modules are subject to timetabling availability.

<table>
<thead>
<tr>
<th>Code</th>
<th>Module Title</th>
<th>ECTS</th>
<th>Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>MEDI6233</td>
<td>Health Economics for Public Health 2021-22</td>
<td>5</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6066</td>
<td>Advanced Statistical Methods in Epidemiology 2021-22</td>
<td>5</td>
<td>Optional</td>
</tr>
</tbody>
</table>

The programme structure table is below:

Information about pre and co-requisites is included in individual module profiles.

Where optional modules have been specified, the following is an indicative list of available optional modules, which are subject to change each academic year. Please note in some instances modules have limited spaces available.

Management Pathway

Part I
The induction week will provide you with a broad understanding of public health, its disciplines and history. Topical public health issues will be presented by keynote speakers. The three core public health modules in ‘Epidemiology’, ‘Introduction to Statistics and SPSS’ and ‘Qualitative Methods for Public Health’ will enable you to develop the knowledge and skills to evaluate and interpret public health research. Core modules ‘Enabling Change for Health Improvement’ and ‘Development and Implementation of Policies and strategies’ will support the advancement of knowledge and skills in a range of areas including; leadership, programme planning and working with individuals and communities, behaviour change, and evaluation. Additionally, through the professional development strand, the programme includes explicit learning about professionalism to meet standards common to Faculty of Public Health’s Good Public Health Practice, the UK Public Health Register’s Code of Conduct, the International Union for Health Promotion and Education and the Standards of Ethics, Conduct and Performance of the Association for Nutrition.

The programme is modular and may be taken on a full-time basis normally over 12 months or on a part-time basis up to a maximum of 60 months, leading to 90 ECTS (European Credit Transfer System) (180 CATS credits) at HE7 level. Further information can be found under the General Academic Regulations: https://www.southampton.ac.uk/calendar/sectioniv/index.page.

This length of time for the part time course will allow you to study alongside your other commitments. The programme is arranged as 5 core taught module contributing to 40 ECTS, with 20 ECTS available for pathway specific core and option modules and the 30 ECTS dissertation project. Normally you will attend the University for the teaching that is delivered in 2 or 4 hour sessions over 10 weeks in semesters 1 and 2. The dissertation project requires 600 hours, with a deadline submission by mid September for full time students the following April for part time students.

All modules once selected are core. Each 10 ECTS module represents 200 hours for your learning and endeavour, with teaching where appropriate (including seminars, class presentations and class practical sessions).

This course varies from the standard University semester and term dates published in the Calendar. Term dates for this programme are published in the student handbook on Blackboard.

The structure of programmes are as per the University General Regulations found in Section IV of the University Calendar and the programme specifications. Information about pre and co-requisites is included in individual module profiles.

A range of course study materials for all of our modules are available to you via our virtual learning environment, Blackboard (www.blackboard.soton.ac.uk). This will allow you to continue your investigation in your own home and/or work environments when producing your course work. We pride ourselves on having helpful and approachable teaching and support staff and encourage you to contact us whenever support or guidance is needed.
This award is classified (pass, merit, distinction).

The following is an indicative list of available optional modules, which are subject to change each academic year. Please note in some instances modules have limited spaces available.

<table>
<thead>
<tr>
<th>Code</th>
<th>Module Title</th>
<th>ECTS</th>
<th>Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>MEDI6069</td>
<td>Development and Implementation of Public Health Policies and Strategies 2021-22</td>
<td>10</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6071</td>
<td>Dissertation by Research/Professional Project 2021-22</td>
<td>30</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6072</td>
<td>Enabling Change for Health Improvement 2021-22</td>
<td>10</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6073</td>
<td>Epidemiology: Concepts, Analysis and Application 2021-22</td>
<td>10</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6233</td>
<td>Health Economics for Public Health 2021-22</td>
<td>5</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6075</td>
<td>Health Services Organisation and Evaluation 2021-22</td>
<td>5</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6228</td>
<td>Introduction to Statistics and SPSS 2021-22</td>
<td>5</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6229</td>
<td>Qualitative Methods for Public Health 2021-22</td>
<td>5</td>
<td>Core</td>
</tr>
<tr>
<td>MANG6134</td>
<td>Risk Taking and Decision Making 2021-22</td>
<td>7.5</td>
<td>Core</td>
</tr>
<tr>
<td>MANG6037</td>
<td>Systems Thinking 2021-22</td>
<td>3.75</td>
<td>Core</td>
</tr>
</tbody>
</table>

The programme structure table is below:

Information about pre and co-requisites is included in individual module profiles.

Where optional modules have been specified, the following is an indicative list of available optional modules, which are subject to change each academic year. Please note in some instances modules have limited spaces available.

**Nutrition Pathway**

**Part I**

The induction week will provide you with a broad understanding of public health, its disciplines and history. Topical public health issues will be presented by keynote speakers. The three core public health modules in ‘Epidemiology’, ‘Introduction to Statistics and SPSS’ and ‘Qualitative Methods for Public Health’ will enable you to develop the knowledge and skills to evaluate and interpret public health research. Core modules ‘Enabling Change for Health Improvement’ and ‘Development and Implementation of Policies and strategies’ will support the advancement of knowledge and skills in a range of areas including; leadership, programme planning and working with individuals and communities, behaviour change, and evaluation. Additionally, through the professional development strand, the programme includes explicit learning about professionalism to meet standards common to Faculty of Public Health’s Good Public Health Practice, the UK Public Health Register’s Code of Conduct, the International Union for Health Promotion and Education and the Standards of Ethics, Conduct and Performance of the Association for Nutrition.

The programme is modular and may be taken on a full-time basis normally over 12 months or on a part-time basis up to a maximum of 60 months, leading to 90 ECTS (European Credit Transfer System) (180 CATS credits) at HE7 level. Further information can be found under the General Academic Regulations: [https://www.southampton.ac.uk/calendar/sectioniv/index.page](https://www.southampton.ac.uk/calendar/sectioniv/index.page).

This length of time for the part time course will allow you to study alongside your other commitments. The programme is arranged as 5 core taught module contributing to 40 ECTS, with 20 ECTS available for pathway specific core and option modules and the 30 ECTS dissertation project. Normally you will attend the University.
for the teaching that is delivered in 2 or 4 hour sessions over 10 weeks in semesters 1 and 2. The dissertation project requires 600 hours, with a deadline submission by mid September for full time students the following April for part time students.

All modules once selected are core. Each 10 ECTS module represents 200 hours for your learning and endeavour, with teaching where appropriate (including seminars, class presentations and class practical sessions).

This course varies from the standard University semester and term dates published in the Calendar. Term dates for this programme are published in the student handbook on Blackboard.

The structure of programmes are as per the University General Regulations found in Section IV of the University Calendar and the programme specifications. Information about pre and co-requisites is included in individual module profiles.

A range of course study materials for all of our modules are available to you via our virtual learning environment, Blackboard (www.blackboard.soton.ac.uk). This will allow you to continue your investigation in your own home and/or work environments when producing your course work. We pride ourselves on having helpful and approachable teaching and support staff and encourage you to contact us whenever support or guidance is needed.

This award is classified (pass, merit, distinction).

The following is an indicative list of available optional modules, which are subject to change each academic year. Please note in some instances modules have limited spaces available.

**Part I Core**

<table>
<thead>
<tr>
<th>Code</th>
<th>Module Title</th>
<th>ECTS</th>
<th>Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>MEDI6067</td>
<td>Assessment of Nutritional Status 2021-22</td>
<td>10</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6069</td>
<td>Development and Implementation of Public Health Policies and Strategies 2021-22</td>
<td>10</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6071</td>
<td>Dissertation by Research/Professional Project 2021-22</td>
<td>30</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6072</td>
<td>Enabling Change for Health Improvement 2021-22</td>
<td>10</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6073</td>
<td>Epidemiology: Concepts, Analysis and Application 2021-22</td>
<td>10</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6074</td>
<td>Food Systems 2021-22</td>
<td>5</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6228</td>
<td>Introduction to Statistics and SPSS 2021-22</td>
<td>5</td>
<td>Core</td>
</tr>
<tr>
<td>MEDI6229</td>
<td>Qualitative Methods for Public Health 2021-22</td>
<td>5</td>
<td>Core</td>
</tr>
</tbody>
</table>

**Part I Optional**

**Part I Optional Nutrition Option Modules**

Over the course of your programme, you may only select one of the following modules.

Option modules are subject to timetabling availability

<table>
<thead>
<tr>
<th>Code</th>
<th>Module Title</th>
<th>ECTS</th>
<th>Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>MEDI6233</td>
<td>Health Economics for Public Health 2021-22</td>
<td>5</td>
<td>Optional</td>
</tr>
<tr>
<td>MEDI6076</td>
<td>Nutrition in Emergencies 2021-22</td>
<td>5</td>
<td>Optional</td>
</tr>
</tbody>
</table>
Progression Requirements
The programme follows the University's regulations for *Progression, Determination and Classification of Results: Undergraduate and Integrated Masters Programmes* or *Progression, Determination and Classification of Results: Postgraduate Master's Programmes*. Any exemptions or variations to the University regulations, approved by AQSC are located in *section VI of the University Calendar*.

Support for student learning
There are facilities and services to support your learning some of which are accessible to students across the University and some of which will be geared more particularly to students in your particular Faculty or discipline area.

The University provides:
- library resources, including e-books, on-line journals and databases, which are comprehensive and up-to-date; together with assistance from Library staff to enable you to make the best use of these resources
- high speed access to online electronic learning resources on the Internet from dedicated PC Workstations onsite and from your own devices; laptops, smartphones and tablet PCs via the Eduroam wireless network. There is a wide range of application software available from the Student Public Workstations.
- computer accounts which will connect you to a number of learning technologies for example, the Blackboard virtual learning environment (which facilitates online learning and access to specific learning resources)
- standard ICT tools such as Email, secure filestore and calendars.
- access to key information through the MySouthampton Student Mobile Portal which delivers timetables, Module information, Locations, Tutor details, Library account, bus timetables etc. while you are on the move.
- IT support through a comprehensive website, telephone and online ticketed support and a dedicated helpdesk in the Hartley Library.
- Enabling Services offering support services and resources via a triage model to access crisis management, mental health support and counselling. Support includes daily Drop In at Highfield campus at 13.00 – 15.00 (Monday, Wednesday and Friday out of term-time) or via on-line chat on weekdays from 14.00 – 16.00. Arrangements can also be made for meetings via Skype.
- assessment and support (including specialist IT support) facilities if you have a disability, long term health problem or Specific Learning Difficulty (e.g. dyslexia)
- the Student Services Centre (SSC) to assist you with a range of general enquiries including financial matters, accommodation, exams, graduation, student visas, ID cards
- Career and Employability services, advising on job search, applications, interviews, paid work, volunteering and internship opportunities and getting the most out of your extra-curricular activities alongside your degree programme when writing your CV.
- Other support that includes health services (GPs), chaplaincy (for all faiths) and 'out of hours' support for students in Halls and in the local community (18.00-08.00).
- A Centre for Language Study, providing assistance in the development of English language and study skills for non-native speakers.

The Students' Union provides
- an academic student representation system, consisting of Course Representatives, Academic Presidents, Faculty Officers and the Vice-President Education; SUSU provides training and support for all these representatives, whose role is to represent students' views to the University.
- opportunities for extracurricular activities and volunteering
- an Advice Centre offering free and confidential advice including support if you need to make an academic appeal
- Support for student peer-to-peer groups, such as Nightline.

Associated with your programme you will be able to access:
- An induction week for orientation to the programme.
- Student module information, timetables and assessment guidelines and regulations.
- An introduction to the library and Information Technology.
- Opportunities to learn from a wide range of health professionals, researchers and lecturers.
- A personal academic tutor who will be allocated soon after arrival and offer one-to-one support and advice throughout your time at the University, and support you in your studies or with other issues you may have.
- The Faculty Post Graduate Taught Senior Tutor for all pastoral matters.
- The International Officer.
- The Module Leaders who are academic members of staff, who will be responsible for overseeing your progress throughout the module.
- The Programme Leader, who will be responsible for overseeing your progress throughout your programme and will be responsible for the overall management of the Programme and for any student issues
outside the remit of or referred by the module leaders, dissertation supervisors or personal academic tutors.

- In consultation with the Module Leader you will identify, or you will be allocated, a supervisor for your Dissertation. In addition, you may also seek a mentor who is not a University employee but is an expert in your field of study.

**Methods for evaluating the quality of teaching and learning**

You will have the opportunity to have your say on the quality of the programme in the following ways:

- Completing student evaluation questionnaires for each module of the programme.
- Acting as a student representative on various committees, e.g. Staff/Student Liaison Committees, School Programmes Committee OR providing comments to your student representative to feedback on your behalf.
- Serving as a student representative on Faculty Scrutiny Groups for programme validation.
- Taking part in programme validation meetings by joining a panel of students to meet with the Faculty Scrutiny Group.

Further details on the University's quality assurance processes are given in the *Quality handbook*.

**Career Opportunities**

The learning outcomes for this programme and its pathways will enable you to demonstrate competences that you will need for the practice of public health, at middle or senior levels, providing leadership and management in public health for national or global governmental or non-governmental organisations.

**External Examiner(s) for the programme**

Name: Dr Roger Harrison - University of Manchester

Students must not contact External Examiner(s) directly, and external examiners have been advised to refer any such communications back to the University. Students should raise any general queries about the assessment and examination process for the programme with their Course Representative, for consideration through Staff: Student Liaison Committee in the first instance, and Student representatives on Staff: Student Liaison Committees will have the opportunity to consider external examiners' reports as part of the University's quality assurance process.

External examiners do not have a direct role in determining results for individual students, and students wishing to discuss their own performance in assessment should contact their Personal Academic Tutor in the first instance.

**Please note:** This specification provides a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve and demonstrate if they take full advantage of the learning opportunities that are provided. More detailed information can be found in the programme handbook.
Appendix 1:

Students are responsible for meeting the cost of essential textbooks, and of producing such essays, assignments, laboratory reports and dissertations as are required to fulfil the academic requirements for each programme of study. In addition to this, students registered for this programme also have to pay for:

Additional Costs

<table>
<thead>
<tr>
<th>Type</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other</td>
<td>Students are responsible for meeting the cost of essential textbooks, and of producing such essays, assignments, laboratory reports and dissertations as are required to fulfil the academic requirements for each programme of study. In addition to this, students registered for this programme typically also have to pay for:</td>
</tr>
<tr>
<td></td>
<td>• Printing and photocopying costs (such as printing coursework for submission, printing and binding dissertations or theses, academic poster printing).</td>
</tr>
<tr>
<td></td>
<td>• Typing costs.</td>
</tr>
<tr>
<td></td>
<td>• Travel costs for trips and to and from the University and various campus locations (including travel insurance).</td>
</tr>
<tr>
<td></td>
<td>• Parking costs (including on placements at hospitals).</td>
</tr>
<tr>
<td></td>
<td>• Replacing lost student ID cards.</td>
</tr>
<tr>
<td></td>
<td>• Costs of attending a graduation ceremony (e.g. hiring a gown for graduation).</td>
</tr>
</tbody>
</table>

In some cases you’ll be able to choose modules (which may have different costs associated with that module) which will change the overall cost of a programme to you. Details of such costs will be listed in the Module Profile. Please also ensure you read the section on additional costs in the University’s Fees, Charges and Expenses Regulations in the University Calendar available at [www.calendar.soton.ac.uk](http://www.calendar.soton.ac.uk).