

Addendum to the Programme Specification

8455 PG Dip CBT (Anxiety and Depression) IAPT

This Addendum has been produced to highlight the key changes made to the existing Programme Specification as a result of the University's response to the Covid-19 Pandemic. You should read it in conjunction with the relevant Programme Specification from the year you started your programme.

[Programme Specification for entry in 2020-21](#)

University level information

In view of COVID-19, the University has had to make changes to some elements of programme delivery for 2020-21. These changes have included the method of delivery, such as face-to-face and online, and the number of modules available.

The University aims to provide as much of a face-to-face component to your education as prevailing conditions at the time allow, combined with its new blended approach that will develop active independent and group online learning.

As the COVID-19 pandemic develops, the University's response to this and other issues may likewise need to evolve. The University will consult with student representatives as necessary and appropriate and will communicate changes to you as soon as practicable so that you have the information you need to understand how a change may impact you and what steps you need to take next. The University remains committed to supporting you as you learn.

Programme Information

In light of Covid-19, some practical elements of the programme will be modified during 2020-21. Group work sessions will be adapted to ensure they meet current social distancing requirements. Placements may be adapted in line with local service guidelines and national restrictions, but remain essential and mandatory elements of the programme.

Programme Structure

You must complete all Core modules.

Semester 1				Semester 2			
Modules	ECTS	CATS	Core, Compulsory or Option	Modules	ECTS	CATS	Core, Compulsory or Option
PSYC6095 CBT Supervision 1 (Generic)					7.5	15	Core
PSYC6096 CBT Supervision 2 (Anxiety)					7.5	15	Core
PSYC6107 CBT for Anxiety Presentations (Long)					10	20	Core
PSYC6135 CBT Portfolio					7.5	15	Core
PSYC6088 CBT Fundamentals	10	20	Core	PSYC6089 CBT for Depression	10	20	Core
				PSYC6097 CBT Supervision 3 (Depression)	7.5	15	Core