

PRE-COURSE INFORMATION: RYA SAFETY BOAT COURSE

This 2 day course will meet at the University Watersports Centre, Mead Crescent ([SO18 2JL](#)). Make your way to either the Watersports Classroom or Watersports Office which are clearly marked with yellow signs when you arrive to register for your course. Limited parking is available on site but please observe the 5mph speed limit and park in the area beyond the slipway into the water.

Course content:

Pre-qualifications: You must hold minimum of National Powerboat Certificate level 2. It is also advised that candidates have some knowledge of other Watersports. This course aims at developing rescue techniques of other craft. It is essential that candidates have a solid grounding in the level 2 powerboat skills.

During this course candidates will cover a range of theory and practical sessions. The aim is to provide the candidate with the skills to work either as a safety boat, escort craft or race support boat. Candidates will practice rescuing a range of different Watersports equipment, such as sailing boats, windsurfers, kayaks, canoes, swimmers and kite surf equipment.

Please Note: In order to receive a qualifying certificate, participants must produce their Powerboat Log-book showing they have obtained National Powerboat Level 2 or higher. Without evidence of a Powerboat Level 2, your certificate may be withheld.

Please visit our website www.southampton.ac.uk/watersports for more information.



What to wear: Wear warm clothes - Sweaters and jogging bottoms would be suitable and water-proofs, if you have them. Waterproofs and lifejackets will be provided. Old trainers, wellington boots wetsuit boots or soft shoes are suitable footwear. Please ensure you have adequate warm clothes, a towel and a change of clothes with you.

We DO provide: Waterproofs, life jackets, buoyancy aids, large waterproof bags, helmets (where appropriate)

We DO NOT provide: Gloves, hats, towels, change of clothes, thermals, jumpers, sun cream, bottled water, food, toiletries (shower gel etc.)

Meals: Please bring a packed lunch and something



Weather: Practical sessions will take place except when wind conditions are outside of operational limits. An alternative session will be arranged if these conditions arise.

Safety: Personal Flotation devices are provided and must be worn when afloat. Any course member with a medical condition e.g. diabetes should relay this information to the instructor before beginning the course- this will be treated with the strictest confidence.

All instructors are first aid trained; please approach them for help if required.

Facilities: There are shower facilities available; please bring with you necessary clothes, towels and

Please [download](#), print and complete and bring with you a medical form to inform the staff of any impairment that may affect their ability to complete the course. Where staff feel that candidates are unable to complete sections of a course this will be discussed with them in a mid course de-brief.

Course Cancellations/Transfers

We retain the right to cancel a date and transfer your booking or offer you a refund if the weather is unsuitable to run the course on the basis of health and safety. As part of this decision we will be looking at wind, temperature and sea state. Where possible we will give you 24 hours' notice when a clear and accurate weather forecast comes through.

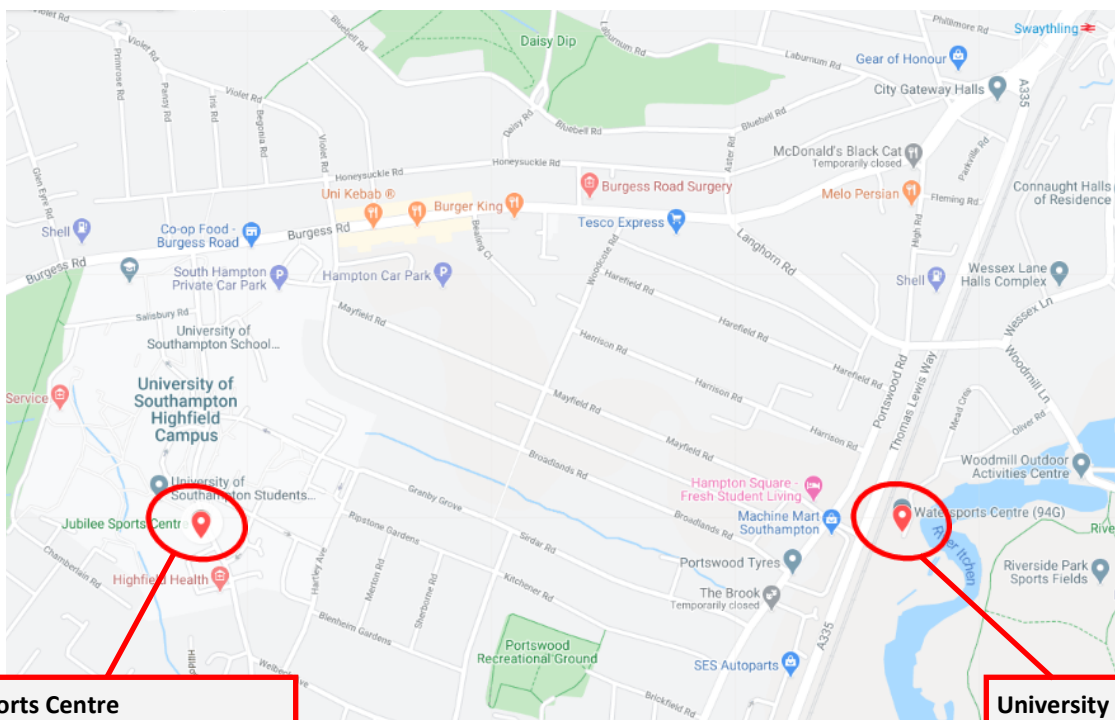
On the rare occurrence of staff sickness we will endeavor to cover the staff shortage and continue to run the course. This would also be grounds for a refund or date transfer.

The bookee cancelling the booking:

More than 7 days before the course: We are happy to offer a full refund or transfer your booking to another date upon request.

More than 48 hours before the course: We will give a full refund upon the presentation of a current doctor's note. No transfers are available at this point.

24 hours before the course or less: We are not able to offer a refund or transfer.



Jubilee Sports Centre

Sport and Wellbeing Main Reception

University Watersports Centre and Classroom

Contact details:

- Sport and Wellbeing 023 8059 2119
- University Watersports Centre 023 8067 6875
- Watersports Mobile 07770 703599

Address:

University Watersports Centre
Oliver Road, Southampton
SO18 2JL