



Pre-Course Information

RYA Competent Crew Part 1 (2 Days)

What to Expect

Competent Crew Part 1 is aimed at complete beginners as the first 2-days of the 5-day course that is an introduction to yacht sailing. By the end of the course, you will have experienced steering a yacht, sail handling, ropework and be aware of safety on board.

Pre-Requisites

- Minimum age 12, under 16s need to be on the course with an adult.

Timings

Course normally run over weekends 9am - 5pm, for precise timings check your booking confirmation. This course is day sailing from Town Quay, Southampton meaning you will return on the first night at 5pm and stay at your own accommodation. Your instructor will meet you at Town Quay Marina reception at your allotted start time as stated in the booking confirmation.

What to Bring

- Packed lunch
- Closed toe non-marking shoes (feet may get wet)
- Comfortable clothing
- Water bottle
- Sun Cream/Sun Glasses
- Hats
- Gloves


What We Provide

- The boat!
- Lifejackets
- Waterproofs
- Certificates (upon successful completion of Part 2)

Pre-Course Admin

- [Medical Consent Form](#) – Must be completed before you attend.

Where to find us

Our Sigma 38 is kept at [Town Quay Marina](#)  where all our yacht sailing courses are run from. We have limited free parking at Town Quay that can be sorted out the day of your arrival. Please be prepared that you may need to pay for parking locally.

Contact on the day

- Sport and Wellbeing 023 8059 2119
- Watersports Mobile 07770 703599

[Book Here](#) 

