

# **Pre-Course Information**

# RYA Day Skipper (5 Days)

#### What to Expect

RYA Day Skipper 5-day course is aimed at people who have passed RYA Day Skipper theory. You will learn pilotage, navigation, seamanship and boat handling up to the standard required to skipper a small cruising yacht safety by day in waters with which you are familiar. On this course you will be staying overnight in other ports and will be a chance to practice the skills of skippering a passage. You will experience entering a port by night. After passing the RYA Day Skipper 5-day course you can apply for your International Certificate of competence.

## **Pre-Requisites**

- 5 days at sea (Competent Crew Course)
- 100 miles (Competent Crew Course)
- 4-night hours (Competent Crew Course)
- RYA Day Skipper Theory
- It is strongly recommended that participants complete RYA 1st Aid and VHF/SRC assessment
- Minimum age 16

# Timings

Courses are normally run over a week, Monday 9am to Friday 4pm. For precise timings check your booking confirmation. On this course you will be staying overnight in other ports. Your instructor will meet you at Town Quay Marina reception at your allotted start time as stated in the booking confirmation.

### What to Bring

- Drinks bottle
- Closed toe none marking shoes (feet may get wet)
- Comfortable clothing for 5 days
- Sleeping bag
- Toiletries
- Head torch with red light
- Hat and gloves
- Any medications
- Money for mooring fees and meals ashore
- Passport photo
- Logbook with evidence of pre-requisites
- RYA Day Skipper Theory Certificate, RYA 1st Aid and VHF/SRC assessment Certificates

#### What We Provide

- The boat!
- Breakfast, Lunch and 1 evening meal
- Lifejackets
- Waterproofs
- Certificates (upon successful completion)

## Pre-Course Admin

- <u>Medical Consent Form</u> Must be completed before you attend.
- ICC to get your ICC you will need to complete the RYA ICC application form and send it to the RYA (there is a fee of £47 payable to the RYA for this, Free to RYA members)

#### Where to find us

Our Sigma 38 is kept at <u>Town Quay Marina</u> where all our yacht sailing courses are run from. We have limited free parking at Town Quay that can be sorted out the day of your arrival. Please be prepared that you may need to pay for parking locally.

**Book Here** 

#### Contact on the day

Sport and Wellbeing 023 8059 2119 Watersports Mobile 07770 703599