



## Pre-Course Information

### Open Sailing

#### What to Expect

An enjoyable supported afternoon of sailing on the water. This regular afternoon session is a good opportunity to practice your skills or just get out for a fun sail on the tide.

#### Pre-Requisites

- At least one person on the boat must have an RYA Level 2
- Minimum age 12 (under 16s must have an adult on the course with them).

#### Timings

Sessions normally run 14:00-18:00 every other Wednesday, tide dependent.

#### What to Bring

- Your booking confirmation
- Wetsuit or warm clothes you can get wet in
- Towel
- Comfortable shoes that you are happy to get wet (must be closed toe) old trainers or wetsuit boots are ideal
- Water bottle
- Sun Cream/Sun Glases
- Hat
- Gloves
- Level 2 or higher certificate and logbook

## What we Provide

- The boats!
- Buoyancy Aids
- Safety Cover

## Pre-Course Admin

- [Medical Consent Form](#) – Must be completed before you attend.

## Where to find us

Our fleet of dinghies are kept at Southampton Sailing Club where all our dinghy sailing courses are run from. We encourage, where possible, that participants travel by public transport or cycle.

Local buses run to Foundry Court, Vosper Road which is around a 10-minute walk from the club. There is limited parking available. However, be prepared that you may have to pay for alternative parking.

[Book Here](#)

