



## Pre-Course Information

### RYA Dinghy Sailing Level 2

#### What to Expect

Building on the foundations of the level 1 course these 2 days will take you in more depth into the various sailing skills and help you on the way to becoming a more independent sailor.

#### Pre-Requisites

- Students should have completed their Dinghy Sailing Level 1 before attending this course or have equivalent experience.
- Minimum age 12 (under 16s must have an adult on the course with them).

#### Timings

Courses normally run over 2 days on weekends 9am-5pm, for precise times check your booking confirmation.

#### What to Bring

- Something to wear under a wetsuit (swimming costumes)
- Towel
- Comfortable shoes that you are happy to get wet (must be closed toe) old trainers or wetsuit boots are ideal
- Lunch and any snacks
- Water bottle
- Sun Cream/Sun Glasses
- Hats
- Gloves
- Logbook

## What we Provide

- The boats!
- Buoyancy Aids
- Wetsuits
- Certificates

## Pre-Course Admin

- [Medical Consent Form](#) – Must be completed before you attend.

## Where to find us

Our fleet of dinghies are kept at Southampton Sailing Club where all our dinghy sailing courses are run from. We encourage, where possible, that participants travel by public transport or cycle.

Local buses run to Foundry Court, Vosper Road which is around a 10-minute walk from the club. There is limited parking available. However, be prepared that you may have to pay for alternative parking.

[Book Here](#)

