



Pre-Course Information

Staff Sailing

What to Expect

Staff Sailing sessions are lead by one of our professional skippers. They consist of an evening sail from Town Quay Marina and aim to get everyone involved in sailing the yacht in Southampton water. Great for anyone looking to practice their skills or just get out on the water.

Pre-Requisites

- Must be a current member of staff at the University of Southampton or attending with a current member of staff at the University of Southampton.
- Minimum age 18

Timings

Tasters run from 18:00-20:30 on Thursdays. Your instructor will meet you at Town Quay Marina reception at your allotted start time, as stated in the booking confirmation.

What to Bring

- Drinks bottle
- Closed toe none marking shoes (feet may get wet)
- Comfortable clothing

What We Provide

- The boat!
- Lifejackets
- Waterproofs

Pre-Course Admin

- [Medical Consent Form](#) – Must be completed before you attend.



Where to find us



Our Sigma 38 is kept at [Town Quay Marina](#) where all our yacht sailing courses are run from. We have limited free parking at Town Quay that can be sorted out the day of your arrival. Please be prepared that you may need to pay for parking locally.

Contact on the day

- Southampton Sport 023 8059 2119
- Watersports Mobile 07770 703599

[Book Here](#)

