



## **Pre-Course Information**

### **Yacht Taster**

#### **What to Expect**

Yacht taster are a short introductory session lead by one of our professional skippers to gain your first experience on a yacht. You will meet your skipper at the town quay marina reception and they will take through getting kitted up and getting you as involved as possible on the water.

#### **Pre-Requisites**

- Minimum age 8, under 16s need to be on the course with an adult.

#### **Timings**

Tasters run from 0900-1200 on Fridays. Your instructor will meet you at Town Quay Marina reception at your allotted start time as stated in the booking confirmation.

#### **What to Bring**

- Drinks bottle
- Closed toe none marking shoes (feet may get wet)
- Comfortably clothing

#### **What We Provide**

- **The boat!**
- **Lifejackets**
- **Waterproofs**

## Pre-Course Admin

- [Medical Consent Form](#) – Must be completed before you attend.

## Where to find us

Our Sigma 38 is kept at [Town Quay Marina](#) where all our yacht sailing courses are run from. We have limited free parking at Town Quay that can be sorted out the day of your arrival. Please be prepared that you may need to pay for parking locally.

## Contact on the day

- Sport and Wellbeing 023 8059 2119
- Watersports Mobile 07770 703599

[Book Here](#)

