

Second-order equation of motion of a small compact body

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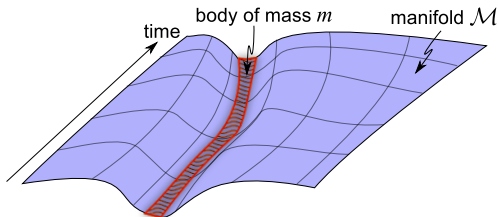
A small extended body moving through spacetime

Fundamental question

- how does a body's gravitational field affect its own motion?

Regime: asymptotically small body

- examine spacetime $(\mathcal{M}, g_{\mu\nu})$ containing body of mass m and external lengthscales \mathcal{R}
- seek representation of motion in limit $\epsilon = m/\mathcal{R} \ll 1$

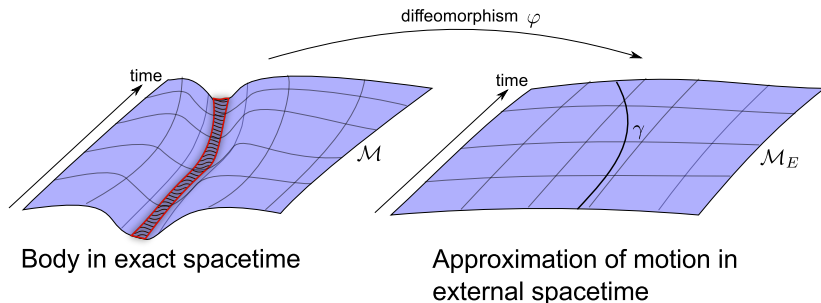


Gravitational self-force

- treat body as source of perturbation of external background spacetime ($\mathcal{M}_E, g_{\mu\nu}$)

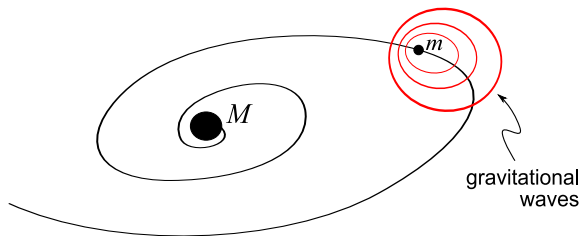
$$g_{\mu\nu} = g_{\mu\nu} + \epsilon h_{\mu\nu}^{(1)} + \epsilon^2 h_{\mu\nu}^{(2)} + \dots$$

- $h_{\mu\nu}^{(n)}$ exerts *self-force* on body
- self-force at linear order in ϵ first calculated in 1996 [Mino, Sasaki, and Tanaka], now on firm basis [Gralla & Wald; Pound; Harte]



Canonical example: extreme-mass-ratio inspiral

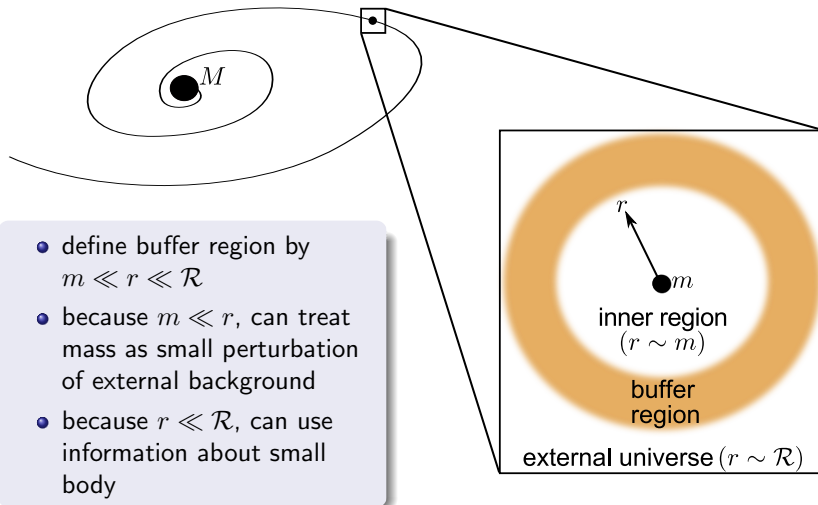
- solar-mass neutron star or black hole orbits supermassive black hole
- m = mass of smaller body, $\mathcal{R} \sim M$ = mass of large black hole
- $(\mathcal{M}, g_{\mu\nu})$ = Kerr spacetime of large black hole



Why second order?

- inspiral occurs very slowly, on timescale $1/\epsilon$
 \Rightarrow need $O(\epsilon^2)$ terms in acceleration to get trajectory correct at $O(1)$
- also useful to complement PN and NR

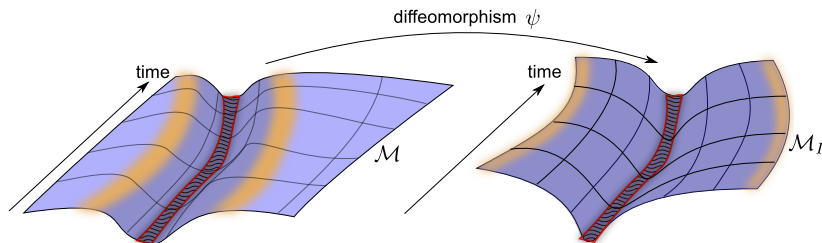
How to determine motion: buffer region



Matched asymptotic expansions: *inner expansion*

Zoom in on body

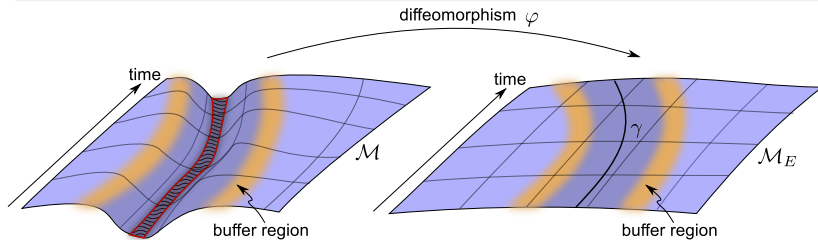
- map ψ keeps size of body fixed, sends other distances to infinity (e.g., using coords $\sim r/\epsilon$)
- unperturbed body defines background spacetime $g_{I\mu\nu}$ in inner expansion
- buffer region at asymptotic infinity
 \Rightarrow can define multipole moments



Matched asymptotic expansions: *outer expansion*

Send body to zero size around a worldline

- map φ shrinks body to zero size, holding other distances fixed
- build metric $g_{\mu\nu} + \epsilon h_{\mu\nu}^{(1)} + \epsilon^2 h_{\mu\nu}^{(2)} + \dots$ in external universe (outside buffer region) subject to *matching condition*: in coords centered on γ , metric in buffer region must agree with inner expansion



Metric in buffer region

Expansion for small r

- presence of *any* compact body in inner region leads to

$$h_{\mu\nu}^{(1)} = \frac{1}{r} h_{\mu\nu}^{(1,-1)} + h_{\mu\nu}^{(1,0)} + r h_{\mu\nu}^{(1,1)} + O(r^2)$$

$$h_{\mu\nu}^{(2)} = \frac{1}{r^2} h_{\mu\nu}^{(2,-2)} + \frac{1}{r} h_{\mu\nu}^{(2,-1)} + h_{\mu\nu}^{(2,0)} + O(r)$$

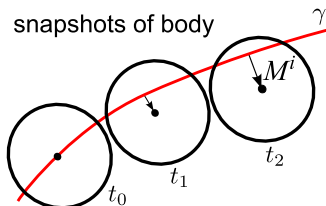
where r is distance from γ

- most divergent terms are background spacetime in inner expansion:

$$g_{I\mu\nu} = \eta_{\mu\nu} + \frac{1}{r} h_{\mu\nu}^{(1,-1)} + \frac{1}{r^2} h_{\mu\nu}^{(2,-2)} + O(1/r^3)$$

Relating worldline to body

- define γ to be worldline of body iff mass dipole terms vanish in coords centered on γ



Solving the EFE with an accelerated source

Expansion of EFE

- allow γ to depend on ϵ and assume outer expansion of form

$$\begin{aligned} g_{\mu\nu}(x, \epsilon) &= g_{\mu\nu}(x) + h_{\mu\nu}(x; \gamma) \\ &= g_{\mu\nu}(x) + \epsilon h_{\mu\nu}^{(1)}(x; \gamma) + \epsilon^2 h_{\mu\nu}^{(2)}(x; \gamma) + \dots \end{aligned}$$

- need a method of systematically solving for each $h_{\mu\nu}^{(n)}$
 \Rightarrow impose Lorenz gauge on total perturbation: $\nabla_\mu \bar{h}^{\mu\nu} = 0$
- linearized Einstein tensor $\delta G_{\mu\nu}$ becomes a wave operator and EFE becomes a weakly nonlinear wave equation:

$$\square \bar{h}_{\mu\nu}[\gamma] + 2R_\mu{}^\rho{}_\nu{}^\sigma \bar{h}_{\rho\sigma}[\gamma] = 2\delta^2 G_{\mu\nu}[h] + \dots$$

(no stress-energy tensor because equation written outside body)

- can be split into wave equations for each subsequent $h_{\mu\nu}^{(n)}[\gamma]$ and exactly solved for arbitrary γ
- $\nabla_\mu \bar{h}^{\mu\nu} = 0$ determines γ

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General solution in buffer region

First order

- splits into two solutions: $h_{\mu\nu}^{(1)} = h_{\mu\nu}^{S(1)} + h_{\mu\nu}^{R(1)}$
- $h_{\mu\nu}^{S(1)} \sim 1/r + \dots$ defined by mass monopole m
- $h_{\mu\nu}^{R(1)} \sim r^0 + \dots$ undetermined homogenous solution regular at $r = 0$
- $\nabla_\mu \bar{h}^{\mu\nu} = 0 \Rightarrow \dot{m} = 0$ and $a_{(0)}^\mu = 0$

Second order

- splits into two solutions: $h_{\mu\nu}^{(2)} = h_{\mu\nu}^{S(2)} + h_{\mu\nu}^{R(2)}$
- $h_{\mu\nu}^{S(2)} \sim 1/r^2 + 1/r + \dots$ defined by
 - 1 mass correction δm
 - 2 mass dipole M^μ (set to zero with appropriate choice of γ)
 - 3 spin dipole S^μ
- $\nabla_\mu \bar{h}^{\mu\nu} = 0 \Rightarrow \dot{S}^\mu = 0$, $\delta \dot{m} = \dots$, and $a_{(1)}^\mu = \dots$

Matching to an inner expansion

Inner expansion

- could continue with same method to find $a_{(2)}^\mu$ from $h_{\mu\nu}^{(3)}$
- instead, get more information from inner expansion
- assume metric in inner expansion is Schwarzschild as tidally perturbed by external universe
- write tidally perturbed Schwarzschild metric in mass-centered coordinates

Matching

- expand inner metric in buffer region (i.e., for $r \gg m$)
- demand inner and outer expansions in buffer region are related by unique gauge transformation $x^\mu \rightarrow x^\mu + \epsilon \xi^\mu + \dots$
- restrict gauge transformation to include no translations at $r = 0$ to ensure worldline correctly associated with center of mass

Equation of motion

Self-force

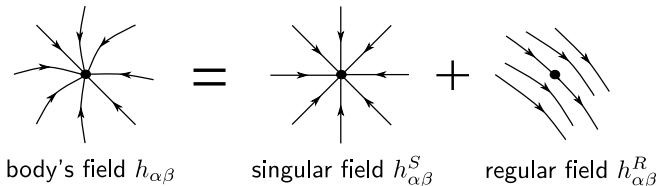
- matching procedure yields acceleration

$$a^\mu = \frac{1}{2} (g^{\mu\nu} + u^\mu u^\nu) (g_\nu{}^\rho - h_\nu{}^{R\rho}) (h_{\sigma\lambda;\rho}^R - 2h_{\rho\sigma;\lambda}^R) u^\sigma u^\lambda + O(\epsilon^3)$$

where $a^\mu = a_{(0)}^\mu + \epsilon a_{(1)}^\mu + \epsilon^2 a_{(2)}^\mu + \dots$

and $h_{\mu\nu}^R = \epsilon h_{\mu\nu}^{R(1)} + \epsilon^2 h_{\mu\nu}^{R(2)} + \dots$

- this is geodesic equation in metric $g_{\mu\nu} + h_{\mu\nu}^R$
- equation for more generic body will be the same, modified only by body's multipole moments



Summary

Determining the motion of a small body

- define a worldline of an asymptotically small body, even a black hole, by comparing metric in a buffer region around body in full spacetime and in background spacetime
- determine equation of motion from consistency of Einstein's equation

Future work

- find equation for spinning, non-spherical body
- with collaborators, numerically solve wave equation and determine trajectory of body in an EMRI

Puncture scheme

Effective stress energy tensor

- can prove that $h_{\mu\nu}^{S(1)}$ and δm terms in $h_{\mu\nu}^{S(2)}$ are identical to fields sourced by point-particles of mass m and δm on γ

Obtaining global solution

- outside a hollow worldtube Γ around body, solve

$$E_{\mu\nu}[\bar{h}^{(1)}] = 0, \quad E_{\mu\nu}[\bar{h}_{\mu\nu}^{(2)}] = 2\delta^2 G_{\mu\nu}[h^{(1)}]$$

where, e.g., $E_{\mu\nu}[\bar{h}^{(2)}] = \square \bar{h}_{\mu\nu}^{(2)} + 2R_{\mu}{}^{\rho}{}_{\nu}{}^{\sigma} \bar{h}_{\rho\sigma}^{(2)}$

- inside Γ define $h_{\mu\nu}^{P(n)}$ as small- r expansion of $h_{\mu\nu}^{S(n)}$ truncated at highest order available. Solve

$$E_{\mu\nu}[\bar{h}^{R(1)}] = T_{\mu\nu}^{(1)} - E_{\mu\nu}[\bar{h}^{P(1)}]$$

$$E_{\mu\nu}[\bar{h}^{R(2)}] = 2\delta^2 G_{\mu\nu}[h^{(1)}] + T_{\mu\nu}^{(2)} - E_{\mu\nu}[\bar{h}^{P(2)}]$$

- match $h_{\mu\nu}^{(n)}$ to $h_{\mu\nu}^{S(n)} + h_{\mu\nu}^{R(n)}$ at Γ