

Self-Concatenated Code Design and its Application in Power-Efficient Cooperative Communications

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Abstract—In this tutorial, we have focused on the design of binary self-concatenated coding schemes with the help of EXtrinsic Information Transfer (EXIT) charts and Union bound analysis. The design methodology of future iteratively decoded self-concatenated aided cooperative communication schemes is presented. In doing so, we will identify the most important milestones in the area of channel coding, concatenated coding schemes and cooperative communication systems till date and suggest future research directions.

Index Terms—Near-Capacity Code Design, Self-Concatenated Convolutional Codes, SECCC, EXIT charts, Iterative Decoding, Cooperation Diversity, Distributed Coding.

I. INTRODUCTION

THE NEED for high-rate wireless communication systems designed for supporting broadband wireless Internet and multimedia services has been growing over the past decade. However, the available radio spectrum is limited and the wireless channel is extremely hostile. Therefore, there is a demand for flexible and bandwidth-efficient transceivers [1], [2]. Shannon quantified the capacity of wireless communication systems in 1948 [3]. Advances in coding have made it feasible to approach Shannon's capacity limit for the case of a single-user system [4], [5]. Multiple-Input Multiple-Output (MIMO) communication systems create multiple wireless links by employing multiple transmit and receive antennas, hence they are capable of supporting high-integrity, high data rate communications [6]. However, MIMOs cannot be readily implemented in shirt-pocket-sized mobile stations (MS), which hence have a limited antenna spacing and impose correlation of the signals. Cooperative communications is capable of eliminating this correlation, while still achieving MIMO-like diversity gains for the system [7]. This is achieved by introducing a relay between the source and the destination with the aid of an independently faded path created by the relay. Coded

cooperation [8] is potentially capable of flawlessly recovering the original source signal at the relays and then retransmitting it to the destination from a reduced distance.

In this tutorial, we have presented a brief history of channel coding and then highlighted the differences between iteratively decoded Parallel Concatenated Convolutional Coding (PCCC), Serial Concatenated Convolutional Coding (SCCC) and Self-Concatenated Convolutional Coding (SECCC) schemes. We then explored SECCC schemes that are designed for transmission over Additive White Gaussian Noise (AWGN) and uncorrelated Rayleigh fading channels. We designed both bit-based SECCC and SECCC employing Iterative Decoding (SECCC-ID), using a Recursive Systematic Convolutional (RSC) constituent encoder. On the other hand, Low Density Parity Check (LDPC) codes constitute another attractive code family which can be described based on the sparse-graph [9]–[11]. It was shown in [9] that it is possible to describe the PCCC schemes using the sparse-graph as well. However, we only consider trellis-based decoding in this paper.

EXtrinsic Information Transfer (EXIT) charts were used as our main design tools. We will exemplify the proposed design procedures and demonstrate that some of the proposed schemes are capable of operating within about 1 dB from the AWGN and Rayleigh fading channels' capacity. The union bound analysis of SECCCs was carried out for finding the corresponding Bit Error Ratio (BER) floors. In order to further exploit the benefits of the low complexity design offered by SECCCs we explored their application in a distributed coding scheme designed for cooperative communications, where iterative detection is employed by exchanging extrinsic information between the decoders of SECCC and RSC at the destination. It was shown that the DSECCC-ID is a low-complexity scheme, yet capable of approaching the Discrete-input Continuous-output Memoryless Channels's (DCMC) capacity. Our discussions demonstrate that the proposed scheme is capable of reliably operating at a low BER for transmission over uncorrelated Rayleigh fading channels. In our cooperative communication schemes considered we assume that decoding errors may be encountered at the relay nodes and successfully mitigate their effects.

The outline of the paper is as follows. Section II discusses iterative detection aided coded modulation schemes designed for transmission over non-dispersive propagation environments. SECCC and SECCC-ID schemes using iterative detection are designed with the aid of EXIT charts in

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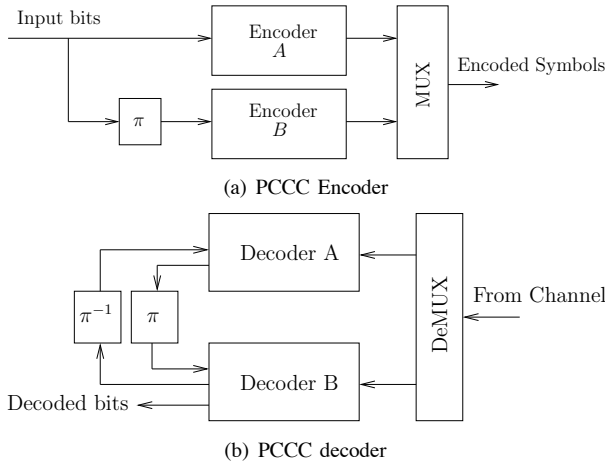


Fig. 1. The schematic of a PCCC encoder and decoder.

Section III. In order to mitigate the effects of large-scale shadow fading on the performance of wireless communication systems, we present a distributed coding scheme in Section IV for cooperative communications employing SECCCs that is capable of providing substantial diversity-, throughput- as well as coding-gains for a single-user scenario. Finally, in Section V the main findings of the paper are summarised, general design guidelines are presented and future research directions are discussed.

II. ITERATIVE DECODING AND CONVERGENCE ANALYSIS OF CONCATENATED CODES

Forward Error Correction (FEC) or Channel Coding in the context of digital communication has a history dating back to the middle of the twentieth century. In recent years, the field has been revolutionized by iterative detection aided codes, which are capable of approaching the theoretical limits of performance, namely the *channel capacity*. Important milestones in the area of channel coding are described in Table I.

When the concatenated coding philosophy [25] was conceived back in 1966, it was deemed to have an excessive complexity and hence the resultant codes failed to stimulate immediate research interests. It was not until the discovery of Turbo Codes (TC) by Berrou *et al.* in 1993 [4], that efficient iterative decoding of concatenated codes became a reality at a low complexity by employing low-complexity constituent codes. There are three major types of iteratively decoded concatenated coding schemes, as discussed below:

A. Parallel Concatenated Convolutional Codes

Classic TCs [4] consist of two or more parallel constituent codes [80]. The component codes are usually systematic codes, because their systematic nature simplifies the iterative exchange of information between the constituent decoders. In general, each component encoder independently encodes its input information and an interleaver (π) - also often termed as a scrambler - is used between the two constituent encoders to make both their input data and their encoded data statistically independent of each other, as shown in Fig. 1(a).

Again, the encoders used in classic TCs are almost always RSC encoders, which output both the original information

TABLE I
MILESTONES IN CHANNEL CODING (1948-2008)

Year	Milestone
1948	Shannon's Capacity Theorem [3].
1950	Hamming codes were discovered by Hamming [12].
1954	Reed [13] and Muller [14] present Reed-Muller (RM) codes.
1955	Elias introduces convolutional codes [15].
1957	Prange introduces cyclic codes [16].
1959	Hocquenghem [17] and ...
1960	Bose and Chaudhuri [18] proposed BCH codes.
	Reed and Solomon defined (RS) codes over certain finite Galois fields [19].
	Peterson designed a BCH decoder [20].
1961	Peterson's book on Error Correction Codes (ECC) [21].
1962	Gallager invents LDPC codes [22].
1963	Fano algorithm introduced for decoding convolutional codes [23].
	Massey describes threshold decoding [24].
1966	Forney's introduction of concatenated codes [25] and generalized minimum distance decoding [26].
1967	Berlekamp designs an efficient algorithm for BCH/RS decoding [27].
	Rudolph initiates the study of finite geometries for coding [28].
1968	Berlekamp, documents Algebraic Coding Theory [29].
	Gallager publishes, Information theory and reliable communications [30].
1969	Jelinek defines the stack algorithm for decoding convolutional codes [31].
	Massey introduces his BCH decoding algorithm [32].
	Reed-Muller code used on Mariner deep space probes.
1971	Viterbi algorithm for Maximum Likelihood (ML) decoding of convolutional codes [33].
1972	Bahl <i>et al.</i> invents the Maximum A-Posteriori (MAP) algorithm [34].
	Chase introduces his soft-decision-based block decoding algorithm [35].
	Peterson and Weldon revise their book [36].
1973	Forney further interprets the Viterbi algorithm [37].
1974	Bahl <i>et al.</i> describe the symbol based MAP algorithm [38].
1975	Sugiyama <i>et al.</i> invokes the Euclidean algorithm for decoding [39].
1977	MacWilliams and Sloane write The Theory of Error Correcting Codes [40].
	Voyager deep space mission uses a concatenated RS/convolutional code (see [41]).
1978	Wolf introduces trellis-decoding of block codes [42].
1980	Sony and Phillips standardize the compact disc, including a shortened RS code.
1981	Goppa introduces Algebraic-Geometry (AG) codes [43], [44].
1982	Ungerböck invents trellis-coded modulation (TCM) [45].
1983	Textbook on Error control coding by Lin and Costello [46].
	Blahut publishes his channel coding book [47].
1988	Divsalar and Simon discover multiple trellis-coded modulation [48].
1989	Hagenauer and Hoeher present the Soft-Output Viterbi Algorithm (SOVA) [49].
1990	Koch and Baier describe a reduced complexity MAP algorithm [50].
1992	Zehavi introduces Bit-Interleaved Coded Modulation (BICM) [51].
1993	Berrou, Glavieux, and Thitimajshima discover turbo codes [4].
	Honary, Markarian and Farrell <i>et al.</i> presented low complexity trellis decoding of array [52] and Hamming codes [53].
1994	The Z_4 linearity of certain families of nonlinear codes is announced [54].
	Erfanian, Pasupathy and Gulak describe the Max-log-MAP algorithm [55].
1995	MacKay revives LDPC codes [56].
	Wicker publishes his textbook [57].
	Robertson, Vilebrun and Hoeher describe Log-MAP algorithm [58].
1996	Hagenauer, Offer and Papke propose turbo-BCH codes [59].
	Sidorenko, Markarian and Honary presented a novel trellis design technique [60] for block and convolutional codes resulting in low complexity Viterbi decoding.
1997	Tarokh, Seshadri and Calderbank introduce space-time trellis coding (STTC) scheme [61].
	Nickl, Hagenauer and Burkett report approaching the Shannon limit over Gaussian channels [62] within 0.27 dB.
	Schlegel writes his book on trellis coding [63].
	Ritcey and Li introduce Bit-Interleaved Coded Modulation with Iterative Decoding (BICM-ID) [64].
1998	Turbo trellis-coded modulation (TTCM) introduced by Robertson and Wörz [65].
	Alamouti introduces space-time block coding [66].
	Guruswami and Sudan present a list decoder for RS and AG codes [67].
1999	Ritcey and Li combine TCM with BICM-ID [68].
2000	Aji and McEliece [69] (and others [70]) synthesize several decoding algorithms using message passing ideas.
	Proakis publishes fourth edition of his textbook [71].
2002	Hanzo, Liew, and Yeap characterize turbo algorithms in [5].
	Siwamogsatham and Fitz introduce MTCM assisted STBC [72].
2003	Jafarkhani and Seshadri propose super-orthogonal STTC (SOSTTC) [73].
	Koetter and Vardy extend the GS algorithm for soft-decision decoding of RS codes [74].
2004	Lin and Costello publish second edition of their textbook [75].
2005	Moon publishes his textbook [76].
	Simon and Alouini write Digital Communications over Fading Channels [77].
	Song <i>et al.</i> introduce SOSTTC combined with QAM [78].
2008	Arkan [79] introduce capacity-achieving Polar codes which are an extension of RM codes for symmetric binary-input discrete memoryless channels.

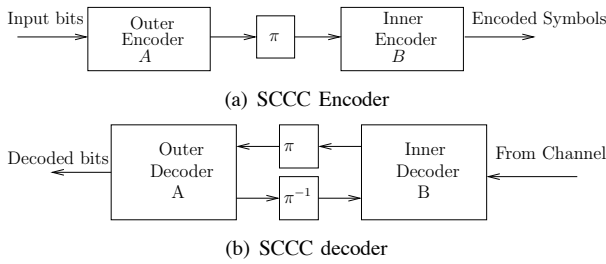


Fig. 2. The schematic of an SCCC encoder and decoder.

bits that are also referred to as systematic bits and the corresponding parity bits. Hence two codewords are generated by the two RSC codes, both of which contain the same original information bits, but typically these bits are only transmitted from one of the output streams. If both RSC encoders are half-rate encoders, the resultant TC becomes a third-rate code. However, the number of parity bits transmitted from the two streams can be appropriately adjusted by simply discarding the required fraction of parity bits. This so-called puncturing operation tacitly assumes that these bits were set to zero and hence the corresponding zeros have to be inserted in the right bit-positions at the decoder's input. In a nutshell, the redundant parity bits of both encoders may be transmitted, plus a single copy of the systematic information bit. At the decoder shown in Fig. 1(b), two RSC decoders are used, which iteratively exchange their so-called soft-information, before making a hard-decision after a sufficiently high number of iterations.

The RSC constituent codes of classic TCs may also be replaced by other constituent codes. Inspired by this turbo coding concept various other coding arrangements, such as Turbo Trellis Coded Modulation (TTCM) schemes were proposed in [81], [82] and [65], which have a similar architecture to classic TCs, but employ Trellis Coded Modulation (TCM) constituent codes [83]. The appealing philosophy of TCM schemes is that they combine channel coding and modulation in an ingenious way, where the modulated signal constellation is extended to an increased number of constellation points, so that more bits per symbol can be transmitted for the sake of absorbing the parity bits. This way the constellation points have a reduced Euclidean distance amongst them, which potentially results in an increased Bit Error Ratio (BER), but this is more than compensated by the error correction capability of the Forward Error Correction (FEC) codec. It was also shown by Robertson *et al.* in [65] that TTCM is capable of outperforming classic TC.

B. Serial Concatenated Convolutional Codes

The serial concatenation of an outer and an inner encoder is shown in Fig. 2(a). These codes were discovered by Benedetto *et al.* [84]. Typically the inner code is a weaker code and the outer code is a stronger code, which are separated by an interleaver as shown in Fig. 2(a). The SCCC decoder is shown in Fig. 2(b).

To obtain higher code rates we may employ puncturing. SCCC codes have been shown to yield a performance comparable, and in some cases superior, to TC.

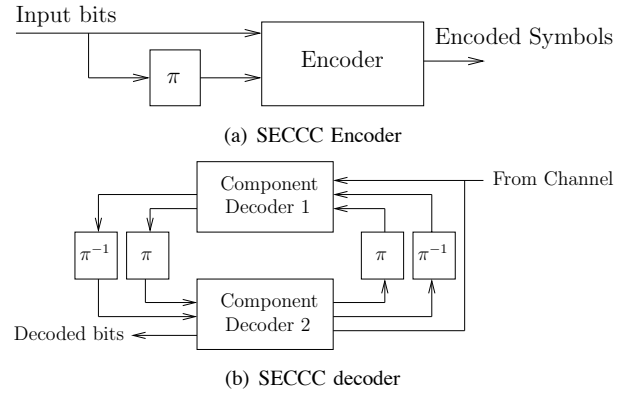


Fig. 3. The schematic of an SECCC encoder and decoder.

C. Self-Concatenated Convolutional Codes

Self-concatenated convolutional codes (SECCC) for BPSK modulation were proposed by [85], [86]. SECCC is similar to PCCC when two component codes are replaced by one component code employing an odd-even separated turbo interleaver as discovered in [87]. SECCCs exhibit a low complexity, since they invoke only a single encoder as depicted in Fig. 3(a) and a single decoder as shown in Fig. 3(b).

Iterative decoding works by exchanging extrinsic information between the component decoders 1 and 2. The soft extrinsic information of one decoder is fed to the other constituent decoder as its *a priori* input which improves its knowledge and hence performance. The decoders iterate until there is no improvement achieved from the feedback and at that point correct decoding of the bits is possible. This point is called the convergence point. Iteratively-Decoded Self-Concatenated Trellis Coded Modulation (SECTCM) schemes for higher modulation were proposed by Benedetto *et al.* [88] and Loeliger [89]. It can be seen from Fig. 4 that the performance of the SECTCM code improves by increasing the number of self-iterations, hence exhibiting a turbo-like behaviour for the case of uncorrelated Rayleigh fading channels. Since the pioneering work by Berrou *et al.* [4], the appealing iterative decoding of concatenated codes has inspired numerous researchers to extend the technique to other transmission schemes consisting of a concatenation of two or more constituent decoding stages.

The concept of EXIT charts was proposed by ten Brink in [90], [91] as a tool designed for analysing the convergence behaviour of iteratively decoded systems. Their attractive properties are listed below:

- EXIT charts constitute an efficient tool created for independently analysing each component of an iterative system.
- Amongst their other benefits detailed in Sections III-A1, III-B2 and IV-D they are capable of predicting the specific SNR value, where an infinitesimally low BER can be achieved without performing time-consuming bit-by-bit decoding employing a high number of iterations of the actual system.
- They analyse the input/output mutual information characteristics of a Soft-Input-Soft-Output (SISO) constituent

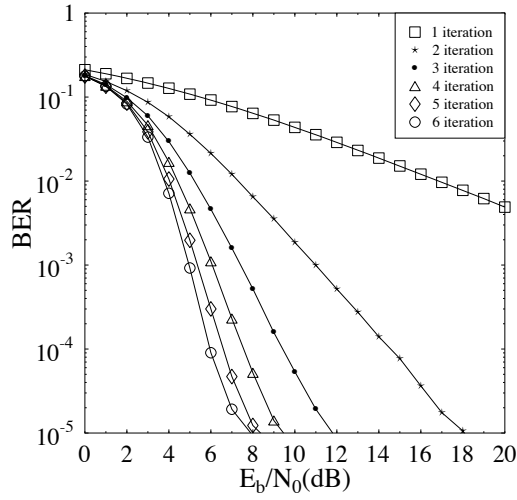


Fig. 4. Simulations results for 8-state, rate-1/2 SECTCM code, when communicating over uncorrelated Rayleigh fading channels.

decoder by modelling the *a priori* Log-Likelihood Ratio (LLR) values and computing the corresponding mutual information between the hard-decision based bits and the extrinsic LLRs.

- The SNR value, where a 'waterfall-like' decay of the BER curve, called turbo-cliff [4], is observed for a concatenated code may be successfully predicted with the aid of EXIT charts.
- The SNR-distance from capacity is commensurate with the area of the open EXIT-chart tunnel, hence near capacity designs exhibit a marginally open tunnel. This typically imposes a high complexity associated with a high number of iterations and a long interleaver delay.
- If the Monte-Carlo simulation based stair-case shaped decoding trajectory reaches the (1,1) point in the EXIT-chart, a vanishingly low BER may be achieved.

However, the EXIT chart based BER performance-prediction accuracy erodes, unless we assume the employment of a sufficiently long interleaver, so that the extrinsic LLRs can be rendered Gaussian distributed.

The EXIT chart analysis of the SECTCM decoder of [92] is shown in Fig. 5, which allows us to determine the number of self-iterations required by the SECTCM decoder to achieve convergence. The reason for the EXIT chart mismatch in Fig. 5 will be explained in Section III. An EXIT chart comprises of two EXIT curves for the two component decoders in the system, as shown in Fig. 5. Each curve plots the mutual information of the extrinsic LLRs versus the mutual information of the *a priori* LLRs of one decoder in the system, which is basically to measure the quality of the input and the output of the decoder. In order to achieve a vanishingly low BER at a specific E_b/N_0 value, component decoders' EXIT curves should only intersect at the $(I_A, I_E)=(2,2)$ point of the EXIT chart for the case of Symbol-based SECTCM (Fig. 5) and $(I_A, I_E)=(1,1)$ point for bit-based schemes of Section III

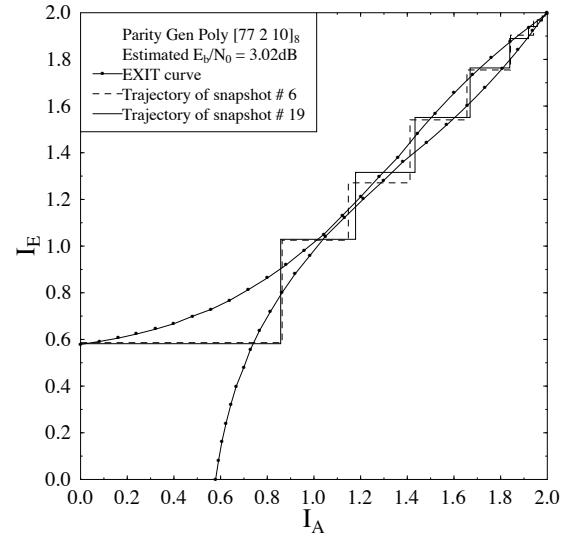


Fig. 5. EXIT chart and two snapshot decoding trajectories for half-rate QPSK-assisted SECTCM using a block length of 10^4 symbols and $\nu = 5$ at $E_b/N_0 = 3.02$ dB [92].

and IV. Since these are identical components, we only have to compute the EXIT curve of one component and the other is its mirror image with respect to the diagonal line. The stair-case-shaped trajectories correspond to the Monte-Carlo simulation based decoding trajectories, when iterating between the two component decoders of the SECCC scheme. We will show in Section III-C that a self-concatenated decoder can be viewed as a parallel-concatenated decoder having two identical 'hypothetical' component decoders each exchanging extrinsic information with the other, although physically there is only one decoder. The EXIT curves of the hypothetical decoder components are plotted within the same EXIT chart together with their corresponding decoding trajectory for the sake of visualizing the transfer of extrinsic information between the decoders. The major scientific contributions on iterative detection and its convergence analysis are summarised in Tables II and III.

Symbol-based EXIT charts of non-binary serial and parallel concatenated schemes have been studied in [122], [123] and [124], respectively. Near-capacity codes have been designed with the aid of EXIT charts in [108] and [125]. A tutorial introduction to EXIT charts may be found in [126]. The concept of EXIT chart analysis has been extended to three-stage concatenated systems in [105], [110], [114].

III. ITERATIVELY DECODED BINARY SELF-CONCATENATED CONVOLUTIONAL CODES

In this section we will design various SECCC and SECCC-ID schemes. We invoke 2D- and 3D-bit-based EXIT charts, respectively. It will be shown that flexible bit-based SECCC schemes can be designed using the proposed method, which is not possible for the symbol-based SECTCM schemes of [92].

TABLE II
MAJOR CONCATENATED SCHEMES AND ITERATIVE DETECTION
(1962-2000).

Year	Milestone
1962	Gallager invented LDPC codes [22].
1966	Forney [25] proposed a novel concatenated coding scheme.
1974	Bahl <i>et al.</i> [38] invented the Maximum A-Posteriori Probability (MAP) algorithm.
1990	Koch and Baier describe a reduced complexity MAP algorithm [50].
1993	Berrou, Glavieux, and Thitimajshima invented the TCs [4].
1994	Erfanian, Pasupathy and Gulak describe the Max-log-MAP algorithm [55].
1995	Robertson <i>et al.</i> [58] proposed the log-MAP algorithm that results in similar performance to the MAP algorithm but at a significantly lower complexity. Divsalar <i>et al.</i> [93] applied turbo principle to multiple PCCC. Douillard <i>et al.</i> [94] presented turbo equalisation, where iterative decoding was invoked for exchanging extrinsic information between a soft-output symbol detector and an outer channel decoder in order to overcome the multipath propagation effects in Gaussian and Rayleigh channels.
1996	Benedetto <i>et al.</i> [95] extended the turbo principle to serially concatenated block and convolutional codes.
1997	Loeliger proposed turbo-like codes using a single trellis for their decoding [89]. Benedetto <i>et al.</i> [96] proposed an iterative detection scheme where iterations were carried out between the outer convolutional code and an inner TCM decoder. Caire <i>et al.</i> [97], [98] presented the BICM concept along with its design rules. Ritcey and Li [64] introduced Bit-Interleaved Coded Modulation using Iterative Decoding (BICM-ID).
1998	Robertson and Wörz introduced turbo trellis-coded modulation (TTCM) [65]. Benedetto <i>et al.</i> [84], [88] studied multiple SCCCs combined with interleavers. Benedetto <i>et al.</i> proposed self-concatenated trellis coded modulation (SECTCM) schemes [88]. ten Brink <i>et al.</i> [99] introduced a soft demapper between the multilevel demodulator and the channel decoder in an iteratively detected coded system.
1999	Wang <i>et al.</i> [100] proposed iterative multiuser detection and channel decoding for coded CDMA systems.
2000	Acikel and Ryan [101] designed high-rate punctured TCs. Divsalar <i>et al.</i> [102], [103] employed unity-rate inner codes for designing low-complexity iterative schemes for bandwidth/power limited systems having stringent BER requirements. ten Brink [90] proposed the employment of EXIT charts for analysing the convergence behaviour of iteratively detected systems. several decoding algorithms using message passing ideas.

TABLE III
MAJOR CONCATENATED SCHEMES AND ITERATIVE DETECTION
(2001-2009).

Year	Milestone
2001	Lee [104] studied the effect of precoding on SCCC systems for transmission over ISI channels. ten Brink [91], [105] extended the employment of EXIT charts to three-stage PCCCs. El Gamal <i>et al.</i> [106] used SNR measures for studying the convergence behaviour of iterative decoding. Ramamurthy and Ryan [107] proposed the serial concatenation of convolutional differential encoders (accumulate codes), whose performance is better than those of PCCCs.
2002	Tüchler <i>et al.</i> [108] simplified the computation of EXIT charts. Tüchler <i>et al.</i> [109] compared several algorithms predicting the decoding convergence of iterative decoding schemes. Tüchler <i>et al.</i> [110] extended the EXIT chart analysis to three-stage SCCCs.
2003	Sezgin <i>et al.</i> [111] proposed an iterative detection scheme, where a block code was used as an outer code and STBC as an inner code.
2004	Tüchler <i>et al.</i> [112] proposed a design procedure for creating systems exhibiting beneficial decoding convergence depending on the block length.
2005	Lifang <i>et al.</i> [113] showed that non-square QAM constellations can be decomposed into a parity-check block encoder having a recursive nature and a memoryless modulator. Iterative decoding was implemented in combination with an outer code for improving the system performance. Brännström <i>et al.</i> [114] considered EXIT chart analysis for multiple concatenated codes using 3-dimensional charts and proposed a way for finding the optimal activation order. Luo and Sweeney proposed the employment of cross-entropy as a novel method of predicting the convergence threshold of a TC, which achieved without imposing the usual conditions of either having a Gaussian distribution for the <i>a priori</i> /extrinsic information or perfect knowledge of the source information [115]. Douillard and Berrou [116] showed that double-binary TCs are capable of achieving a better performance in comparison to classic TCs [4].
2006	Chatzigeorgiou <i>et al.</i> proposed a novel technique of finding the transfer function of a punctured TC designed for optimal performance [117].
2008	Carson <i>et al.</i> proposed a novel optimal bit-to-symbol mapping scheme for an 8PSK modulated BICM-ID system for transmission over quasi-static fading channels [118]. Ng <i>et al.</i> [119] used EXIT charts and union bound analysis to compare the performance of near-capacity TTCM schemes. Mauder <i>et al.</i> [120] designed irregular variable length codes for the near-capacity operation of joint source and channel coding aided systems.
2009	Berrou <i>et al.</i> [121] proposed a low-complexity decoding algorithm for improving the performance of TCs in the 'turbo-cliff' region with the introduction of a rate-1 post-encoder applied in a classic TC scheme at the cost of imposing 10% increase in complexity.

We detail the proposed design procedure using 2D-EXIT charts in Section III-A1 and 3D-EXIT charts in Section III-B2. It will be argued that bit-based SECCCs lend themselves to more accurate EXIT-chart-based design than their symbol-based SECTCM counterparts shown in Figure 5, because the bits of a SECTCM symbol are not uncorrelated with each other, although this independence would be a prerequisite for having an accurate match between the EXIT curves and the Monte-Carlo simulation based decoding trajectories. Finally, in Section III-C we derive the union bounds for an SECCC scheme, which constitutes an upper bound on the bit error probability. Our derivation is based on the concept of the so-called uniform interleavers used in [127] for PCCC [4] and SCCC [65], [82], [84] in order to analyse their error floor.

A. Binary SECCC

SECCCs constitute low-complexity schemes involving only a single encoder and a single decoder. An EXIT chart based analysis of the iterative decoder provides an insight into its decoding convergence behaviour and hence it is helpful for finding the best coding schemes for creating SECCCs. An SECTCM scheme was designed using TCM as constituent codes with the aid of EXIT charts in [92]. The proposed design

was symbol-based, therefore it had the inherent problem of exhibiting a mismatch between the EXIT curve and the bit-by-bit decoding trajectory as shown in Figure 5. The main reason for the mismatch was that the EXIT charts were generated based on the assumption that the *extrinsic* information and the systematic information part of each TCM encoded symbol are independent of each other, which had a limited validity, since both the systematic and the parity bits were transmitted together as a single 2^{n+1} -ary symbol. More explicitly, the coded bits in each TCM symbol are correlated [123], [124], hence they cannot convey the maximum possible mutual information, which results in an entropy- or capacity-loss. Nonetheless, we found that the EXIT charts of the symbol-based SECCC scheme can be beneficially used, since the actual EXIT chart tunnel is always wider than the predicted EXIT chart tunnel [92]. Hence, the analysis was still valid, since it assisted us in finding the SNR value, where the decoder became capable of operating at an infinitesimally low BER. In the following section we describe the binary SECCC philosophy [128], which eliminates the mismatch inherited by the symbol-based TCM design.

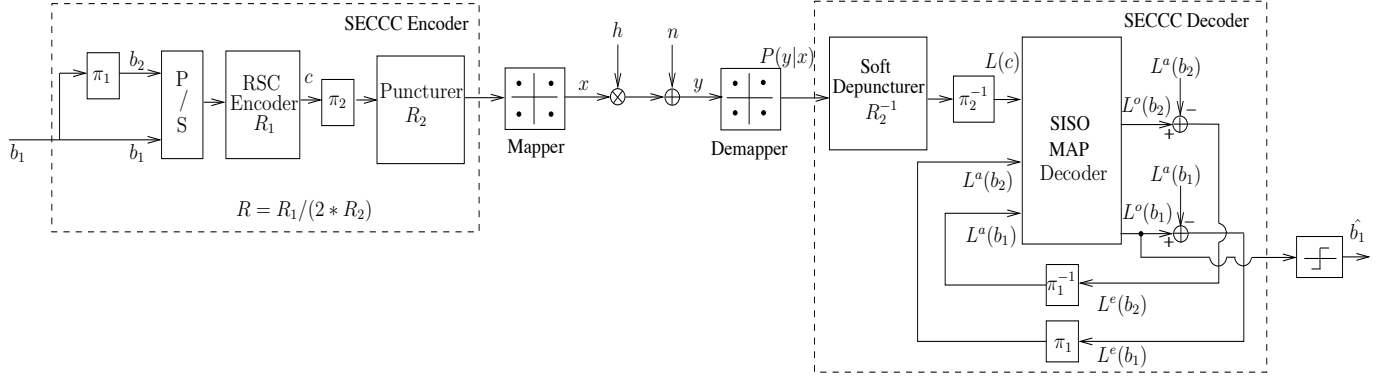


Fig. 6. Binary SECCC scheme [128], which is different from the SECTCM schematic of [92], since the RSC constituent encoder is followed by an interleaver, a puncturer and a modulator. By contrast, in the case of the SECTCM scheme of [92] the TCM constituent encoder generates its output after puncturing the systematic bits. This makes the SECCC scheme more flexible.

The scheme employs binary RSC codes as constituent codes to eliminate the mismatch inherited by the symbol-based TCM design of [92] by proposing a bit-based SECCC design [128] in order to create flexible SECCC schemes capable of efficiently operating over both AWGN and uncorrelated Rayleigh fading channels. Note that when bit-based channel interleaver is employed, each coded bit experiences uncorrelated fading. By contrast, when symbol-based channel interleaver is employed as in the SECTCM scheme, each complex-valued modulated symbol experiences uncorrelated fading but the bits within the modulated symbol experience the same fading. EXIT charts have been used to characterize the convergence behaviour of these schemes. It will be shown that some of the proposed SECCC schemes perform within about 1 dB from the AWGN and Rayleigh fading channels' capacity. The SECCC schemes considered in Section III-A employ Gray-Mapping (GM) based QPSK modulation. Note that the GM based QPSK can be viewed as two parallel BPSK when communicating over AWGN channel. However, our approach can be extended to higher order modulation schemes including 16QAM and 64QAM, which cannot be viewed as parallel BPSK schemes. The SECCC system model is depicted in Figure 6.

We consider a rate $R = 1/2$ SECCC scheme as an example, in order to highlight the various system concepts considered in this section. Again, both the AWGN and uncorrelated Rayleigh fading channels are considered. The notation $L(\cdot)$ in Figure 6 represents the LLR of the bit probabilities. The notations b and c in the round brackets $(\cdot)$ in Figure 6 denote the information bits and the coded symbols, respectively. The specific nature of the probabilities and LLRs is represented by the subscripts a , o and e , which denote in Figure 6, *a priori*, *a posteriori* and *extrinsic* information, respectively. As shown in Figure 6, the input bit sequence $\{b_1\}$ of the self-concatenated encoder is interleaved for yielding the bit sequence $\{b_2\}$. The resultant bit sequences are parallel-to-serial converted and then fed to the RSC encoder using the generator polynomials $(g_r = 13, g_1 = 15, g_2 = 17)_8$ expressed in octal format and having a rate of $R_1 = 1/3$ and memory $\nu = 3$, where g_r specifies the feedback polynomial [71]. Hence for every bit input to the SECCC encoder there are six output bits of the RSC encoder.

At the output of the encoder there is an interleaver and then a rate $R_2 = 1/3$ puncturer, which punctures (obliterates i.e. does not transmit) two bits out of three encoded bits. Hence, the overall code rate, R can be derived based on [129] as:

$$R = \frac{R_1}{2 \times R_2} = \frac{1}{2} \left(\frac{1}{3 \left(\frac{1}{3} \right)} \right) = \frac{1}{2}. \quad (1)$$

Therefore, at the output of the puncturer the number of encoded bits reduces from six to two bits, namely to $(c_1 c_0)$. Puncturing is used in order to increase the achievable bandwidth efficiency η . It can be observed that different codes can be designed by changing R_1 and R_2 . These bits are then mapped to a QPSK symbol as $x = \mu(c_1 c_0)$, where $\mu(\cdot)$ is the Gray-coded mapping function. Hence the bandwidth efficiency is given by $\eta = R \times \log_2(4) = 1$ bit/s/Hz assuming a zero Nyquist roll-off-factor. The QPSK symbol x is then transmitted over the communication channel. At the receiver side the received symbol is given by:

$$y = hx + n, \quad (2)$$

where h is the channel's non-dispersive fading coefficient and n is the AWGN having a variance of $N_0/2$ per dimension. We assumed that the receiver knows perfectly the channel fading coefficient and the noise variance throughout this paper. This signal is then used by a soft demapper for calculating the conditional PDF of receiving y , when a complex-value x^m was transmitted, yielding

$$P(y|x^{(m)}) = \frac{1}{\pi N_0} \exp \left(-\frac{|y - hx^{(m)}|^2}{N_0} \right), \quad (3)$$

where $x^{(m)} = \mu(c_1 c_0)$ is the hypothetically transmitted QPSK symbol for $m \in \{0, 1, 2, 3\}$. Then these PDFs are passed to a soft depuncturer, which converts the PDFs to bit-based LLRs and inserts zero LLRs at the punctured bit positions. These LLRs are then deinterleaved and fed to the SISO MAP decoder. The decoder of Figure 6 is a self-concatenated decoder. It first calculates the extrinsic LLRs of the information bits, namely $L^e(b_1)$ and $L^e(b_2)$. Then they are appropriately interleaved to yield the *a priori* LLRs of

the information bits, namely $L^a(b_1)$ and $L^a(b_2)$, as shown in Figure 6. Self-concatenated decoding proceeds, until a fixed number of iterations is reached.

1) *Decoding Convergence Analysis Using 2-D EXIT Charts:* Let us now embark on finding the threshold E_b/N_0 point by calculating the EXIT curve of the identical decoder components and then plotting them together in the EXIT chart, as detailed in [92]. For a code-rate of $R_1 = 1/2$ and code-memory of $\nu = 2$, the generator polynomial $G = (7, 5)_8$ is used, whereas for $\nu = 3$, the generator polynomial $G = (13, 15)_8$ is employed. For $R_1 = 1/3$ and $\nu = 3$, $G = (13, 15, 17)_8$ is used, where the first number in the generator polynomial represents the feedback polynomial [71].

The bits are mapped to the QPSK symbols using Gray Mapping (GM). The EXIT charts of the GM-based RSC-coded SECCC systems having rates of $R_1 = 1/2$ and $R_2 = 3/4$ are plotted in Figure 7. The EXIT curves of the proposed scheme accurately match the decoding trajectories computed from the bit-by-bit simulations, which was not the case for the symbol-based EXIT charts of [92] recorded for the TCM constituent codes.

To elaborate a little further, the EXIT curves and two randomly chosen decoding trajectories were recorded for the specific binary SECCC scheme that was found to operate closest to the Rayleigh channel's capacity in Figure 7. These were recorded by using 10 transmission frames, each consisting of 24×10^3 information bits for calculating the EXIT curve and 10 frames each consisting of 120×10^3 information bits for calculating the decoding trajectories.

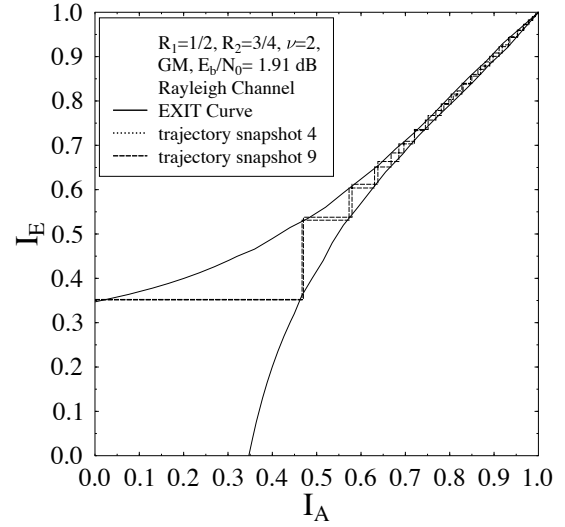
For the scheme employing $\nu = 3$, $R_1 = 1/2$ and $R_2 = 3/4$, the E_b/N_0 distance between the capacity and the threshold E_b/N_0 point where the decoding trajectory always gets through the open tunnel is 1.02 dB in case of Rayleigh fading channels. For a bandwidth efficiency of 0.67 bit/s/Hz, the capacity of the $\nu = 3$, $R_1 = 1/2$ and $R_2 = 3/4$ scheme [2] is 0.54 dB for the QPSK-based discrete-input Rayleigh fading channels.

B. Binary SECCC-ID Using Soft Decision Demapping

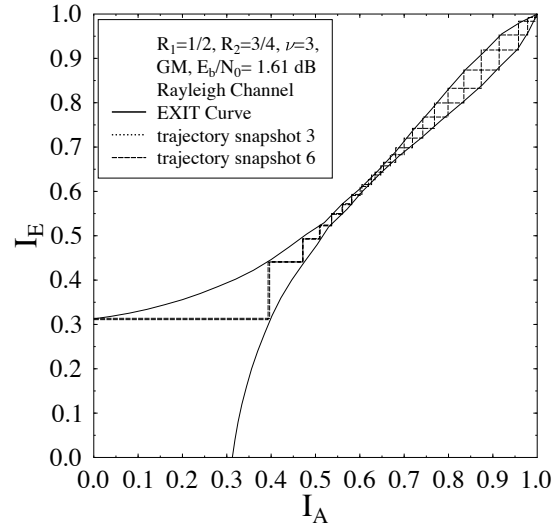
It was suggested in [131] that a symbol-based scheme always has a lower convergence threshold compared to an equivalent binary scheme. In order to recover the information loss due to employing binary rather than non-binary schemes, we will demonstrate that soft decision feedback is required between the SISO MAP decoder and the soft demapper [130], [132].

Similar to Bit-Interleaved Coded Modulation using the Iterative Decoding (BICM-ID) concept [133], we also employ iterations between the SECCC and the Soft Demapper in our SECCC-ID scheme. However, instead of using N parallel bit interleavers as in BICM-ID, we only have one bit interleaver in our system. Note that the optimized mapping of [134] and the multidimensional mapping of [135] can also be employed for the SECCC-ID scheme.

Two-stage iterative receivers can be analysed with the aid of 2-D EXIT charts, while their three-stage counterparts require 3-D EXIT charts, which were proposed in [110] and further studied in [114], [136], [137]. We will show that 3-D EXIT



(a) $\nu = 2$



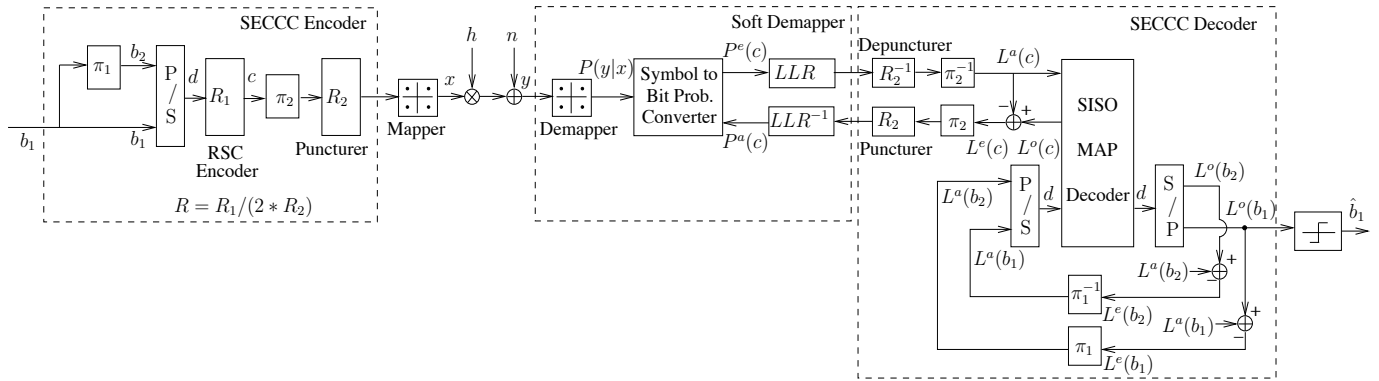
(b) $\nu = 3$

Fig. 7. EXIT chart and two 'snap-shot' decoding trajectories for $R_1=1/2$ and $R_2=3/4$, QPSK-assisted SECCC, $\eta = 0.67$ bit/s/Hz, for transmission over a Rayleigh fading channel.

charts provide a unique insight into the design of near-capacity SECCC-ID codes.

1) *Binary SECCC-ID System Model:* The proposed binary SECCC-ID system model employing Set Partitioning (SP) [138] based QPSK modulation is shown in Figure 8. The notations $P(\cdot)$ and $L(\cdot)$ in Figure 8 denote the logarithmic-domain symbol probabilities and the LLR of the bit probabilities, respectively. The rest of the notations used in Figure 8 have been defined in Section III-A. The binary SECCC scheme depicted in Figure 6 does not have the ability of exchanging soft information with the demapper.

The QPSK symbol x is then transmitted over the communication channel. At the receiver side the received symbol is given by Equation 2. This signal is then used by the demapper for calculating the conditional PDF of receiving y , when x^m was transmitted, as in Equation 3. These PDFs are then passed



The EXIT charts recorded for the binary SECCC-ID schemes of Table IV are shown in Figures 10, 11 and 12(b). The hypothetical component 2 of the SECCC decoder of Figure 9 receives inputs from and provides outputs for both the soft demapper and the hypothetical component 1 SECCC decoder of Figure 9. Hence we have two EXIT surfaces in Figure 10, the first one corresponding to the component 2 decoder's average mutual information $I_{E_3}(C)$ provided for the

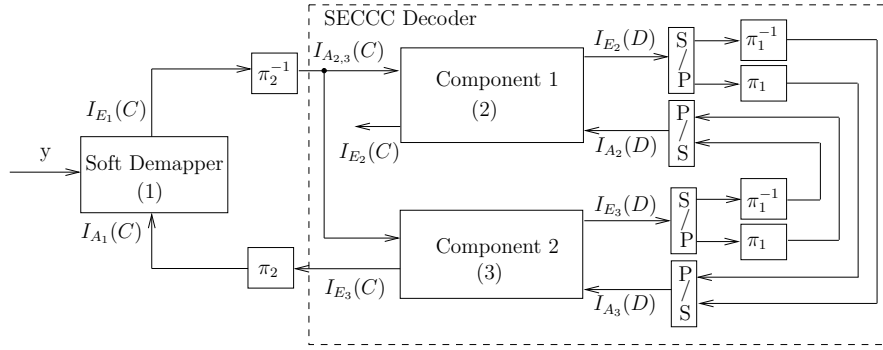


Fig. 9. Mutual information exchange between the three components of an SECCC-ID scheme.

TABLE IV
VARIOUS SECCC AND SECCC-ID SCHEMES AND THEIR THRESHOLDS.

SECCC/ SECCC-ID Schemes	Mapping	ν	η (bit/s /Hz)	AWGN Channel E_b/N_0 (dB)		Rayleigh Channel E_b/N_0 (dB)	
				Λ	ω	Λ	ω
$R_1=1/2$, $R_2=3/4$, $R=1/3$	GM	2	0.67	0.71	-0.49	1.81	0.54
	SP	3		0.25		1.35	
	GM	3		0.44		1.56	
$R_1=1/2$, $R_2=1/2$, $R=1/2$	SP	3		0.5		1.55	
	GM	2	1	1.45	0.19	3.4	1.83
	SP	3		1.0		3.4	
$R_1=1/2$, $R_2=1/3$, $R=3/4$	GM	2	1.5	1.2		3.2	
	SP	3		1.25		3.3	
	GM	2		3.44	1.65	8.54	4.98
$R_1=1/3$, $R_2=2/3$, $R=1/4$	SP	3		3.2		8.4	
	GM	3		3.24		8.09	
	SP	3		3.2		8.1	
$R_1=1/3$, $R_2=1/3$, $R=1/2$	GM	2	0.5	0.17	-0.86	0.96	-0.09
	SP	3		0.07		0.82	
	GM	2	1	1.28	0.19	3.3	1.83
$R_1=1/3$, $R_2=1/4$, $R=2/3$	SP	3		1.23		3.4	
	GM	2	1.33	2.43	1.06	5.95	3.65
	SP	3		2.37		5.7	

soft demapper, while the second one corresponding to $I_{E_3}(D)$ is supplied for the component 1 SECCC decoder, as shown in Figure 9. The same procedure can be used to calculate the two EXIT surfaces for the average mutual information of the component 1 decoder. One of the EXIT surfaces corresponds to the mutual information $I_{E_2}(C)$ provided for the soft demapper (not used) in Figure 9. Similarly, the component 1 SECCC decoder has the other EXIT surface characterising its average mutual information $I_{E_2}(D)$ forwarded to the hypothetical component 2 SECCC decoder of Figure 9. By contrast, the soft demapper has a single EXIT surface characterising its average mutual information $I_{E_1}(C)$ forwarded to component 1 and 2 of the SECCC decoder of Figure 9.

The scheme using $R_1 = 1/2$, $R_2 = 3/4$, $\nu = 2$ and employing the SP based Soft Demapper is shown in Figures 10 and 11. Specifically, the EXIT surface marked with triangles in Figure 10 was computed based on the Soft Demapper's output $I_{E_1}(C)$ at the given $I_{E_3}(D)$ value of the component 2 SECCC Decoder and $I_{A_1}(C)$ of the Soft Demapper's abscissa values. By contrast, the steeply rising EXIT surface drawn using dotted lines in Figure 10 was computed based on the component 2 decoder's outputs $I_{E_3}(C)$ and $I_{E_3}(D)$ at the given $I_{A_{2,3}}(C)$ value. Note that the Soft Demapper

characteristic is independent of $I_{E_3}(D)$ gleaned from the output of the component 2 decoder, as seen in Figure 9. As we can see from Figure 10, the decoding trajectory is computed at $E_b/N_0 = 1.55$ dB¹. The Monte-Carlo simulation-based symbol-by-symbol decoding trajectory (solid line) relies on the average mutual information of the component 2 SECCC decoder's output, namely on $I_{E_3}(C)$, and it evolves within the space under the EXIT surface marked with triangles but above the EXIT surface drawn using dotted lines, which means that it matches the 3-D EXIT curves.

Similarly, the EXIT surface of Figure 11 spanning from the horizontal line $[I_{A_2}(D) = \{0 \rightarrow 1\}, I_{E_2}(D) = 0, I_{A_{2,3}}(C) = 0]$ to the horizontal line $[I_{A_2}(D) = \{0 \rightarrow 1\}, I_{E_2}(D) = 1, I_{A_{2,3}}(C) = 1]$, represents the first hypothetical SECCC decoder component. Since in case of SECCCs these are identical components, we only have to compute the EXIT surface of a single component and the other is its mirror image [92]. The EXIT surfaces of the two hypothetical decoder components are plotted within the same EXIT chart together with their corresponding decoding trajectory for the sake of visualizing the exchange of extrinsic information between the decoders. The EXIT surfaces of the proposed scheme match exactly the decoding trajectories computed from the bit-by-bit simulations.

The 2-D EXIT curves recorded for a Rayleigh fading channel are shown in Figure 12(a). These exemplify the method of finding thresholds for the Gray mapped SECCC-ID scheme using $\nu = 2$, $R_1 = 1/2$ and $R_2 = 3/4$. 2-D EXIT curves have been used for the case of Gray mapping, because there is no mutual information exchange gain between the soft demapper and the decoder. Hence, the decoder's convergence threshold can be calculated using 2-D EXIT charts for the case of Gray mapping. The threshold of $E_b/N_0 = 1.81$ dB is shown in Figure 12(a) and in Table IV, which is 1.27 dB away from the Rayleigh fading channel's capacity.

By contrast, to calculate the threshold of a given SP mapping based SECCC-ID scheme, we have to rely on 3-D EXIT charts to analyse the mutual information exchange gain achieved, while iterating between the soft demapper and the decoder. This is shown in Figures 10 and 11. The intersection of the surfaces in Figure 10 represents the points of con-

¹Note that there is a small but still beneficial vertical step in the decoding trajectory (Figs. 10 and 11) after each iteration of the SECCC decoder and the Soft Demapper. This justifies the use of 3-D EXIT charts as compared to 2-D EXIT charts, where this gain cannot be observed.

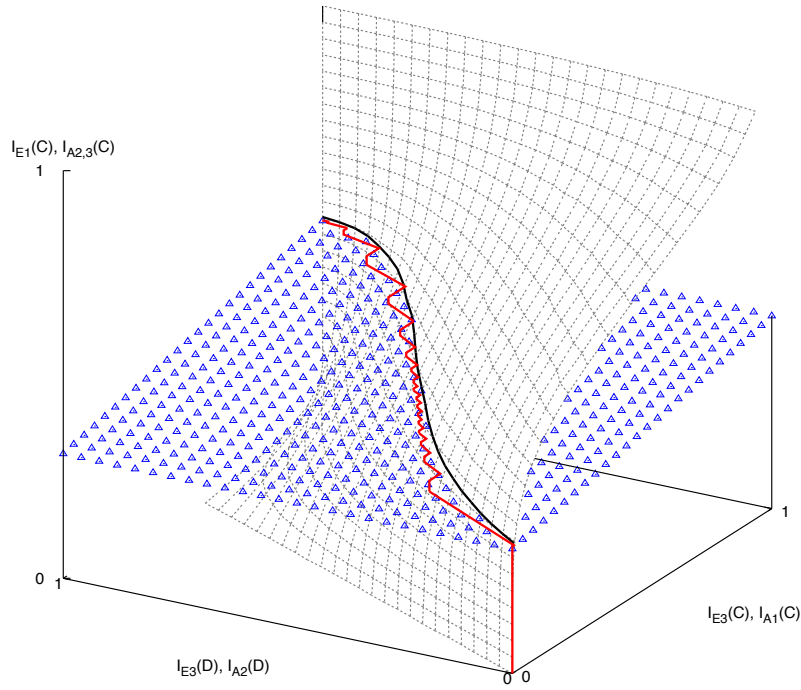


Fig. 10. 3-D EXIT surfaces of SECCC decoder (dotted) and Soft Demapper (triangles) along with a 'snap-shot' decoding trajectory for $R_1=1/2$ and $R_2=3/4$, QPSK-assisted SECCC-ID, $\nu = 2$, $\eta = 0.67$ bit/s/Hz at $E_b/N_0 = 1.55$ dB using SP mapping, for transmission over an uncorrelated non-dispersive Rayleigh fading channel.

vergence between the SNR-dependent soft demapper and the SNR-independent SECCC-ID decoder. At these intersection points we have shown a solid line. The corresponding $I_{E_2}(D)$ values associated with the curve of intersection between the surfaces in Figure 10 and its mirror image are projected onto the surfaces seen in Figure 11. Figure 11 also shows the Monte-Carlo-simulation based decoding trajectory matching these EXIT curves. These EXIT curves are projected onto $I_{E_1}(C) = 0$ for yielding Figure 12(b). The 2-D projection seen in Figure 12(b) for the Rayleigh fading channel has a threshold of 1.35 dB. Hence, an overall gain of 0.46 dB is attained compared to the Gray mapping performance seen in Figure 12(a). The uncorrelated Rayleigh fading channel's capacity is 0.54 dB for this scheme, hence, it operates 0.81 dB away from capacity.

The interleaver, π_1 of Figure 8 is used in all of the schemes considered in Table IV, which renders the information bits, more-or-less uncorrelated. This is a necessary requirement for the generation of accurate EXIT charts, because they require the LLRs of the information bits to be Gaussian distributed. The interleaver used after the RSC encoder of Figure 8, namely π_2 , randomises the coded bits before the puncturer.

3) *Results and Discussions*: The EXIT charts discussed in Section III-B2 were used to find the different-rate near capacity SECCC-ID schemes of Table IV designed for $\nu = \{2, 3\}$, when communicating over AWGN and uncorrelated non-dispersive Rayleigh fading channels.

The vanishingly-low BER threshold predicted by the EXIT chart analysis detailed in Section III-B2 closely matches with the actual Monte-Carlo-simulation-based threshold observed in the BER curve given by the specific E_b/N_0 value, where there is a sudden drop of the BER after a certain number of decoding iterations, as shown in Figure 13. Hence it becomes possible to attain an infinitesimally low BER beyond the threshold E_b/N_0 value, provided that the block length is sufficiently long and the number of decoding iterations is sufficiently high.

Again, the BER versus E_b/N_0 performance curves of the best performing QPSK-assisted SECCC-ID schemes having $R_1 = 1/2$ and $R_2 = 3/4$, recorded from our bit-by-bit Monte-Carlo simulations are shown in Figure 13. Explicitly, Figure 13 portrays the E_b/N_0 difference between the channel capacity and the system operating at a BER of 10^{-3} marked by dotted lines, which was recorded for the SECCC-ID scheme having a code memory of $\nu = 2$. The SP mapping scheme operates 0.93 dB away from capacity, which is 0.35 dB better compared to the Gray mapping scheme at a BER of 10^{-3} .

As we can see by studying Table IV and Figure 13, the BER thresholds are accurately predicted by the EXIT charts. Hence, the binary EXIT chart is useful for finding the best SECCC-ID schemes that are capable of decoding convergence to a vanishingly low BER at the lowest possible E_b/N_0 value. We apply the same method of calculating the BER thresholds for a range of SECCC-ID schemes, as detailed in Table IV.

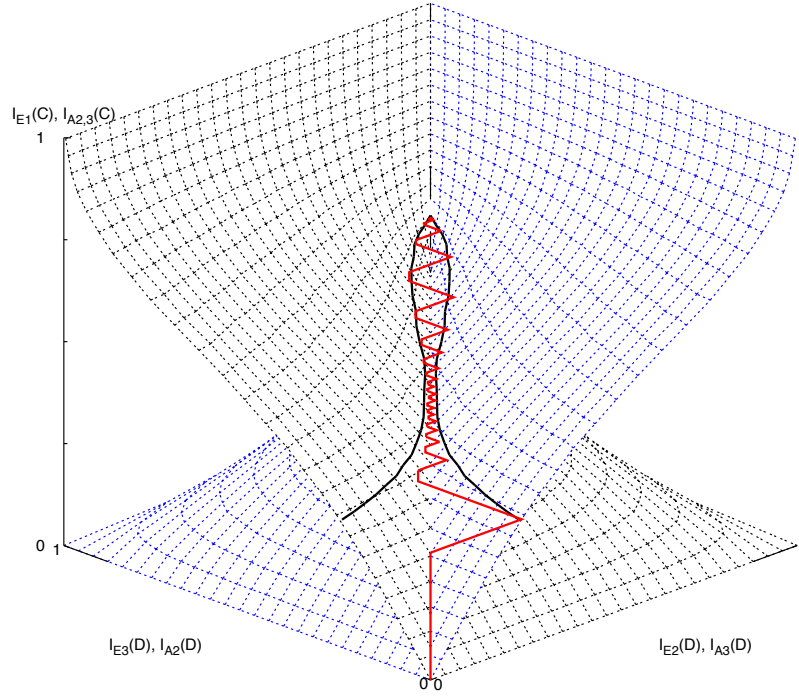


Fig. 11. 3-D EXIT surfaces of the two identical hypothetical SECCC decoder components and a 'snap-shot' decoding trajectory for $R_1=1/2$ and $R_2=3/4$, QPSK-assisted SECCC-ID, $\nu = 2$, $\eta = 0.67$ bit/s/Hz at $E_b/N_0 = 1.55$ dB using SP mapping for transmission over an uncorrelated non-dispersive Rayleigh fading channel.

C. Union Bounds of Self-Concatenated Convolutional Codes

The union bound constitutes a popular code design technique [63], [119], [139]–[143], which may also be used for assisting us in analysing the error floor of turbo-like codes. In this section we derive the union bound of an SECCC scheme for communications over both AWGN and uncorrelated Rayleigh fading channels. As discussed in Section III, the calculation of the union bound involves the computation of the distance spectrum [139] of the code. However, for a high codeword length it may become computationally prohibitive to compute the entire distance spectrum. Hence the Truncated Union Bound (TUB) is considered here, which takes into account the contribution of the lowest non-zero distance spectrum terms [140] rather than only the minimum distance. This technique is useful for studying the corresponding BER floors, regardless of the interleaver lengths [119].

1) *System Model for Union Bound Analysis:* The schematic of the SECCC encoder employing a $R_1 = 1/2$ RSC encoder and a $R_2 = 1/2$ puncturer is shown in Fig. 14. As seen from Fig. 14, the bit sequence $\mathbf{b}_2 = [b_{2,1} \ b_{2,2} \ b_{2,3} \dots]$ is simply the interleaved version of the original bit sequence $\mathbf{b}_1 = [b_{1,1} \ b_{1,2} \ b_{1,3} \dots]$. After the parallel-to-serial (P/S) conversion, we can compute the information sequence of the hypothetical upper SECCC component code as $\mathbf{b}^{(1)} = [b_{1,1} \ b_{2,1} \ b_{1,2} \ b_{2,2} \dots]$. Interestingly, we can view the information sequence of the hypothetical lower SECCC component

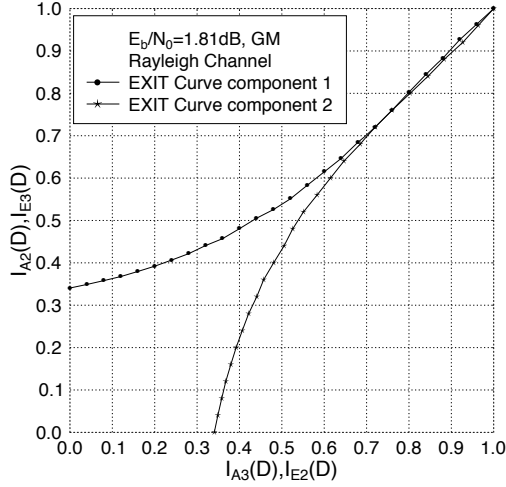
code $\mathbf{b}^{(2)}$ as the interleaved version of $\mathbf{b}^{(1)}$ using a so-called Odd-Even Separation (OES) based interleaver π_{oes} , which was detailed for example in [5]. More explicitly, the OES interleaver consists of two component interleavers, where the odd position of the bit sequence is permuted based on the mapping of $\pi_o = \pi$, while the even position of the bit sequence is permuted based on the inverse of the mapping π , namely on $\pi_e = \pi^{-1}$.

We apply a puncturer that removes the interleaved bit sequence $\mathbf{b}_2$ as well as all parity bits corresponding to the bit sequence $\mathbf{b}_1$ in order to yield the output sequence $\mathbf{c}^{(1)}$, as shown in Fig. 14. The resultant puncturing rate is given by $R_2 = 1/2$ and the SECCC output sequence $\mathbf{c}^{(1)}$ consists of only the input bit sequence $\mathbf{b}_1$ as well as the parity bit sequence corresponding to $\mathbf{b}_2$, as shown in Fig. 14. The SECCC encoder consists of both the rate- R_1 RSC encoder and the rate- R_2 puncturer. Hence, the coding rate of the SECCC encoder, as shown in Fig. 14, is given by $R = R_1/(2R_2) = 1/2$.

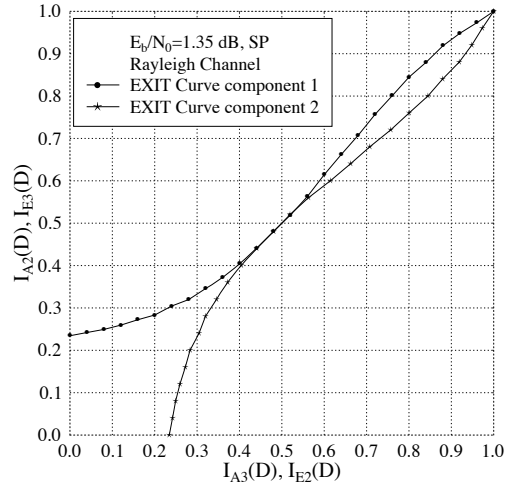
Based on these observations, we are able to compute the union bound of SECCCs [87], as detailed in Section III-C2.

2) *Union Bounds of SECCCs:* The so-called Weight Enumerating Function (WEF) is defined as a polynomial, where the weighting coefficient of the W -th order term specifies the number of legitimate codewords having a weight of W . The WEF of SECCCs may hence be expressed as:

$$A_{w,\delta} = A_{2w,\delta^{(1)}}^{(1)} \cdot A_{2w,\delta^{(2)}}^{(2)} \cdot P_{\pi}^{N,w}, \quad (4)$$



(a) Gray mapping



(b) 2D projection of SP mapping

Fig. 12. EXIT curves of the $R_1=1/2$ and $R_2=3/4$, $\nu = 2$, SECCC-ID scheme to find the corresponding thresholds, operating over an uncorrelated non-dispersive Rayleigh fading channel.

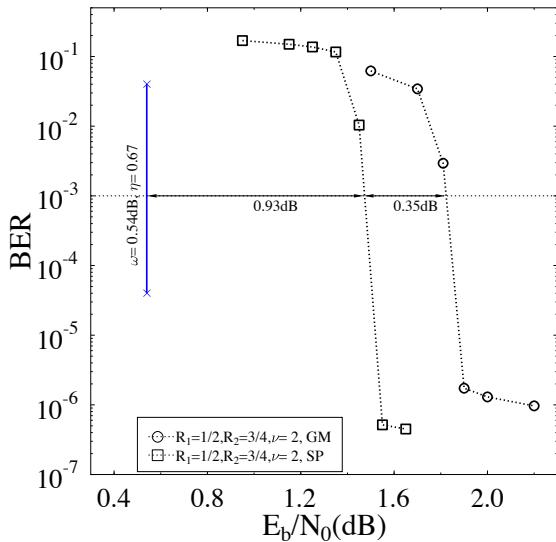


Fig. 13. The BER versus E_b/N_0 performance of Gray and SP mapped QPSK-assisted SECCC-ID schemes, $R_1 = 1/2$, $R_2 = 3/4$, and $I = 40$ decoding iterations for $\nu = 2$, operating over an uncorrelated Rayleigh fading channel.

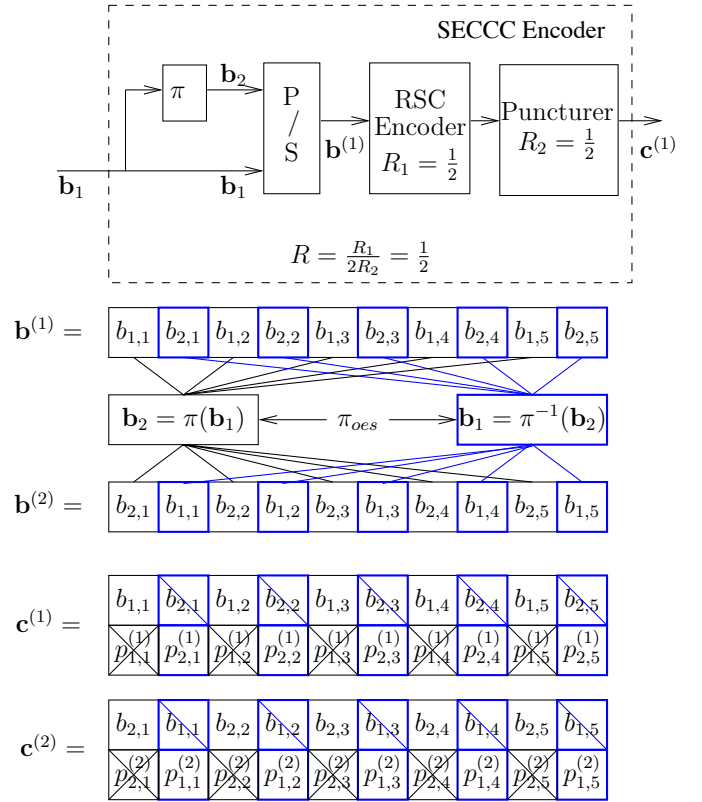


Fig. 14. Schematic of the SECCC encoder. The notations $\mathbf{b}^{(1)}$ and $\mathbf{b}^{(2)}$ denote the information sequences of the hypothetical upper and lower component encoder, respectively, while the puncturer output sequences of the hypothetical upper and lower component encoder are denoted as $\mathbf{c}^{(1)}$ and $\mathbf{c}^{(2)}$, respectively [87].

where $A_{2w, \delta^{(1)}}^{(1)}$ and $A_{2w, \delta^{(2)}}^{(2)}$ are the WEFs of the hypothetical upper and lower component codes, respectively. The effective parity weight of an SECCC is given by:

$$\delta = \delta^{(1)} + \delta^{(2)}, \quad (5)$$

where $\delta^{(1)}$ and $\delta^{(2)}$ are the parity weights of the hypothetical upper and lower component codes, respectively. The above procedure is similar to that devised for the TTCM scheme of [119] employing two TCM constituent codes, where the parity bits of the upper and lower TCM encoded symbols are punctured at the even and odd symbol indices, respectively. As we can see from Fig. 14, the information sequence of the upper component encoder $\mathbf{b}^{(1)}$ consists of the original information sequence $\mathbf{b}_1$ and its interleaved version $\mathbf{b}_2$. Hence, if the original information sequence $\mathbf{b}_1$ has an information weight of w , then the information sequence of the upper component encoder $\mathbf{b}^{(1)}$ will have an information weight of $2w$. The same also applies to the lower component code.

The term $P_{\pi}^{N,w}$ denotes the probability of occurrence for all the associated error events having w information bit errors, when employing a self-concatenated bit-interleaver having a length of N bits. The evaluation of $P_{\pi}^{N,w}$ is based on the novel uniform self-interleaver concept, which may be interpreted as the extension of the uniform bit-interleaver concept proposed in [127]. A uniform self-interleaver of length N bits is a probabilistic device, which maps a given input sequence of

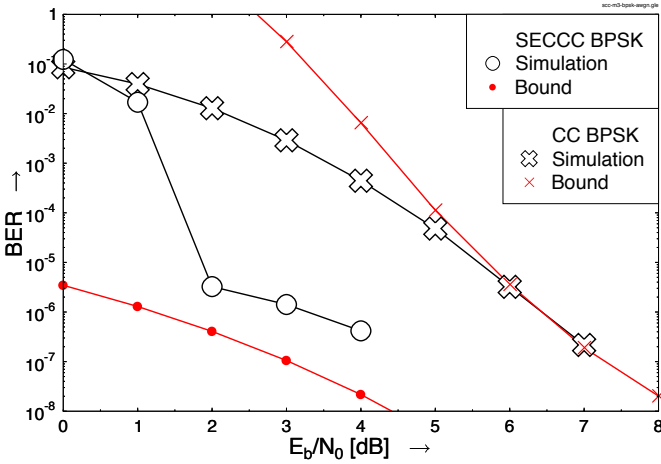


Fig. 15. Simulations and TUBs of BPSK-assisted CC and SECCC, when communicating over AWGN channels. The union bounds are truncated at a maximum Hamming distance of $\Delta_{H \max} = 20$. The SECCC employs an interleaver of length 12 000 bits and 16 decoding iterations.

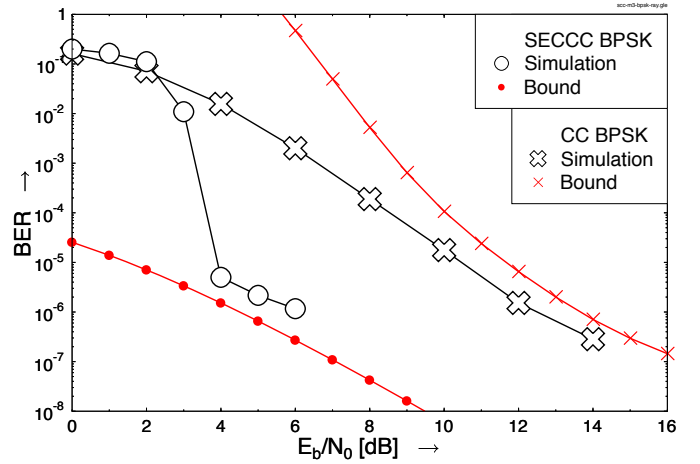


Fig. 16. Simulations and TUBs of BPSK-assisted CC and SECCC, when communicating over uncorrelated Rayleigh fading channels. The union bounds are truncated at a maximum Hamming distance of $\Delta_{H \max} = 20$. The SECCC employs an interleaver of length 12 000 bits and 16 decoding iterations.

length N bits having an information weight of w bits into all possible permutations in the odd and even partitions of an equivalent odd-even-separation based interleaver of length $2N$ having an information weight of $2w$, with equal probability of:

$$P_{\pi}^{N,w} = P^{N,w} \cdot P^{N,w}, \quad (6)$$

where $P^{N,w} = 1/\binom{N}{w}$, which characterizes the traditional N -bit uniform interleaver having an information weight of w bits. If there are w bit errors in the information sequence, then there will be w bit errors in the 'odd' sequence $\mathbf{b}_1$ as well as another w bit errors in the 'even' sequence $\mathbf{b}_2$, since $\mathbf{b}_2$ is simply the interleaved version of the $\mathbf{b}_1$ sequence.

The WEF $A_{w,\delta}$ of an SECCC having a block length of N encoded symbols and a total of M trellis states can be calculated as follows. We can define the State Input-Redundancy WEF (SIRWEF) for a block of N SECCC-encoded symbols as:

$$A(N, S, W, Z) = \sum_w \sum_{\delta} A_{N,S,w,\delta} \cdot W^w Z^{\delta}, \quad (7)$$

where $A_{N,S,w,\delta}$ is the number of paths in the trellis entering state S at symbol index N , which have an information weight of w and a parity weight of δ . The notations W and Z represent dummy variables. For each n -bit coded symbol at index t , the term $A_{t,S,w,\delta} = \sum_{S', S; u_t} A_{t-1, S', w', \delta'}$ for $1 \leq t \leq N$ is calculated recursively, where u_t represents the specific k -bit input symbol that triggers the transition from state S' at index $(t-1)$ to state S at index t , while the terms $w = w' + i(S', S)$ and $\delta = \delta' + \Phi(S', S)$,

where w' and δ' are the information weight and the parity weight, respectively, of the trellis paths entering state S' at index $(t-1)$. Furthermore, $i(S', S) \in \{0, 1, \dots, k\}$ is the information weight of the k -bit information symbol u_t that triggers the transition from state S' to S and $\Phi(S', S) \in \{0, 1, \dots, n-k\}$ is the parity weight between $\hat{c}_t$ and c_t , where $\hat{c}_t$ is the encoded n -bit symbol corresponding to the trellis branch in the transition from state S' to S , while c_t

is the actual encoded n -bit symbol at index t . Again, all the parity bits in $\{c_t\}$ (or $\{\hat{c}_t\}$) corresponding to the odd-position information bits are punctured. Note that the parity weight contribution corresponding to a punctured parity bit equals to zero.

Let the encoding process commence from state 0 at index 0 and terminate at any of the M possible states at index N . Then the WEF is given by: $A_{w,\delta} = \sum_S A_{N,S,w,\delta}$. Note that for linear codes [75] the distance profile of the code is independent of which particular encoded symbol sequence is considered to be the correct one. Hence, for the sake of simplicity, we can assume that the all-zero encoded symbol sequence is transmitted.

The union bound of an SECCC employing BPSK modulation can be shown to be [87]:

$$P_b \leq \sum_{\Delta_H} \sum_w \frac{A_{2w,\delta^{(1)}}^{(1)} \cdot A_{2w,\delta^{(2)}}^{(2)}}{\binom{N}{w} \cdot \binom{N}{w}} \cdot \frac{w \cdot Q(\sqrt{2\gamma\Delta_H})}{kN}, \quad (8)$$

when communicating over AWGN channels and

$$P_b \leq \sum_{\Delta_H} \sum_w \frac{A_{2w,\delta^{(1)}}^{(1)} \cdot A_{2w,\delta^{(2)}}^{(2)}}{\binom{N}{w} \cdot \binom{N}{w}} \cdot \frac{w \cdot (1+\gamma)^{-\Delta_H}}{2kN}, \quad (9)$$

when communicating over uncorrelated Rayleigh fading channels, where $\Delta_H = w + \delta^{(1)} + \delta^{(2)}$.

3) *Results and Discussions*: Let us now compare the BER performance of CCs and SECCCs to their union bounds truncated at a maximum Hamming distance of $\Delta_{H \max} = w_{\max} + \delta_{\max} = 20$, where the maximum information and parity weights considered are $w_{\max} = 10$ and $\delta_{\max} = 10$, respectively. Figures 15 and 16 shows the BERs of our simulations and the corresponding union bounds of the CCs and SECCCs employing BPSK modulation, when communicating over both AWGN and uncorrelated Rayleigh fading channels. Both the CC and SECCC employ an RSC code based on a generator polynomial of $G = [13 \ 15]$ expressed in octal format.

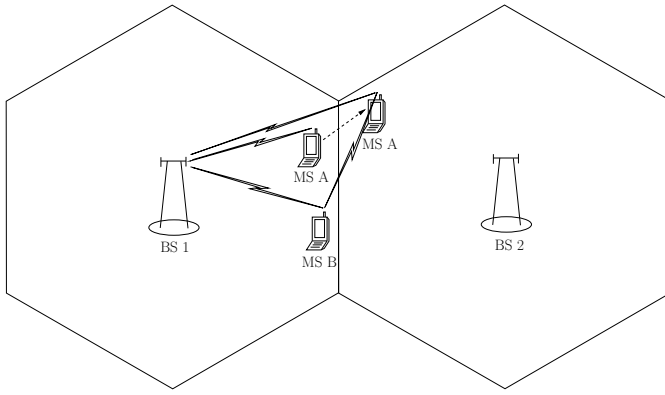


Fig. 17. An example of a cooperative communication scenario.

As shown in Figures 15 and 16, the truncated union bound quantifies the BER floor of SECCCs quite accurately. Hence, we can design SECCCs having various desired BER floors using the proposed TUB.

IV. DISTRIBUTED SELF-CONCATENATED CODING FOR COOPERATIVE COMMUNICATIONS

In this section, we propose a Distributed Binary Self-Concatenated Coding scheme using Iterative Decoding (DSECCC-ID) for cooperative communications [144], which is designed with the aid of binary EXIT charts using the SECCCs of Section III. The benefits of cooperative communications are detailed below.

A. Cooperative Communications

Traditional direct transmission has its shortfalls, because when the MS roams at the fringe of the cell's coverage region while a conversation is in progress, initiating a handoff might not be possible due to the unavailability of unused channels or the lack of sufficient signal level at the adjacent cell. The call may be dropped in that scenario. Cooperative communication comes to our help in this case. It has the potential of extending the coverage area of a cell by creating an alternative transmission path from the MS to the base station (BS) via the introduction of a relay, as shown in Figure 17. Another advantage of this is the creation of independent paths between the MS and the BS, namely the direct path between the two and the one via the relay.

There are various protocols that may be implemented at the relay channel. These can generally be organised into fixed and adaptive relaying schemes [7]. In fixed relaying schemes the channel resources are shared between the source and the relay in a time-invariant manner. They can be further divided into Amplify-And-Forward (AAF), Decode-And-Forward (DAF), Compress-And-Forward (CAF) and Coded Cooperation [7], [145]. The AAF scheme relies on a relay, which amplifies the received signal and then transmits it to the destination. Although the noise is also amplified along with the signal, we still gain spatial diversity by transmitting the signal over two spatially independent channels [146]. The DAF scheme has a relay which decodes the received signal transmitted by the source, re-encodes it and then forwards it to the

destination, which combines all the independently faded signal replicas [146]. In CAF relaying [147], [148] the relay transmits a quantised and compressed version of the received signal in the form of source encoded symbols. At the destination, the source encoded i.e. compressed version of the relay's transmitted signal is decoded by mapping the received bits into a set of values that estimate the source's transmitted message, which are then combined with the message directly received from the source. Finally, in coded cooperation [149] incremental redundancy is introduced by the relay, which is then combined at the destination with the codeword sent by the source, resulting in a codeword benefitting from an increased amount of redundancy. While in some codes the information and redundancy are encoded in such a way that they are inseparable and only perfectly error-free decoding can separate them, some redundancy can be removed from the codeword in the case of punctured concatenated codes.

Major cooperative communications techniques have been outlined in Table V. The basic idea behind cooperative communications can be traced back to the philosophy of the relay channel, which was introduced in 1971 by van der Meulen [150]. Although full-duplex relaying and the associated capacity theorem derived for the discrete memoryless relay channel model have been proposed by Cover and El Gamal [147], practical cooperative diversity schemes were only proposed much later in [146], [151]–[153]. In [154] Sendonaris *et al.* generalised the conventional relay model, where there is one source, one relay and one destination, to multiple nodes that transmit their own data as well as serve as relays for each other. The scheme of [154] was referred to as “user cooperation diversity”. Sendonaris *et al.* presented in [151], [155] a simple user-cooperation methodology based on a DAF signalling scheme using CDMA. Dohler *et al.* [156] introduced the concept of VAAs that emulates Alamouti's STBC for single-antenna-aided cooperating users. Space-time coded cooperative diversity protocols designed for exploiting spatial diversity in a cooperative scenario were proposed in [157]. In practice, each mobile collaborates with either a single or with a few partners for the sake of reliably transmitting both its own information and that of its partners in a concerted action, which emulates a virtual MIMO scheme.

Cooperative communications have been shown to offer significant performance gains in terms of various performance metrics, including improved diversity gains [146], [157], [158] as well as multiplexing gains [159]. Hunter *et al.* [149] proposed the novel philosophy of coded cooperation schemes, which combine the idea of cooperation with the family of classic channel coding methods. Its extension to the framework of coded cooperation was presented in [8], where the diversity gain of coded cooperation was increased with the aid of ideas borrowed from the area of space-time codes. Additionally, a turbo coded scheme was proposed in [8] in the framework of cooperative communications. The performance benefits of channel codes in a coded cooperation aided scenario were quantified in [160]. Laneman *et al.* proposed fixed (DAF and AAF), selection and incremental relaying protocols and compared them in [146].

TABLE V
MAJOR COOPERATIVE COMMUNICATIONS TECHNIQUES (1971-2011).

Year	Milestone
1971	van de Meulen [150] introduced a simple relay channel modeled by three terminals: a source, a destination and a relay. He studied the problem of transmission of information as effectively as possible from the source to the destination assuming that the relay cooperate in the transmission process [161].
1979	Cover and El Gamal [147] provided a thorough capacity analysis of the full-duplex relay channel.
1998	Sendonaris <i>et al.</i> [154] generalised the relay model to multiple nodes that transmit their own data as well as serve as relays for each other.
2002	Hunter <i>et al.</i> [149] introduced coded cooperation to achieve diversity in which the idea of cooperation was combined with the classic error-control-coding. Dohler <i>et al.</i> [156] introduced the concept of virtual antenna arrays that emulates Alamouti's STBC for single-antenna-aided cooperating users.
2003	Sendonaris <i>et al.</i> [151], [155] presented a simple user-cooperation diversity based algorithm, where a cooperative CDMA system is implemented. Laneman <i>et al.</i> [157] developed different cooperative diversity protocols for exploiting spatial diversity in a cooperation scenario. Valenti and Zhao [162], [163] proposed a turbo coding scheme in a relay network.
2004	Laneman <i>et al.</i> [146] developed cooperative diversity protocols and compared the performance of DAF, AAF, selection relaying and incremental relaying in terms of their outage behaviour. Nabar <i>et al.</i> [164] analysed the spatial diversity performance of various signalling protocols. Janani <i>et al.</i> [8] presented two extensions to the coded cooperation framework [149]: increased the diversity of coded cooperation via ideas borrowed from space-time codes and applied turbo codes in the proposed relay framework. Stefanov <i>et al.</i> [160] analysed the performance of channel codes that are capable of achieving the full diversity provided by user cooperation in the presence of noisy interuser channels.
2005	Azarian <i>et al.</i> [159] proposed cooperative signalling protocols that are capable of striking an attractive diversity-multiplexing tradeoff. Seneesens <i>et al.</i> [165] proposed a soft decode-and-forward signalling strategy that can outperform the conventional DAF and AAF. Hu <i>et al.</i> [166] advocated Slepian-Wolf cooperation that exploits distributed source coding in wireless cooperative communication. Yu [167] compared the AAF and DAF signalling schemes in practical scenarios. Kramer <i>et al.</i> [148] addressed the information-theoretic aspects and considered DAF and CAF schemes for the wireless relay channels with many relays.
2006	Hunter <i>et al.</i> [168], [169] further developed the idea of coded cooperation [149] by computing BER and FER bounds as well as the outage probability of coded cooperation. Li <i>et al.</i> [170] employed soft information relaying in a BPSK modulated relay aided system employing turbo coding. Hu <i>et al.</i> [171] proposed Wyner-Ziv cooperation as a generalisation of the Slepian-Wolf cooperation [166] combined with a compress-and-forward signalling strategy. Høst-Madsen [172] derived upper and lower bounds for the capacity of four-node ad hoc networks having two transmitters and two receivers using cooperative diversity.
2007	Bui <i>et al.</i> [173] proposed soft information relaying where the relay's LLR values are quantised, encoded and superimposed, before being forwarded to the destination. Khormuji <i>et al.</i> [174] improved the performance of the conventional DAF strategy by employing constellation rearrangement in the source and the relay. Bao <i>et al.</i> [175] combined the benefits of AAF as well as DAF and proposed a new signalling strategy referred to as decode-amplify-forward. Xiao <i>et al.</i> [176] introduced the concept of network coding in cooperative communications.
2008	Yue <i>et al.</i> [177] compared the multiplexed coding and superposition coding in the coded cooperation system. Zhang <i>et al.</i> [178] proposed a distributed space-frequency coded cooperation scheme for communication over frequency-selective channels. Wang <i>et al.</i> [179] introduced the complex field network coding approach that can mitigate the throughput loss in conventional cooperative signalling schemes and attain full diversity gain.
2009	Hanzo <i>et al.</i> [6] presented low-complexity cooperative MIMO codes and distributed turbo codes designed for two users cooperating for the sake of improving their attainable BER performance. Liu <i>et al.</i> [7] authored a book on cooperative communications and networking.
2010	Badia <i>et al.</i> [180] analysed coded cooperation and cooperation on medium access control (MAC) and networking layers. They argue that for crowded networks coded cooperation suffers due to increase in interference from neighboring nodes. Similarly, for sparse networks opportunistic routing may be difficult to achieve. They showed that by combining cooperative routing with coded cooperation overall system performance can be improved. Tourki <i>et al.</i> [181] presented a cooperative space-time transmission scheme where relays cooperate only if the source-relay channel is of an acceptable quality alongwith suitable power allocation strategies to improve performance.
2011	Rossetto and Zorzi [182] shed light on the role of coding schemes such as sphere packing etc. for MIMO aided network coding. They further point towards several unaddressed issues arising from cross-layer design such as, building a supportive MAC for physical layer, improving NC encoding phase, symbol synchronization and modulation schemes to deal with colliding signals, while keeping the complexity low.

B. Distributed Coding Techniques

Distributed coding [183] constitutes another attractive cooperative diversity technique, where joint signal design and

coding are invoked at the source and relay nodes. Distributed turbo codes [8], [163] have also been proposed for cooperative communications, although typically under the simplifying assumption of having a perfect communication link between the source and the relay nodes. These are half-duplex relay-aided systems, where the source transmits to both the relay and destination during the first transmission period and after decoding the information from the source the relay re-encodes it and sends it to the destination in the second transmission period. Hence half-duplex systems do not suffer from multiple-access interference, which results in a simplified receiver structure at the cost of halving the spectral efficiency. As a more realistic design alternative, a turbo coded cooperation aided system having an imperfect source-relay (SR) communication link has been proposed in [184], [185]. In [184] the source node continues its transmission of the rest of the codeword in the second transmission period with the aim of achieving an improved bandwidth efficiency. Still referring to [184], the signals arriving from the source and relay are superimposed at the destination, where a *Maximum A Posteriori Probability* (MAP) detector and a turbo decoder exchange extrinsic information, which were shown to be capable of operating near the capacity of ergodic flat fading channels. The scheme proposed in [185] considers a more complex irregular Low-Density Parity-Check (LDPC) coded near-capacity system designed using EXIT charts and a design-procedure similar to that of [184]. It is demonstrated in [6], [186] that in the presence of Rayleigh fading, DAF cooperation-assisted systems are expected to outperform their non-cooperative counterparts. However, an error floor is observed in [6], which may be mitigated by using soft-relaying [165], [170].

C. DSECCC-ID System Overview

The schematic of a two-hop half-duplex relay-aided system is shown in Fig. 18, where the source node (*s*) transmits a frame of coded symbols $\mathbf{x}_s$ to both the relay node (*r*) and the destination node (*d*) during the first transmission period T_1 , while the relay node first decodes the information, then re-encodes it and finally transmits a frame of coded symbols $\mathbf{x}_r$ to the destination node during the second transmission period T_2 . In the Time-Division Multiple Access (TDMA) protocol used, the source transmits to both the relay and destination during T_1 , while in T_2 , only the relay transmits to the destination. The communication links seen in Fig. 18 are subject to both free-space path loss as well as to short-term uncorrelated Rayleigh fading.

In our half-duplex DAF system design study of Fig. 19 the source-destination (SD) link employs a simple SECCC code, while the relay node employs simple RSC encoder instead of SECCC encoder. Therefore, the iterative decoding at the destination exchanges information between the SECCC MAP decoder and an RSC MAP decoder. The source employs a SECCC encoder, which reuses the same component instead of having two separate constituent codes. First SECCC iterative decoding is employed at the relay, which then re-encodes the decoded symbols by a low-complexity RSC encoder. The relay frame is shorter than the source frame because of the puncturing of the systematic bits. Hence, the overall

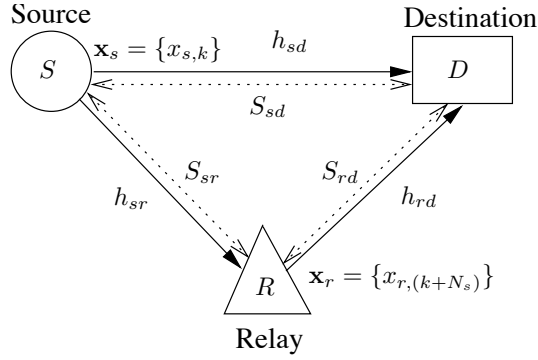


Fig. 18. Schematic of a two-hop relay-aided system, where S_{ab} is the geographical distance between node a and node b .

throughput is higher. The motivation for using the proposed 3-stage decoder architecture is to effectively reduce the error-floor documented in Figs. 15.6-15.10 of [6] for the conventional two-stage architecture of Fig. 15.3 in [6]. The proposed scheme is designed by a systematic and widely applicable procedure using EXIT charts. The SR link is imperfect, yet this simplified scheme is capable of approaching capacity. We derive the theoretical lower and upper bounds on the Continuous-input Continuous-output Memoryless Channels's (CCMC) capacity as well as of the DCMC [147], [187]–[189] capacity (constrained information rate) for independent and uniformly distributed (i.u.d.) sources.

Let S_{ab} denote the geometrical distance between nodes a and b . The path loss between these nodes can be modelled by [153], [162] as $P(ab) = K/S_{ab}^\alpha$, where K is a constant that depends on the environment and α is the path loss exponent. For a free-space path loss model we have $\alpha = 2$. The relationship between the energy E_{sr} received at the relay node and that of the destination node E_{sd} can be expressed as: $E_{sr} = \frac{P(sr)}{P(sd)} E_{sd} = G_{sr} E_{sd}$, where G_{sr} is the power-gain (or geometrical gain) [153] experienced by the SR link with respect to the SD link as a benefit of its reduced distance and path loss, which can be computed as:

$$G_{sr} = \left(\frac{S_{sd}}{S_{sr}} \right)^2. \quad (10)$$

Similarly, the power-gain for the relay-destination (RD) link with respect to the SD link is given by $G_{rd} = \left(\frac{S_{sd}}{S_{rd}} \right)^2$.

1) DSECCC-ID Encoder: In our DSECCC-ID scheme of Fig. 19, we consider the QPSK-assisted SECCC encoder of Fig. 6 in Section III-A at the source and a QPSK-assisted RSC encoder at the relay. As seen in Fig. 19, the relay detects the signals received from the source node using a SECCC scheme during the first transmission period. The notation π_r in Fig. 19 denotes the random bit interleaver used at the relay to interleave the decoded bits before the RSC encoder. The encoders employed at both the source and relay transceiver nodes may be viewed as a three-component

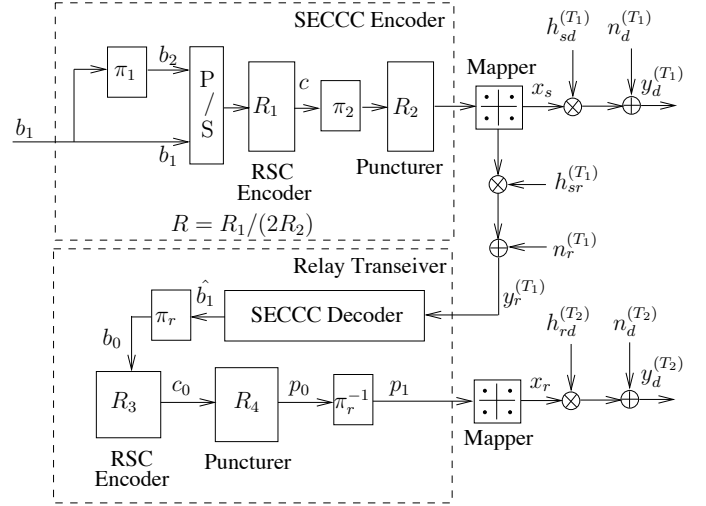


Fig. 19. The schematic of the three-component arrangement using the self-concatenated encoder of Fig. 6. This figure applies to the DSECCC-ID scheme [144], when the relay decodes the received symbols using the SECCC decoder of Fig. 6 and then forwards the decoded symbols to the destination in the second phase.

parallel-concatenated SECCC encoder², which is depicted in Fig. 19.

The notation x_r used in Fig. 19 denotes the 2-bit QPSK symbol at the relay node. The puncturer denoted as R_4 in Fig. 19 is used to improve the overall throughput of the scheme by minimizing the number of redundant transmitted bits. We found that a good performance can be achieved by transmitting only the parity bits generated at the output of the RSC encoder at the relay node, while puncturing all the original information bits.

At the source node we consider the rate $R = 1/3$ SECCC scheme of Fig. 6 in Section III-A operating close to the uncorrelated Rayleigh fading channel's capacity and employing QPSK modulation. As shown in Fig. 19 and discussed in Section III-A, the input bit sequence $\{b_1\}$ of the self-concatenated encoder is interleaved for yielding the bit sequence $\{b_2\}$. The resultant bit sequences are parallel-to-serial converted and then fed to the RSC encoder having a rate of $R_1 = 1/2$. This stream is then passed through an interleaver and then a rate $R_2 = 3/4$ puncturer, as seen in Fig. 19. Hence, the overall code rate evaluated from Equation 1 becomes $R = 1/3$. These bits are then mapped to a QPSK symbol as $x = \mu(c_1 c_0)$, where $\mu(\cdot)$ is the bit-to-symbol mapping function. Hence the bandwidth efficiency is given by $\eta = R \times \log_2(4) = 0.67$ bits/symbol (bps), assuming a zero Nyquist roll-off-factor. The QPSK symbol x_s is then transmitted over the channel. The overall throughput of this two-hop cooperative scheme can be formulated as: $\eta = \frac{N_i}{N_s + N_r}$ [bps], where N_i is the number of information bits transmitted within a duration of $(N_s + N_r)$ symbol periods. Again, N_s is the number of modulated symbols per frame transmitted from the source node and N_r is the number of modulated symbols per

²An SECCC encoder can be viewed as a two-component parallel-concatenated encoder [87]

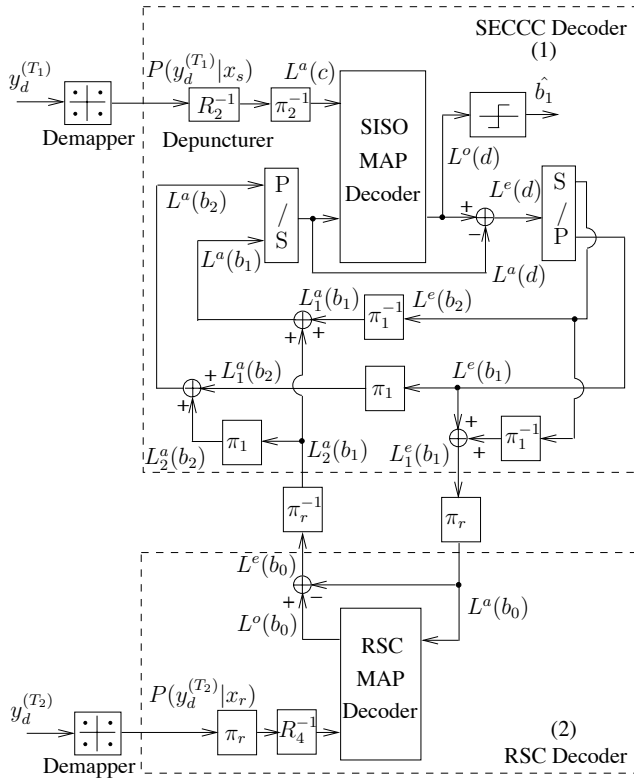


Fig. 20. The schematic of the DSECCC-ID decoder [144]. Note that the SECCC decoder is a modified version of the decoder of Fig. 6 in order to make it capable of exchanging extrinsic information with the RSC decoder. The input of the SECCC decoder is generated by the QPSK demapper for the SD link, while the input of the RSC decoder is output by the QPSK demapper of the RD link.

frame arriving from the relay node. For our case we have $N_i = 120,000$ bits. Therefore, we transmit a total of $N_s = 180,000$ symbols. Note that the number of symbols per transmission burst at the relay node is given by $N_r = 60,000$ due to the employment of 2 bps QPSK modulation and a rate $R_4 = 1/2$ puncturer that removes all systematic bits from the output of the RSC encoder of rate $R_3 = 1/2$. Hence, the overall effective throughput of the DSECCC-ID scheme of Fig. 19 is given by $\eta = (N_i)/(N_s + N_r) = 0.5$ bps. The Signal to Noise Ratio (SNR) per bit is given by $E_b/N_0 = \text{SNR}/\eta$. Hence, the DSECCC-ID scheme suffers from a penalty of 1.25 dB in terms of E_b/N_0 , when compared to the conventional SECCC scheme having a somewhat higher throughput of 0.67 bit/s/Hz.

2) *DSECCC-ID Decoder*: The decoder structure of the DSECCC-ID scheme is illustrated in Fig. 20.

For the SECCC decoder of Fig. 6 and detailed in Section III, which was denoted as component (1) in Fig. 20, the received signal arrives at the soft demapper. This signal is then used by the demapper for calculating the conditional PDF of receiving $y_d^{(T_1)}$, when $\mathbf{x}_s^m$ was transmitted, where $\mathbf{x}_s^m = \mu(c_1 c_0)$ is the hypothetically transmitted QPSK symbol for $m \in \{0, 1, 2, 3\}$, while the received signal that arrives at the soft demapper of the RSC decoder, which is denoted as component (2) in Fig. 20 is used for calculating the conditional PDF of receiving $y_d^{(T_2)}$, when $\mathbf{x}_r^m$ was transmitted.

The bit probabilities are then passed through a soft depuncturer, which converts them to the corresponding bit-based

LLRs and subsequently inserts zero LLRs at the punctured bit positions. The LLRs are then deinterleaved and fed to the Soft-Input Soft-Output (SISO) RSC MAP decoder [96] of Fig. 20.

There are two inputs to the RSC MAP decoder block, which is denoted as component (2) in Fig. 20. The first is the extrinsic information of bit b_1 provided by the SECCC decoder, which is denoted as component (1). As seen in Fig. 20, this is obtained from the addition of $L^e(b_1)$ and the deinterleaved version of $L^e(b_2)$. The resultant $L_1^e(b_1)$ stream is interleaved by π_r to generate $L^a(b_0)$. The second input of the RSC MAP decoder component (2) is the interleaved and depunctured version of the soft information provided by the QPSK demapper denoted as $P(y_d^{T_2}|x_r)$ in Fig. 20. The RSC decoder of the relay seen in Fig. 20 then provides the improved extrinsic LLR of the data bit b_0 , namely $L^e(b_0)$ as its output, which is deinterleaved by π_r^{-1} to yield $L_2^e(b_1)$. The LLR $L_2^e(b_1)$ can be further interleaved using π_1 to generate $L_2^a(b_2)$. These *a priori* LLRs output by the RSC can be added to the SECCC decoder's *a priori* LLRs of b_1 and b_2 , thus completing the iteration between the RSC and SECCC decoders of Fig. 20.

It has been shown in [87] that an SECCC scheme may be viewed as two parallel-concatenated codes separated by an odd-even turbo interleaver. Hence the SECCC Decoder (1) of Fig. 20 employed at the destination may be viewed as a two-component PCCC decoder, which exchanges extrinsic information with another parallel-concatenated RSC Decoder (2) as shown in Fig. 20. Therefore, our proposed scheme can be viewed as a three-component parallel-concatenated scheme.

D. EXIT Chart Analysis

Our three-step design procedure using EXIT charts developed for the proposed distributed coded system is as follows:

Step 1: Our code design procedure commences by calculating the decoding convergence threshold of the SECCC scheme at the output of the SR link using EXIT charts. Recall that the near-capacity QPSK-assisted SECCC scheme of Fig. 6 in Section III employs $R_1 = 1/2$, $R_2 = 3/4$ and has a throughput of $\eta = 0.67$ bit/s/Hz. As seen in Fig. 21, we compare the SECCC scheme using $\nu = 2$ and $\nu = 3$ at a receive SNR of about -0.15 dB. For the $\nu = 3$ -SECCC code a receive SNR of about -0.15 dB is needed in order to attain a decoding convergence to the (1,1) point of the EXIT chart, since at a receive SNR of -0.2 dB the EXIT-tunnel remains closed. By contrast, the EXIT tunnel for the $\nu = 2$ -SECCC code, employing the generator polynomial $(g_r = 7, g_1 = 5)_8$, remains closed at -0.15 dB. This can also be confirmed from Table IV, where the Gray mapped $\nu = 3$ SECCC scheme performs 0.25 dB better than the $\nu = 2$ scheme. Recall from Table IV that the successful-decoding convergence threshold ω of a $\nu = 2$ code is 1.81 dB in terms of E_b/N_0 , whereas the $\nu = 3$ code requires an E_b/N_0 value of 1.56 dB. Consequently, we opted for $\nu = 3$, employing the octally represented generator polynomial of $(g_r = 13, g_1 = 15)_8$, as it requires a marginally reduced transmission power. We hasten to add that this may be deemed an unfavourable tradeoff, since it implies doubling the number of trellis states, i.e. the complexity.

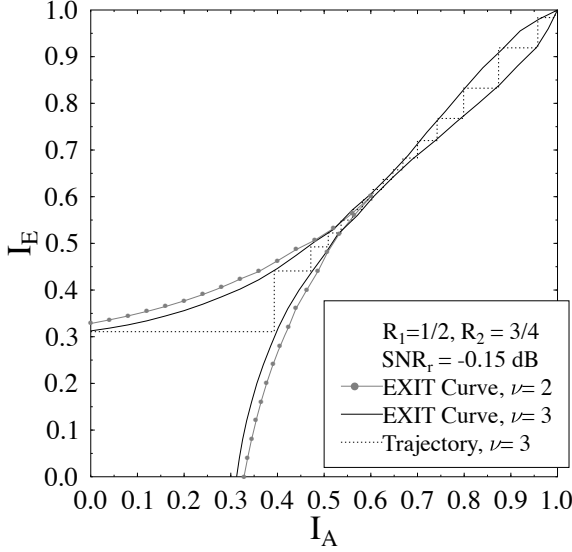


Fig. 21. EXIT curves for $\nu = 2$ and $\nu = 3$, $R_1=1/2$ and $R_2=3/4$, QPSK-assisted SECCC using Gray mapping, $\eta = 0.67$ bit/s/Hz at $\text{SNR}_r = -0.15$ dB for transmission over an uncorrelated Rayleigh channel. A decoding trajectory for $\nu = 3$ is also depicted. The 2-D EXIT chart is similar to that calculated for the SECCC scheme in Fig. 7(b) at an equivalent E_b/N_0 value of 1.61 dB.

Fig. 21 also corresponds to the performance of the SECCC scheme of the SR link. The receive SNR can be computed as: $\text{SNR}_r = \text{SNR}_e + 10 \log_{10}(G_{sr})$ [dB]. When there is no path-loss, the receive SNR equals the *equivalent* SNR^3 , denoted by SNR_e and G_{sr} was defined in Equation 10. Hence, a receive SNR of -0.15 dB can be achieved by various combinations of SNR_e and G_{sr} . For the $\nu = 3$ SECCC code the successful decoding convergence threshold⁴ is at -0.2 dB, when employing $I = 40$ self-concatenated iterations, which is 1.05 dB away from the Rayleigh fading SR link's capacity calculated as -1.20 dB at 0.67 bps from [2]. The corresponding capacity curve will be discussed later in detail in the context of Fig. 24. This scheme acquires an open EXIT tunnel⁵ at $\text{SNR}_r = -0.15$ dB, when communicating over an uncorrelated Rayleigh fading channel.

In our analysis the relay node of the DSECCC-ID is assumed to be placed half-way between the source and relay nodes, i.e. we have $G_{sr} = G_{rd} = 4$, hence the minimum required equivalent SNR at the source node is $\text{SNR}_e = -0.15 - 6.02 = -6.17$ dB.

³To simply our analysis the term “equivalent SNR” is introduced, which is the ratio of the signal power at the transmitter (source/relay node) with respect to the noise level at the receiver (relay/destination node).

⁴The decoding threshold is the SNR value beyond which the EXIT tunnel becomes ‘just’ open, although this does not necessarily imply that the $(I_A, I_E)=(1,1)$ point of ‘perfect convergence’ can be reached because some of the decoding trajectories are curtailed owing to the limited interleaver length used.

⁵An open EXIT tunnel specifies the receive SNR value where there is a more widely open EXIT tunnel leading to the $(1,1)$ point and where decoding convergence to an infinitesimally low BER value can always be achieved, provided that the interleaver length is beyond a certain value and the number of iterations is sufficiently high [91].

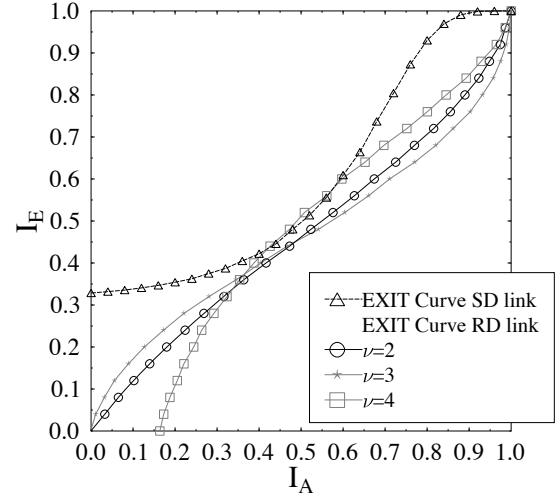


Fig. 22. The EXIT curves for the DSECCC-ID scheme for a $\text{SNR}_e = -3.5$ dB both at the source as well as at the relay nodes. We portray the RD link's EXIT curves for three different values of ν .

Step 2: In this section the decoding convergence of the three-component DSECCC-ID decoder used at the destination node is analysed. The EXIT curves of the SECCC decoder at the SD link employing $I_{sd} = 2$ self-concatenated iterations as well as that of the RSC decoder recorded at the RD link are plotted in Fig. 22. Since this EXIT-chart reflects the destination decoder's convergence after the completion of the SECCC iterations, only one of the pair of symmetric curves is shown. Our goal at this stage is to examine the extrinsic information exchange between the SECCC decoder and RSC decoder having different memory lengths. The RD link employs rates of $R_3 = 1/2$, $R_4 = 1/2$. As explicitly shown in Fig. 22, we varied the memory of the RSC encoder in order to find the specific code memory, which has a low complexity, while simultaneously matching the EXIT curve of the SECCC decoder of the SD link. It can be seen from Fig. 22 that the EXIT curves associated with $\nu = 2$ and $\nu = 3$ do not intersect the EXIT curve of the SD link when we have $\text{SNR}_e = -3.5$ dB at both the SD and at the RD link, while the $\nu = 4$ -curve does intersect it at the same SNR. Since $\nu = 2$ represents a lower-complexity code, we opted for $\nu = 2$ in our proposed scheme.

The EXIT curves and corresponding decoding trajectory are shown in Fig. 23. The number of iterations exchanging extrinsic information between the SECCC decoder of the SD link and the RSC decoder of the RD link is limited to $I_{sd,rd} = 10$.

Step 3: The successful decoding convergence threshold of the DSECCC-ID system may be calculated with the aid of the EXIT curves, which intersect each other at SNR_e of -3.65 dB. Hence the staircase-shaped decoding trajectory will not reach the $(1,1)$ point of perfect convergence to a vanishingly low BER. But once the system is operating at $\text{SNR}_e = -3.5$ dB in the SD link and again at $\text{SNR}_e = -3.5$ dB in the RD link, an open tunnel emerges. Since $\text{SNR}_e = -3.5$ dB is higher than the threshold of $\text{SNR}_e = -6.17$ dB, which guarantees an

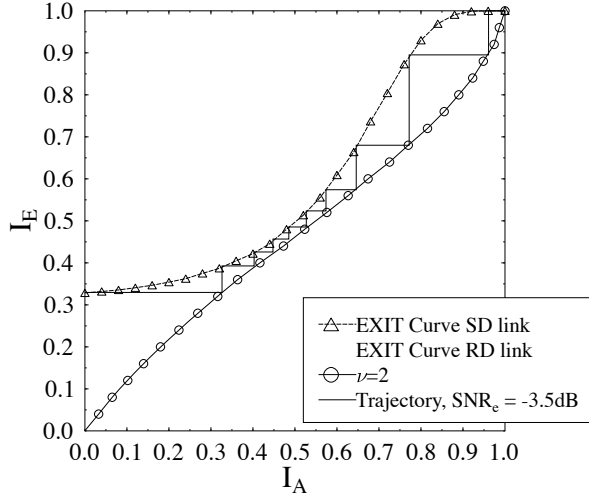


Fig. 23. The EXIT curves and a decoding trajectory of the DSECCC-ID scheme for $\text{SNR}_e = -3.5$ dB both at the source as well as at the relay nodes. The number of iterations exchanging extrinsic information between the SECCC and RSC decoders at the destination node is limited to $I_{sd,rd} = 10$.

SECCC decoding convergence at the relay, the SR link may be deemed near-perfect. Another reason why we configure the system to operate an SNR higher than the minimum successful decoding SNR is because we want to have less self-concatenated iterations at the SR link's receiver, namely $I_{sr} = 8$ in this case.

The EXIT chart analysis is verified by computing the corresponding Monte-Carlo simulation based decoding trajectory for the DSECCC-ID scheme. The distinct decoding trajectory based on a frame length of 120 000 bits is shown in Fig. 23 for an equivalent SNR of -3.5 dB both at the source and at the relay. It matches the EXIT curves generated for the SD link, which employs the SECCC scheme and the RD link employing the RSC scheme, hence verifying the predicted results.

E. Relay Capacity

The two-hop half-duplex constrained relay-aided network capacity may be calculated by considering the capacity of the channel between the source, relay and the destination.

We first derive the upper and lower bounds on our half-duplex constrained relay-aided system's CCMC capacity as well as those of the DCMC capacity (constrained information rate) based on the approach proposed for full-duplex relay channels in [147]. The signals X_1 and X_2 are transmitted from the source S seen in Fig. 18 during T_1 and T_2 , respectively, while Y_1 and Y_2 represent the corresponding signals received at the destination D of Fig. 18 during the consecutive time slots. Furthermore, X and Y are the transmitted and received signals at the relay R of Fig. 18, respectively. The upper and lower bound on the CCMC and DCMC capacity of a half-duplex relay-aided system can then be derived by setting $X_2 = 0$, because the source does not transmit in T_2 . Consequently,

the upper bound may be expressed as:

$$C_{Coop}^U \leq \max_{p(x_1, x)} \min \left\{ \lambda E[I(X_1; Y_1, Y)], \lambda E[I(X_1; Y_1)] + (1 - \lambda) E[I(X; Y_2)] \right\}, \quad (11)$$

and the lower bound as:

$$C_{Coop}^L \geq \max_{p(x_1, x)} \min \left\{ \lambda E[I(X_1; Y)], \lambda E[I(X_1; Y_1)] + (1 - \lambda) E[I(X; Y_2)] \right\}, \quad (12)$$

where $I(A; B)$ represents the mutual information for the channel having the i.u.d. input A and the corresponding output B for the case of CCMC capacity. By contrast, for the DCMC scenario the input A is constituted by PSK/Quadrature Amplitude Modulated (QAM) symbols. Still referring to Equations 11 and 12, $E(\cdot)$ denotes the expectation with respect to the fading coefficients, $p(x_1, x)$ represents the joint probability of the signals transmitted from the source and the relay, while λ is the ratio of T_1 to the total frame duration, which is given by $\frac{N_s}{N_s + N_r} = \frac{3}{4}$. Similarly, we have $(1 - \lambda) = \frac{N_r}{N_s + N_r} = \frac{1}{4}$. The term $E[I(X_1; Y_1, Y)]$ in Equation 11 represents the expected value of the mutual information between the signal transferred from the source node S and the signals received at both the relay and destination nodes during T_1 , while the term $E[I(X_1; Y)]$ in Equation 12 considers the link spanning from the source node S to the relay node R in T_1 . Furthermore, the term $E[I(X_1; Y_1)]$ considers the transmission from the source node to the destination node in T_1 . Finally, $E[I(X; Y_2)]$ represents the expected value of the mutual information between the signals transferred from the relay node and the signal received at the destination node during T_2 .

The corresponding constrained information rates of $E[I(X_1; Y_1, Y)]$, $E[I(X_1; Y_1)]$, $E[I(X; Y_2)]$ and $E[I(X_1; Y)]$ may be computed by using the Monte-Carlo averaging method [188]. Using Equations 11 and 12 we can calculate the DCMC and CCMC capacity of the two-hop relay-aided network, which is graphically shown in Fig. 24.

F. Results and Discussions

Finally, we compare the achievable performance of the DSECCC-ID scheme employing a realistic relay node, which potentially induces error propagation, to that of the non-cooperative SECCC scheme. The BER versus equivalent SNR performance of the DSECCC-ID and SECCC schemes is shown in Fig. 25.

The SECCC scheme has a decoding threshold at -0.2 dB and the tunnel at -0.15 dB. It performs 1.05 dB away from the Rayleigh fading channels's capacity calculated as -1.20 dB from [2] and Fig. 24 at a BER of 10^{-5} . The DSECCC-ID system has been analysed at -3.5 dB stipulated at both the source and the relay employing the RSC encoder. Thus the DSECCC-ID outperforms the SECCC scheme by about 3.3 dB in SNR terms at a BER of 10^{-5} , which corresponds to $3.3 - 1.25 = 2.05$ dB in terms of E_b/N_0 .

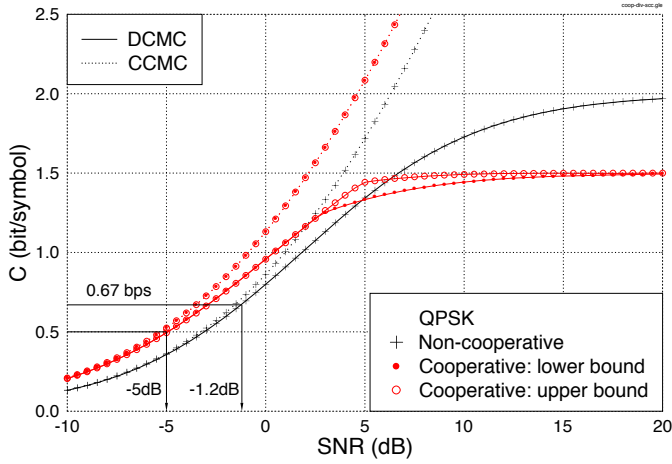


Fig. 24. The DCMC and CCMC capacity curves of cooperative network and non-cooperative QPSK assisted schemes. It can be seen that the DCMC of a cooperative network is -5 dB at 0.5 bps. DCMC of a non-cooperative QPSK assisted scheme is -1.20 dB at 0.67 bps.

As shown in Fig. 25, the proposed DSECCC-ID system is capable of performing within about 1.5 dB from the two-hop relay-aided network's DCMC capacity of -5 dB at 0.5 bps, as inferred from Fig. 24 at a BER of 10^{-5} . By comparison, for the scheme proposed in [184], the signals arriving from the source and relay are superimposed at the destination, where a MAP detector and a turbo decoder of memory $\nu = 4$ exchange extrinsic information, which were shown to be capable of achieving a BER of 10^{-5} , at about 1.43 dB away from the capacity of the ergodic flat-fading channel at an overall effective throughput of 0.44 bps. We compare the two schemes' complexity by calculating the total number of trellis states, multiplied by the number of iterations at the corresponding decoders. This determines the number of Add-Compare-Select (ACS) arithmetic operations of a systolic array based silicon chip. The total complexity of our proposed decoder is estimated as follows.

The number of decoding iterations at the SR link's memory- $\nu = 3$ decoder are $I_{sr} = 8$, therefore $I_{sr} \times 2^\nu = 8 \times 8 = 64$ ACS operations are required at the relay. The SD link employs $I_{sd} = 2$ iterations of a memory-3 decoder, whereas the RD link employs a $\nu = 2$ code. The number of iterations exchanging extrinsic information between the SECCC and RSC decoders at the destination node is limited to $I_{sd,rd} = 10$. Hence, the number of ACS operations at the destination is given by $I_{sd} \times 2^3 \times 2^2 \times I_{sd,rd} = 640$. The overall number of ACS operations is therefore $64 + 640 = 704$.

For the case of [184] the turbo decoder used in the RD link employs 15 iterations between the two parallel concatenated turbo codes, while 15 iterations exchange extrinsic information between the MAP decoder and the turbo decoder of memory $\nu = 4$ at the destination. Hence the total number of ACS operations required in [184] is $(15 + 15) \times 2 \times 2^4 = 960$. We note however that the complexity incurred by the MAP detector has not been included in the calculations. Hence our proposed system is capable of exhibiting a similar performance, while incurring a reduced overall complexity compared to the scheme advocated in [184].

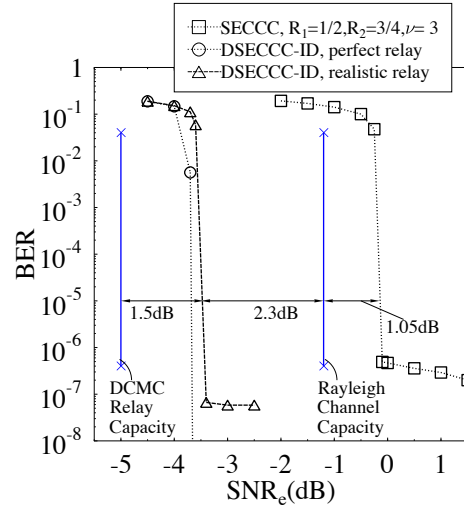


Fig. 25. BER versus equivalent SNR performance of the DSECCC-ID and SECCC schemes for a frame length of 120,000 bits. The DCMC relay-aided network capacity is -0.5 dB at 0.5 bps as calculated from Fig. 24.

V. CONCLUSIONS, DESIGN GUIDELINES AND FUTURE RESEARCH

A. Summary and Conclusions

We have presented a suite of novel transceiver designs employing iteratively detected self-concatenated coding schemes in order to achieve a near-capacity performance, when operating in AWGN and Rayleigh fading channels. In order to eliminate the mismatch between the EXIT-chart and the Monte-Carlo-simulation based decoding trajectory experienced in the context of the TCM based scheme discussed in [92], we proposed bit-based SECCCs. The mapper utilised Gray mapping, which mitigated the above-mentioned EXIT-chart mismatch. However, some information was lost, because the coded bits in each coded symbol are correlated. To recover this lost information, in Section III-B soft decision demapping was used. It was observed in Figure 13 that the SECCC-ID scheme of Figure 8 employing the SP demapper outperformed some of the GM based SECCC schemes. To analyse the exchange of extrinsic information between the SISO MAP decoder and the soft demapper of Figure 8, we employed 3-D EXIT charts in Figures 10 and 11. The accuracy of the 3-D EXIT chart based design was confirmed by the corresponding bit-by-bit Monte-Carlo BER simulations of Figure 13. Finally, in Section III-C we derived the union bound of SECCCs employing BPSK modulation for communication over both AWGN and uncorrelated Rayleigh fading channels, based on the novel uniform self-interleaver concept. In Section IV we proposed a power-efficient distributed scheme employing SECCCs for cooperative communications in order to mitigate the effects of large-scale shadow fading on the performance of wireless communication systems. The scheme is capable of providing substantial diversity-, throughput- as well as coding-gains for the case of a single-user scenario. Again, the novel three-component parallel concatenated decoder of Figure 20 was invoked. The proposed scheme was designed by conceiving the widely applicable design procedure of Section IV-D using

EXIT charts. The related complexity analysis was carried out in Section IV-F and it was demonstrated that the proposed scheme has a low complexity. Despite the fact that the SR link was prone to decision errors, this simplified scheme was capable of approaching the DCMC capacity.

B. Design Guidelines

- The first step in the design of FEC coding schemes in general and in SECCC and SECCC-ID coding schemes in particular is that of determining the code's specifications, such as the affordable decoding complexity expressed for example in terms of the number of ACS arithmetic operations. This predetermines the resultant chip area versus decoding speed trade-offs, hence ultimately the maximum supported transmission rate.
- Another fundamental specification is the affordable delay, which determines the maximum tolerable interleaver length.
- Then the specific choice of the most appropriate SECCC component has to be resolved. As discussed in Section III, bit-based SECCC schemes designed with the aid of 2-D EXIT charts are accurate in predicting the convergence thresholds and they have flexible coding- and puncturing-rates. Furthermore, more flexible three-stage SECCC-ID schemes may be designed with the aid of 3-D EXIT charts. We demonstrated in Section III-C that in order to have a complete and accurate code design procedure the Truncated Union Bound (TUB) is necessary, which can be used to predict the error-floors, while EXIT charts may be invoked to predict the turbo-cliff-SNR in the design of near-capacity SECCCs.
- In the light of the inherent trade-off between the lowest possible turbo-cliff SNR and the lowest achievable residual error floor, we can use the EXIT-chart based code-design procedure of Section III-B2 and the generator polynomials exemplified in Table IV to meet the data-integrity requirements, such as the BER, SER or PER specifications.
- SECCCs provide the designer with a high degree of design-freedom, since they offer a vast range of options. These design options are exemplified by the type of component codes, their generator polynomials, code rate, puncturer schemes, interleaver designs and memory, bit-to-symbol mapping schemes (such as Gray mapping, Anti-Gray mapping, Set-Partitioning), the choice of modulation schemes (such as coherent and non-coherent modems), irregular code designs, etc.
- When near-capacity operation is the over-riding design criterion, rather than that of minimizing the overall delay or complexity, the EXIT-chart-matching based designs of Section III suggest that 3-stage concatenated designs may have to be invoked. This is, because they are capable of reducing the area of the open EXIT-tunnel and hence they facilitate decoding convergence to an infinitesimally low BER at near-capacity SNRs.
- Hence it is important to emphasize that maximizing the minimum distance of the code or directly searching for the code having the best distance profile or weight-

distribution is no longer the most paramount design criterion. The EXIT-charts provide us with a more insightful tool for designing codes for near-capacity operation.

- When designing SECCCs for supporting wireless cell-edge users for example, the distributed code design principles of Section IV may be relied upon. More specifically, the distributed codes may move the constituent codes to separate relay nodes which have independently fading channels and hence provide a diversity gain. However, a powerful code is needed for all links of a relay-aided system, but especially for the SR link, in order to prevent error propagation. This suggests that the employment of a concatenated component code is of paramount importance at all nodes, particularly. Hence the coding scheme of the SR link has to be designed using EXIT charts, as detailed in Section IV-D. The propagation of decoding errors also has to be prevented along the RD link, which is achieved with the aid of another EXIT-chart matching procedure detailed in Section IV-D. Thus using DSECCC-ID schemes by employing a 3-stage decoder architecture, effectively reduces the potential error-floor often encountered in conventional 2-stage architectures. DSECCC-ID schemes impose a low complexity, where the ACS operations are distributed between the relay and destination nodes. Similarly to co-located constituent codes, it was demonstrated that EXIT charts are needed to design DSECCC-ID schemes using a widely applicable 3-step procedure:

- Decoding convergence threshold of the SECCC scheme of the SR link is calculated.
- EXIT curve of the SD link is matched against that of a suitable RD link EXIT curve.
- Convergence threshold of the DSECCC-ID scheme is then calculated. More explicitly, by plotting the decoding trajectory of the DSECCC-ID scheme we can determine the number of iterations required between the SECCC and RSC decoders at the destination node in order to achieve perfect convergence to an infinitesimally low BER.

C. Future Work

Our future research will focus on designing reduced-complexity SECCC-ID schemes. Furthermore, 3-D EXIT charts may also be used to design a SECCC-ID scheme concatenated with an outer codec, such as a video codec for enabling soft information exchange between the SECCC-ID decoder and the video decoder. Another area to explore is that of finding the union bound for various coding rates of the SECCCs combined with higher-order modulation schemes, using the uniform puncturing concept of Section III-C. Our future research will focus on enhancing the DSECCC-ID scheme of Section IV designed for cooperative communications in order to operate near the capacity, while imposing a low complexity using differential encoding and non-coherent detection, and dispensing with channel estimation [1], [6]. The next challenging issue will be that of reducing the total power, including the transmit power and the DSP-related power consumption in a relay-aided network. The question

arises in a multi-hop network without line of sight propagation, as to how we can better utilize distributed coding in this cooperative network. Soft relaying has been proposed as a powerful method of combining the main advantages of both AAF and DAF signalling strategies. In [165], [170], [173] soft DAF has been shown to outperform the DAF and AAF signalling, where it was argued that the DAF signalling loses soft information and hence all operations were performed in the LLR domain. Similarly, another beneficial extension to consider is to create a hybrid of the DAF or AAF as the optimal relaying scheme according to the specific position of relays. If the available relay is closer to the source, then DAF gives a better performance, while if the relay is closer to the destination, then AAF is preferable [190]. Therefore, based on the performance improvements reported in the literature [190] while using soft information relaying, the DSECC-ID scheme designed for a single user and the SPC-SECC-ID conceived for two users will transmit soft estimates of the other users' data instead of performing hard decoding, since the hard-decoding solution would lose the advantage of soft information. Finally, the successive relaying principle of [191] may be invoked for mitigating the throughput loss imposed by the provision of the separate broadcast and cooperative phase. In order to avoid the complications of relay-synchronization, the asynchronous relaying regime of [192] may be invoked.

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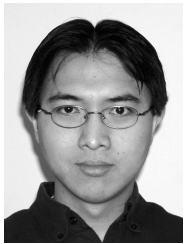
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